

# CITY OF CALISTOGA PROCLAMATION

## Recognizing May as Mental Health Month

**WHEREAS**, Mental Health Month provides an excellent public education opportunity to highlight the realities of mental illness in our community and to illustrate the importance of good mental health in the lives of all; and

**WHEREAS**, mental health disorders affect all people, regardless of race, age, gender or social status and, within the next year, at least one out of five Californians will experience a diagnosable mental illness personally or through a family member; and

**WHEREAS**, it is estimated that 887 youth and 1,612 adults living at or below the poverty level in Napa County have a serious emotional disturbance or serious mental illness; and

**WHEREAS**, the philosophy of Wellness and Recovery promotes the belief that individuals can learn to live with their mental illness, improve their health and wellness, live a self-directed life and strive to reach their full potential; and

**WHEREAS**, increasing public awareness about mental illness is vital to fighting the stigma and discrimination that are often barriers to treatment; and

**WHEREAS**, Napa County promotes collaboration to support prevention, early intervention, mental health service delivery and health integration efforts with the goals of fostering recovery from mental illness and improving the health and wellness of our residents; and

**WHEREAS**, the mission of the County's Mental Health Division is to responsibly provide mental health services that promote individual strengths, inspire hope, and improve the quality of life for people within Napa County.

**NOW, THEREFORE**, be it **RESOLVED** that I, Jack Gingles, Mayor of Calistoga, and the Calistoga City Council do hereby proclaim the Month of May, 2012, as Mental Health Month, with the goal of increasing public awareness, understanding, support and recognition of the potential for individuals to experience recovery from their mental illness.

*Signed and sealed, this first day of May, in the year Two Thousand and Twelve.*

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*Jack Gingles, Mayor*