



# **Calistoga Recreation Services**

## **Summer 2015 Brochure**



**Contact Us:**

**Website:** [www.calistogarecreation.com](http://www.calistogarecreation.com)

**Email:** [recreation@ci.calistoga.ca.us](mailto:recreation@ci.calistoga.ca.us)

**Phone:** 707-942-2838

# Adult Programs

**TAKE ME OUT TO  
THE BALL GAME.....**



**SF GIANTS**

**VS.**



**NY METS**

**WEDNESDAY, JULY 8TH, 2015**

**TIME: LEAVE CALISTOGA AT 9:30AM**

Travel to the game on a coach bus from Calistoga Community Center and then Rianda House, to AT&T Park. Bus departs AT&T Park 30 minutes after last out!

**COST: RESIDENT \$50; NON-RESIDENT \$55**

Includes ticket (Section 325) and bus trip

**PURCHASE TICKETS ONLINE**

**WWW.CALISTOGARECREATION.COM**

**OR CALL CALISTOGA RECREATION SERVICES**

**(707) 942-2838**

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# CALISTOGA CO-ED ADULT SOFTBALL



**Calistoga Recreation Services** is proud to announce our third season of Co-Ed Adult Softball!

Get friends together for some fun this summer!

All pitching is underhand and batters alternate male-female.

**When:** Tues/Thurs Evenings June 2-August 6

**Where:** Logvy Field

**Cost:** \$450 per team

**Registration Deadline:** Friday, May 15th, 2015

**Manager's Meeting:** Thursday, May 28th 6:00 PM at the Calistoga Recreation Services Office - 1745 Washington Street.

**Register Online at [www.calistogarecreation.com](http://www.calistogarecreation.com) or call 707-942-2838**

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# Adult Programs

## Calistoga & Napa Departures!

### Spring 2015 Trips & Tours

#### Empire Mine State Historic Park #66968

Come journey with us to Grass Valley in Gold Country as we step back in time to a rich period of California history. We'll visit the Empire Mine State Historic Park where you'll go on a guided tour of both the cottage and the mineyard. After the tours you'll be treated to a traditional Cornish miners' lunch of pasties, cole slaw, ice cream, and a cookie. After lunch we'll make a stop in the historic downtown area of Grass Valley, a circa 1800 Gold Rush era town, for a chance to shop, pick up a snack, or just stroll in this unique setting. **Lunch included.**

**Thu, May 21**

**Calistoga Departure: 7:00am-6:00pm**

**Napa Departure: 7:45am-5:15pm**

**\$72**



*Empire Mine State  
Historic Park*



*Sunset Celebration*

#### Sunset Celebration #66969

Join us as we travel to Menlo Park where every year Sunset Magazine brings to life the pages of its magazine for a two-day celebration. This festival is a live example of what readers love about Sunset. You'll get a behind-the-scenes look at the test kitchens and lush gardens, plus tips from the experts as you gear up for summer. Bring a bag with you for any purchases or freebies you come across. Make a Hawaiian lei, paint a pot, have lunch, grab a snack, or shop at more than 80 tents of cooking equipment, garden accessories, and gifts. **Lunch on your own.**

**Sat, Jun 6**

**Calistoga Departure: 8:15am-5:45pm**

**Napa Departure: 9:00am-5:00pm**

**\$63**

**To Register: Call our secure 24-hour  
voicemail registration line at  
707-967-2900, Ext. 1301**

**Calistoga Pick-up Location: Calistoga Community Center  
1307 Washington Street**

**or**

**Napa Pick-up Location: Behind the Fresh & Easy Store  
1525 W Imola Ave**



Upper Valley Campus  
1088 College Ave  
St. Helena, CA 94574

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# Adult Programs

## UpValley Caregiver Series



### What is Normal Aging versus Dementia?

July 1, 2015

*Learn about the differences and inevitable changes...You may be surprised!*

### Teepa Snow's "Positive Approach to Brain Change"

August 5, 2015

*Training on the Gems Approach*

### Learning to Speak Alzheimer's

September 2, 2015

*Learn the tools and techniques for successful communication.*

10:00am-11:30am

(Calistoga Community Center, 1307 Washington St.)

or

1:00pm-2:30pm

(Rianda House – St. Helena, 1475 Main St.)



*A place to  
Stay Young in Mind,  
Body and Spirit!*

**FREE TO ALL!**



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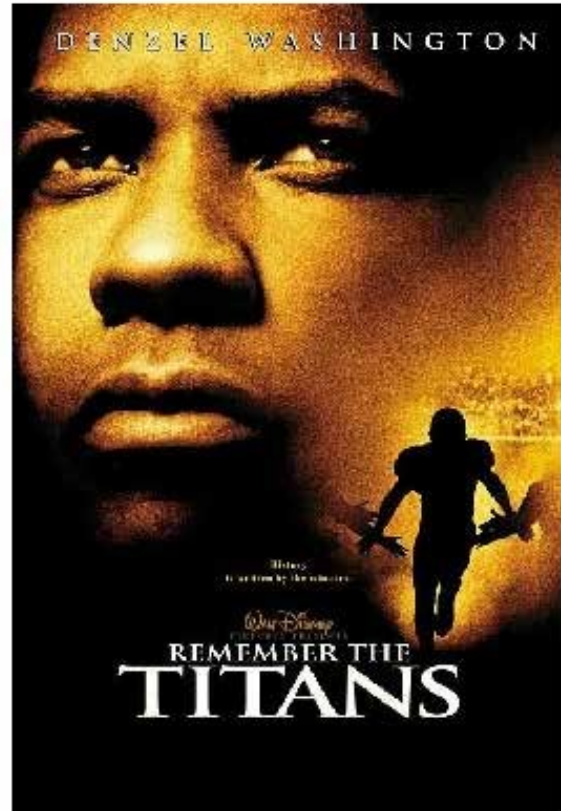
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# Special Events

## SUMMER CINEMA SERIES

JULY 25, 2015    AUGUST 22, 2015



LOGVY PARK,  
1745 WASHINGTON STREET, CALISTOGA

**FREE TO ALL!**

MOVIES START AROUND 8:30 PM!



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# Youth Programs

Calistoga Recreation Services:

## Register for Fall Youth Soccer NOW!

**REGISTRATION ENDS JUNE 5TH!**

### START DATES:

U6—8/24/15

U8—8/17/15

U10—8/10/15

U12—8/10/15

### COST:

U6/U8—\$60

U10/U12—\$85



Practice/game dates/times dependent on number of registrants.

### Register:

Online: [www.calistogarecreation.com](http://www.calistogarecreation.com)

Call: (707) 942-2838

Email: [recreation@ci.calistoga.ca.us](mailto:recreation@ci.calistoga.ca.us)

In Person: Recreation Office, 1745 Washington Street

**Interested in Coaching? Coaches receive  
50% off their child's registration!**

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# Youth Summer Camps



## Cooking Camp

This year Recreation Services is teaming up with the Calistoga Art Center and their wonderful chefs and kitchen to offer Cooking Camp. Create and eat delicious food! Learn about the many occasions and settings to celebrate good food! Campers will learn safe cooking practices as they prepare dishes that to wow themselves and their friends.

Calistoga Art Center  
Children ages 6-12  
\$90/week

June 15-19 1:00-4:00PM

CALISTOGA  
artcenter

## ART CAMP

Learn new forms of art and practice old ones! Work with clay, paint, printmaking and other media as you work on several projects through the week. You can sign up for four one hour classes a day in the different media. There will be a variety of instructors.

Calistoga Art Center  
Children ages 6-12  
\$90/week

June 22-26 1:00-4:00PM  
July 13-17 1:00-4:00PM  
August 3-7 1:00-4:00PM

## THEATER CAMP

Our impromptu theater, with a new instructor, will rehearse a short play developed by the campers! The play will be performed at the end of camp to family and friends. Campers will learn about practice the many aspects of theater. Campers will act, create costumes and make sets for their original play!

Calistoga Art Center  
Children ages 6-12  
\$180/2 Weeks

July 20-31 1:00-4:00PM

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# Youth Summer Camps



## SUMMER PLAYCATION SPORTS CAMPS

**FEATURING: The National Academy of Athletics.**

These camps provides young people with confidence-building athletic skill development, a solid foundation of fitness, an opportunity to make new friends and **tons of all out fun and games.**

All Sport Camp	1pm - 4pm	July 6 - 10
Cheer and Dance Camp	9am - noon	July 6 - 10
All Sport Camp	1pm - 4pm	July 13 - 17
Flag Football Camp	9am - noon	July 13 - 17
All Sport Camp	1pm - 4pm	July 20 - 24
Lacrosse Camp	9am - noon	July 20 - 24
All Sport Camp	1pm - 4pm	July 27 - 31
Tennis Camp - Calistoga	9am - noon	July 27 - 31

### All Camps at: Logvy Park - Calistoga

Full Day..... \$159      Half Day..... \$99

**If your child likes sports, they will love these camps!**

#### FEATURING

- 1/10 Coach to Camper Ratio
- College Level Athletes as Coaches
- Confidence Builders Program
- Personalized Skill Video
- Sports Specific Handbook
- Official Camp T Shirt
- Prizes and Games

The National Acadamey of Athletics amazing coaches are hand selected for their ability to work and motivate young athletes! Their number one goal is to bring out a positive change in every participant! Through inspiration, motivation and perspiration coaches help campers have a great time as they gain new baseball & softball, life skills & make lasting friendships. Perfect for boys & girls ages 6-9 & 10-13, all skill levels, whether they want to improve their skills or just compete, we have something that will motivate & challenge your child! These camps are safe, active, educational & fun!



*"My kids learned a lot.  
As a bonus, they came  
home happy and tired!"*  
Heather, mom

**707 257-9529**

[www.NationalAcademyofAthletics.com](http://www.NationalAcademyofAthletics.com)



FRIENDS



FUN



SKILLS



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## Youth Summer Camps

# BAND CAMP

For band students in grades 4-8 with at least one year of experience on their instrument (woodwind, brass, and percussion).



Camp members will perform with the St. Helena Community Band in Calistoga on Friday, July 3rd. Campers will also play on a float in the 4th of July Parade.

Camp lead by Nina Pedersen, Calistoga Music Director.

**June 29 — July 3, 2015**

**Location TBD**

**1:00-4:00PM**

**\$95**



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# Youth Summer Camps

## Jr. Lifeguard Training

This is your chance to make a difference while having fun and gaining on the job experience! Become a Junior Lifeguard and get the opportunity to volunteer alongside real American Red Cross lifeguards, swim instructors and customer service representatives. Junior Lifeguards are required to come to one of the trainings before they start volunteering with us. Once you have successfully completed training you can volunteer throughout the summer with Calistoga Community Pool!

### **Training Dates:**

**Wednesday-Friday, June 17-19 9:30am-12:30pm**

**Or**

**Wednesday-Friday, July 8-10 9:30am-12:30pm**

**Cost:** \$30 Calistoga Residents

\$45 Non-Residents

For more information or to register visit our website at

[www.calistogarecreation.com](http://www.calistogarecreation.com)

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## Community Pool



# Pop-up Pool Hours!

**Pop-up Pool Hours are extra hours on random days for recreational and family swim. During some of these hours fun themes will take place. You will not want to miss out on this new exciting event!**

We are going to start the summer off with Pop-up hours on:

Saturday, May 23, 2015	1:00pm-4:00pm
Sunday, May 24, 2015	10:00am-2:00pm
Monday, May 25, 2015	10:00am-2:00pm
Sunday, May 31, 2015	11:00am-3:00pm
Thursday, June 4, 2015	2:00pm-5:00pm

**Pop-up hours will be posted at:**

**Website:** [www.calistogarecreation.com](http://www.calistogarecreation.com)

**Facebook:** Community Pool and Calistoga Recreation Services

Don't forget to "like" us!

**In person:** At the Pool!

**Contact Us:**

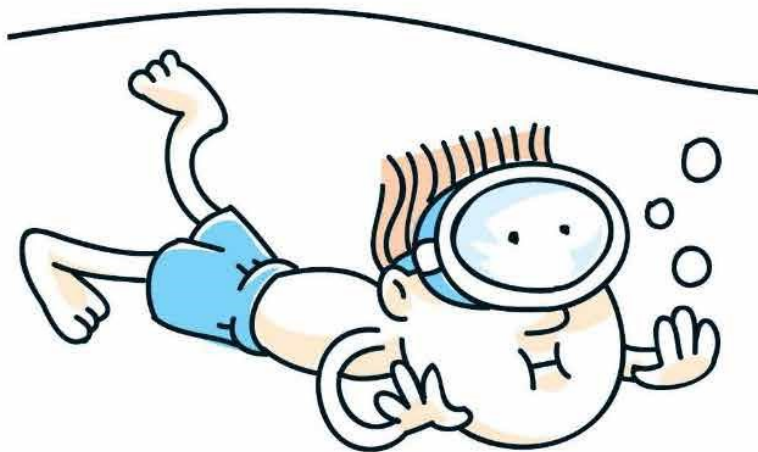
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# Community Pool

# SWIM LESSONS



SWIM LESSONS START JUNE 22, 2015!  
REGISTRATION FOR ALL SESSIONS OPENS  
ON MAY 26, 2015!

**COST:**

\$45 for Calistoga  
Residents  
\$55 for Non-

**SESSION DATES:**

Session 1-June 22-July 3  
Session 2-July 6-17  
Session 3-July 20-31  
Session 4-August 3-12

When signing up for swim lessons, we recommend you start in the last level you completed during Summer 2014.

Youth Swim Club information coming soon!

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# Community Pool



## Calistoga Community Pool

1745 Washington Street  
Calistoga, CA 94515

707.942.2846

www.calistogarecreation.com

### Spring Schedule May 11-June 19, 2015

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Adult Fitness & Lap Swlm 6:00-8:00 am	CLOSED	Adult Fitness & Lap Swlm 6:00-8:00 am	CLOSED	Adult Fitness & Lap Swlm 6:00-8:00 am		CLOSED
Water Exercise 8:15-9:30 am		Water Exercise 8:15-9:30 am		Water Exercise 8:15-9:30 am	Aqua Zumba 8:30-9:25 am	
					Adult Fitness & Lap Swlm 9:30 a-12:45 p	CLOSED
	CLOSED		CLOSED	CLOSED	CLOSED	CLOSED
CLOSED		CLOSED				
Adult Fitness & Lap Swlm 5:30-7:30pm	Water Exercise 5:30-6:45 pm	Adult Fitness & Lap Swlm 5:30-7:30pm	Water Exercise 5:30-6:45 pm			

**Pop-up Pool Hours**  
are recreational and family swim!  
Pop-up Pool Hours will be:  
Saturday, May 23, 2015 1:00pm-4:00pm  
Sunday, May 24, 2015 10:00am-2:00pm  
Monday, May 25, 2015 10:00am-2:00pm  
Sunday, May 31, 2015 11:00am-3:00pm  
Thursday, June 4, 2015 2:00pm-5:00pm  
Check our website for additional hours!

Check the website for a full schedule of programs—[www.calistogarecreation.com](http://www.calistogarecreation.com)  
Make sure you keep checking in for Pop-up Pool Hours!

### Program Descriptions & Pool Information

#### PROGRAM DESCRIPTIONS

**Recreational (Rec) Swim:** Both pools will be open for use during these swim times and lifeguards will be on duty at both pools for your protection. This is open to all ages. Please note that there will be limited or NO lap swimming available during this time.

**Adult Fitness and Lap Swimming:** Designated time for adults to utilize Exercise Pool for lap swimming and individual water exercise. Lane lines will be in place and lanes designated according to swimming speeds. Kickboards and pull buoys will be available. One lane designed for water walkers/runners.

**Water Exercise:** A water fitness class using water resistance to provide strength training and aerobic conditioning for people of all levels. Class will include some deep water work as well as stretching and flexibility to enhance cardiovascular health.

**Aqua Zumba:** Aqua Zumba gives new meaning to the idea of an invigorating workout. Aqua Zumba blends Latin and international music with a safe, challenging, water-based workout that's cardio-conditioning, body-toning, and most of all, exhilarating beyond belief.

#### POOL INFORMATION

**Shared Space:** Classes/Programs may be going on during Lap/Public Swim Times. Lanes will be shared by different users. Please pay attention to signage or ask staff.

**Adult Swim Time:** Adult Swim Time will happen during Recreational Swim and Pop-up Pool Hours. Adult Swim Time is called on the hour, starting the second hour of swim. Anyone under the age of 18 is required to get out of the pool during this time. During this time we encourage you to use the restroom, reapply sun screen and take a break.

**Pool Closure:** To ensure public safety, we staff based on a guard-to-swimmer ratio. On busy days we may reach capacity, which means we do not allow any additional guests until guests leave.

**Swim Diapers:** Children who are not potty trained are required to wear approved swim diapers. Disposable swim diapers may NOT be worn alone. Swimsuits that provide a snug fit around a child's legs can be worn over a disposable swim diaper.

Schedule is subject to change

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## Contact Us:

# Community Pool



## Calistoga Community Pool

1745 Washington Street

Calistoga, CA 94515

707.942.2846

www.calistogarecreation.com

### Summer Schedule Starting June 20, 2015

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Adult Fitness & Lap Swim 6:00-8:00 am	Adult Fitness & Lap Swim 6:00-8:00 am	Adult Fitness & Lap Swim 6:00-8:00 am	Adult Fitness & Lap Swim 6:00-8:00 am	Adult Fitness & Lap Swim 6:00-8:00 am		
Water Exercise 8:15-9:30 am	Water Exercise 8:15-9:30 am	Water Exercise 8:15-9:30 am	Water Exercise 8:15-9:30 am	Water Exercise 8:15-9:30 am	Aqua Zumba 8:30-9:25 am	
Swim Lessons 9:30am-12:30pm	Swim Lessons 9:30am-12:30pm	Swim Lessons 9:30am-12:30pm	Swim Lessons 9:30am-12:30pm	Staff Training 9:30-11:30 am Adult Fitness & Lap Swim 11:30-12:45pm	Adult Fitness & Lap Swim 9:30 a-12:45 p	Adult Fitness & Lap Swim 10 am-12:45 pm
Rec Swim 1:00-5:00 pm	Rec Swim 1:00-5:00 pm	Rec Swim 1:00-5:00 pm	Rec Swim 1:00-5:00 pm			
Adult Fitness & Lap Swim 5:30-7:30 pm (4 lanes only)	Water Exercise 5:30-6:45 pm (4 lanes only)	Adult Fitness & Lap Swim 5:30-7:30 pm (4 lanes only)	Water Exercise 5:30-6:45 pm (4 lanes only)	Rec Swim 1:00-5:00 pm	Rec Swim 1:00-5:00 pm	Rec Swim 1:00-5:00 pm
Swim Lessons 5:30-7:30 pm	Swim Lessons 5:30-7:30 pm	Swim Lessons 5:30-7:30 pm	Swim Lessons 5:30-7:30 pm			

Check the website for a full schedule of programs—[www.calistogarecreation.com](http://www.calistogarecreation.com)  
Make sure you keep checking in for Pop-up Pool Hours!

### Fees— Admission is charged for all swimmers and non-swimmers entering the facility

#### Daily Fees for Calistoga Residents (94515):

Youth (2-17)	Free
Seniors (55+)	\$3
Adults (18+)	\$4
Water Aerobics Adult	\$5
Water Aerobics Senior	\$4

#### 10 Visit Pass Resident:

Youth (2-17)	Free
Senior (55+)	\$27
Adult (18+)	\$36
Water Aerobics Adult	\$45
Water Aerobics Senior	\$36

#### 2015 Season Pass Resident

Youth (2-17)	Free
Senior (55+)	\$135
Adult (18+)	\$175
Family	\$325

(Family is defined as 2 adults and all children (under 18) living under the same roof—must be listed at time of purchase.)

#### Daily Fees for Non-Residents:

Youth (2-17)	\$3
Seniors (55+)	\$5
Adults (18+)	\$6
Water Aerobics Adult	\$8
Water Aerobics Senior	\$6

#### 10 Visit Pass Non-Resident:

Youth (2-17)	\$27
Senior (55+)	\$40
Adult (18+)	\$54
Water Aerobics Adult	\$72
Water Aerobics Senior	\$54

#### 2015 Season Pass Non-Resident:

Youth (2-17)	\$150
Senior (55+)	\$175
Adult (18+)	\$225
Family	\$375

(Family is defined as 2 adults and all children (under 18) living under the same roof—must be listed at time of purchase.)

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