



CITY OF CALISTOGA

COMMUNITY ENRICHMENT GRANTS  
FY 2015-2016 APPLICATION

**Deadline:** Friday, August 7, 2015 at 4:30 P.M. CITY OF CALISTOGA

**Submit to:** City Clerk's Office  
1232 Washington St  
Calistoga, CA 94515  
Attn: Kathy Flamson

CITY CLERK

JUL 15 2016

Please complete the following. You may attach additional pages if necessary.

RECEIVED

Name of the Program: Master Makers

Boys & Girls Clubs of St. Helena and Calistoga: Calistoga Unit.

Address: 1420 Tainter Street, St. Helena, Ca 94574

Phone: (707) 963-8944 FAX (707) 967-8944

Contact 1) Greg Bouillerce (707) 738-8197  
*name phone*  
Greg@bgcshc.org  
*e-mail*

Contact 2) Jay Templeton (707) 963-8944  
*name phone*  
LJT@bgcshc.org  
*e-mail*

Non-Profit Corporation Designation, if any: Private, Non-Profit

Federal Tax ID # or Social Security #: 68-0226714

**Amount of Grant Request\*:** \$ 4000.00

(\*This amount should include the value of any requested City fee or permit waivers and/or staff time)

**Eligibility Requirements:**

Please answer the following questions:

- |  | Yes                      | No                                  |
|--|--------------------------|-------------------------------------|
| 1. Have you or will you be receiving funding in Fiscal Year 2015/2016 or this program from other City sources? | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 2. Are you aware of any other City program providing this service? If so, which one? _____                     | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

***If you answered yes to any of these questions, your request may not be eligible for this grant program. Please contact the City Clerk at the City of Calistoga at (707) 942-2807 for further information, if desired.***

**Program Description/Scope** (please use additional pages if necessary):

Describe your program:

See Attachment #1

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How will this program benefit the Calistoga Community? How will the program address the following City Council’s adopted Enrichment Objectives

“Will the activity or program...”:

1. Provide services to the elder community?
2. Provide services to youth in the community?
3. Expand services to members of the Hispanic community?
4. Provide community specific environmental enhancements?
5. Enhance the appearance of the community?

See Attachment #2

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**Funding Request**

Identify the funding requested and the proposed use of funds.

- Cash
- In-kind funding (fee waivers, staff time cost waiver, rental fee waivers, etc.)

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What will be the estimated percent of Calistoga Residents Served by this program \_\_\_\_\_

**Applicant Background:**

This applicant is a (an):

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> Non - Profit | <input type="checkbox"/> For-Profit                   |
| <input type="checkbox"/> Local Public Agency     | <input type="checkbox"/> State or other Public Agency |
| <input type="checkbox"/> Individual              | <input type="checkbox"/> Other _____                  |

Years in Business or providing this program: 16 Years in Calistoga; 28 years in St. Helena  
Number of Employees: 15 in Calistoga, 16 in St Helena  
Number of Volunteers: 125 Annually  
(Please attach an organization chart, if available.)

**Names of all Officers and Board of Directors:**

<u>Name:</u>	<u>Position in Organization and Contact Number:</u>
<u>See Attachment #4</u>	

**Experience in Program Area:**

The Boys & Girls Clubs of St. Helena and Calistoga has a long-standing reputation in the Up Valley as the largest provider of afterschool and summer youth enrichment in Calistoga. The Calistoga Unit continues to offer life altering-programs with regard to Character Development, Health and Life Skills, Career and Education, the Arts, and Sports and Recreation. Our activities are implemented by a dedicated group of trained and passionate staff. The Boys & Girls Clubs of St. Helena and Calistoga has successfully met the expectations of grants provided on the national, local, and private scale. A financial audit is conducted annually and to date the Boys & Girls Clubs of St. Helena and Calistoga has incurred no negative findings. In addition, a "program and agency audit" administered annually by Boys & Girls Clubs of America gave the club national recognition with regard to program growth and impact.

**Previous City funding received or requested in the past three years:**

See Attachment #5

*(Please attach a budget for program request including funding schedule.)*

**Reporting Requirements:**

A report on how the funds were spent will be required to be filed with the City annually, or when funds are spent, whichever comes first. Proof of program expenses are required to be held for two years during which time the City reserves the right to audit the records.

We agree to adhere to the reporting requirements described above. . Yes  No

**Certification:**

We, the undersigned, do hereby attest that the above information is true and correct to the best of our knowledge. **(Two signatures required)**

<u>Signature</u>	<u>Executive Director</u>	<u>07/07/16</u>
	<small>Title</small>	<small>Date</small>
<u>Signature</u>	<u>Unit Director</u>	<u>07/06/16</u>
	<small>Title</small>	<small>Date</small>



**BOYS & GIRLS CLUBS**  
OF ST. HELENA AND CALISTOGA

## Attachment #1

### **Describe your program:**

Master Makers is a new and innovative approach to science and enrichment. Through this program, children will participate in a project-based effort toward meaningful scientific exploration that spans the entire school year\*, culminating in a Club led "Master Maker Faire." Members will spend the first five months of the program engaged in group projects in a controlled environment. More than just the science involved, this time would be spent learning basic safety and proper tool use under direct supervision. In February of 2017, our program will transition into a two month block of guided individual projects where children will experiment independently to refine their techniques and ultimately prepare them to take on their own submissions for the first Calistoga Master Maker Faire. Members will spend the final two months of this program designing, building, and submitting completed projects for the Calistoga Master Maker Faire. Member submissions will be reviewed by a panel of judges and held on display at a local venue. The winner of the Calistoga Master Maker Faire will be sent to the Bay Area Maker Fair in May of 2017.

The Boys & Girls Clubs Master Maker Program is a critical and exciting opportunity because it allows children to experiment in a creative and safe environment. Let's begin with memory and imagination. Think back on some of your earliest memories of making something. Whether it was building a bird house or, perhaps, rewiring your parent's vacuum cleaner, chances are, whatever the memory, you also recall the feelings that accompanied the act of creation: the joy of play, the wonder of discovering some secret of a material, the simple pleasure of doodling, writing, dancing, sewing, or building. Take a moment to think about how these experiences may have had lasting influences on you and the choices you've made. These memories, in fact, helped to make you. Since 2010 the Boys & Girls Club has been offering scientifically oriented project based learning programs. From fixing broken iPads in our Digital Arts Program to launching rockets with AREA 51, the Boys & Girls Club has been at the forefront of science based programs for youth in Calistoga. The results have been impressive. Members actively engage in activities that expose them to a broad range of principals on a regular basis and find that the activity is enjoyable because it is collaborative and hands on and thus accessible to them in a familiar and fun way.

*"I used to think science was boring because we would learn the same things over and over again; but Science Explorers is a lot of fun. I built a rocket last year and that was cool. We even got to figure out how to make changes to it, like when we added the camera to film our flights!"*

*-Andrea Villasenor, Age 12*

Now it's time to expand our efforts and we're turning to the Calistoga Community. We would like to use our program experience to bring something new and innovative to the youth of Calistoga with Master Makers; which, with your support, will be a meaningful vehicle for kids.

\*For a specific calendar of our projects please reference attachment 1a of this proposal.



**BOYS & GIRLS CLUBS**  
OF ST. HELENA AND CALISTOGA

# 2016-2017 Master Makers CALENDAR

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<p>Maker Group Project: Hovercraft</p>	<p style="text-align: center;">OCTOBER 16</p> <table border="1"> <thead> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr> <td>2</td><td>3</td><td>4</td><td></td><td></td><td></td><td>8</td> </tr> <tr> <td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td> </tr> <tr> <td>16</td><td></td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td> </tr> <tr> <td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td> </tr> <tr> <td>30</td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> </tbody> </table>	S	M	T	W	Th	F	S	2	3	4				8	9	10	11	12	13	14	15	16		18	19	20	21	22	23	24	25	26	27	28	29	30							<p style="text-align: center;">NOVEMBER 16</p> <table border="1"> <thead> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td>1</td><td>2</td><td>3</td><td></td><td>5</td> </tr> <tr> <td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td></td><td>12</td> </tr> <tr> <td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td> </tr> <tr> <td>20</td><td>21</td><td>22</td><td></td><td></td><td></td><td>26</td> </tr> <tr> <td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td> </tr> </tbody> </table>	S	M	T	W	Th	F	S			1	2	3		5	6	7	8	9	10		12	13	14	15	16	17	18	19	20	21	22				26	27	28	29	30				<p>Maker Group Project: Life Sized R2D2 pl 1</p>
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<p>Maker Individual Project: Bird Houses of Tomorrow</p>	<table border="1"> <thead> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td> </tr> <tr> <td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td> </tr> <tr> <td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td> </tr> <tr> <td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td> </tr> <tr> <td>26</td><td>27</td><td>28</td><td>29</td><td></td><td></td><td></td> </tr> </tbody> </table>	S	M	T	W	Th	F	S				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29				<table border="1"> <thead> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td> </tr> <tr> <td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td> </tr> <tr> <td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td> </tr> <tr> <td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td> </tr> <tr> <td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td> </tr> </tbody> </table>	S	M	T	W	Th	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	<p>Maker Group Project: Wind Machines</p>
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<p>Maker Individual Project: Maker Fair Submissions</p>	<table border="1"> <thead> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr> <td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td> </tr> <tr> <td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td> </tr> <tr> <td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td> </tr> <tr> <td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td> </tr> <tr> <td>29</td><td>30</td><td></td><td></td><td></td><td></td><td></td> </tr> </tbody> </table>	S	M	T	W	Th	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30						<table border="1"> <thead> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td> </tr> <tr> <td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td> </tr> <tr> <td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td> </tr> <tr> <td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td> </tr> <tr> <td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td> </tr> </tbody> </table>	S	M	T	W	Th	F	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			<p>Calistoga Maker Fair Maker Fair Field Trip</p>
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**BOYS & GIRLS CLUBS**  
OF ST. HELENA AND CALISTOGA

## Attachment #2

**How will this program benefit the Calistoga Community? How will the program address the following City Council's adopted Enrichment Objectives. "Will the activity or program...":**

### **Objective 2: provide services to youth in the community?**

Utilization of this program will be open to the youth of Calistoga as a whole, regardless of whether they are Boys & Girls Clubs of St. Helena and Calistoga members. Priority will be given to youth who are currently enrolled in an afterschool program such as The Boys & Girls Club's Calistoga Unit, ASES, 21<sup>ST</sup> Century Learning Center, and/or the Boys & Girls Club Teen Center.

### **Objective 3: Expand services to members of the Hispanic community?**

As stated above, the Boys & Girls Clubs of St. Helena and Calistoga programs are open to all school-age youth. The Hispanic population at Calistoga Elementary School accounts for 76% of its student body. The Hispanic population at Calistoga Junior/Senior High accounts for 73% of its student body. As such these programs would directly impact and expand on services to members of the Calistoga Hispanic community.

### **Objective 5: Enhance the appearance of the community?**

The culmination of this nine month program will result in a public display of the work we have completed throughout our activity. The Boys & Girls Clubs of St. Helena and Calistoga has a proven track record of hosting local exhibitions of member work in Calistoga; Our Annual Fine Arts show, Talent Show, Boys & Girls Club Week, and Youth of the Year Competitions to name a few. In this case we also see the potential for expanding our partnership with the city of Calistoga and the Calistoga fairgrounds which might allow us to stage "bird houses of the future" and temporary displays around Calistoga and at the Silverado Fourth of July Fair.

### **How this helps the Calistoga Community:**

School and afterschool programs are struggling to provide our community's youth with the requisite resources to be positive and productive citizens. Funding programs like the Club's Master Maker program is a solid investment because it encourages and support independent academic and physical development while making the experience entertaining and fun. This "disguised learning" technique has proven to be particularly effective in Calistoga, as so many of our youth come from disadvantaged circumstances and would not, otherwise, have access to these resources.

The Maker movement was inspired by recycling and modifying used materials to greater purpose and so with the purchase of these materials and tools items can be reapplied at the program's completion with very little waste. At the end of the grant period these materials could be reused in other science based programs and activities. An investment in this program constitutes a lasting investment in the youth of Calistoga and its greater community.

The City is resolved to: "support activities which enrich the Calistoga community" and we believe that the programs we propose in addition to the long-term benefit of these supplies as they are utilized throughout their life constitute a solid, if not the best, investment in that resolution. The Boys & Girls Club, which serves a substantial portion of Calistoga's youth year round, is uniquely positioned to meet the goals of the City Council's Community Enrichment Grant objectives and to provide the youth of Calistoga with a full range of enrichment, social, academic, and technological opportunities.



**BOYS & GIRLS CLUBS**  
OF ST. HELENA AND CALISTOGA

**Attachment #3**  
**Grant Funding Request**

Item	Class	Qty	Cost	Total
Tornado Chamber	Materials	1	\$300.00	\$300.00
Hovercraft	Materials	1	\$400.00	\$400.00
Life Sized R2D2	Materials	1	\$500.00	\$500.00
Cloud Ring Generator	Materials	1	\$200.00	\$200.00
Bird Houses of Tomorrow	Materials	1	\$200.00	\$200.00
Wind Driven Machines	Materials	1	\$200.00	\$200.00
Individual Maker Projects	Materials	1	\$400.00	\$400.00
Maker Fair	Materials	1	\$400.00	\$400.00
Tool Kits	Tools	10	\$18.99	\$189.90
Clamp Kits	Tools	10	\$14.07	\$140.70
Vice	Tools	2	\$22.15	\$44.30
Drill Kit	Tools	2	\$159.00	\$318.00
Sanding Kit	Tools	3	\$34.62	\$103.86
Paint Brush Kit	Tools	5	\$10.35	\$51.75
Jig Saw Kit	Tools	2	\$33.97	\$67.94
Hand Saw Kit	Tools	4	\$9.87	\$39.48
Dremel Tool	Tools	2	\$13.19	\$26.38
Safety Glasses	Tools	2	\$11.20	\$22.40
Srew Driving Set	Tools	2	\$21.99	\$43.98
Work Gloves	Tools	20	\$11.49	\$229.80
Discretionary	Misc	1	\$121.51	\$121.51
Bay Area Maker Fairie	Misc	1	\$500.00	\$500.00
	Materials			\$2,600.00
	Tools			\$1,278.49
	Misc			\$621.51
<b>Total Requested Funds</b>				<b>\$4,500.00</b>



**BOYS & GIRLS CLUBS**  
OF ST. HELENA AND CALISTOGA

## **Attachment #4**

**Boys & Girls Clubs of St. Helena and Calistoga  
Board of Directors Roster  
Updated: June 16, 2016**

### **Officers:**

#### **Josh Clark, President (2016)**

PO Box 352

St. Helena, CA 94574

President, Clark Vineyard Management, Inc.

(h) (707) 942-1301

(w) (707) 963-8690

(c) (707) 312-1020

[Josh@clarkvineyardmanagement.com](mailto:Josh@clarkvineyardmanagement.com)

[Josh@saunterwines.com](mailto:Josh@saunterwines.com)

#### **Sean Maher, Vice President (1999)**

PO Box 1009

St. Helena, CA 94574

Maher Advisors, Mergers and Acquisitions

(h) (707) 963-4438

(w) (707) 963-8266

(c) (707) 484-4604

(f) (707) 963-1280

[Sean@maheradvisors.com](mailto:Sean@maheradvisors.com)

#### **Pam Ingalls, Secretary/Treasurer (2012)**

1823 Foothill Blvd.

Calistoga, CA. 94515

Banking, retired

(h) (707) 942-6767

(c) (707) 888-9196

[rufhewn@sonic.net](mailto:rufhewn@sonic.net)

#### **Kathleen Herdell, Past President (1993)**

340 McCormick Street Suite C

St. Helena, CA 94574

Attorney

(h) (707) 963-2512

(w) (707) 963-3800

(c) (707) 334-5200

(f) (707) 963-2622

[Kathleen@Herdell.com](mailto:Kathleen@Herdell.com)





**BOYS & GIRLS CLUBS**  
OF ST. HELENA AND CALISTOGA

## Attachment #4

**Chris Birdwell, At-Large (2013)**

1030 Main Street  
Suite 300  
St. Helena, CA 94574  
Pacific Union Company  
(c) 415-728-4755  
[Cbirdwell@pacificunionco.com](mailto:Cbirdwell@pacificunionco.com)

**Bob Torres, At-Large (1999)**

PO Box 248  
St. Helena, CA 94574  
Principal, Vice Chairman and Director, Trincherro Family Estates  
(h) (707) 963-1147  
(w) (707) 963-3104  
(c) (707) 486-4606  
(f) (707) 963-9264  
[Btorres@tfewines.com](mailto:Btorres@tfewines.com)

**Directors:**

**Corey Beck (2013)**

300 Via Archimedes  
Geyserville, CA 95441  
President and Director of Wine Making, Francis Ford Coppola Winery  
(w) (707) 857-1449  
(c) (707) 888-5754  
[Corey.Beck@FrancisCoppolaWinery.com](mailto:Corey.Beck@FrancisCoppolaWinery.com)

**Thomas Brown (2013)**

1418 Cedar Street  
Calistoga, CA 94515  
Owner, Rivers-Marie Wines  
(c) (707) 339-1381  
[riversmarie@sbcglobal.net](mailto:riversmarie@sbcglobal.net)

**David Butler (2013)**

18 Meadow Park Court  
Orinda, CA 94563  
Managing Partner, Argosy Real Estate  
(c) (415) 515-7447  
[DButler@argosyrealestate.com](mailto:DButler@argosyrealestate.com)



**BOYS & GIRLS CLUBS**  
OF ST. HELENA AND CALISTOGA

## Attachment #4

**Cassandra Chastain (2002)**

1508 Main Street  
St. Helena, CA 94574  
Pacific Union Real Estate Group  
(h) (707) 965-9150  
(w) (707) 967-1346  
(c) (707) 246-6210  
(f) (707) 967-0404  
[cchastain@pacunion.com](mailto:cchastain@pacunion.com)

**Rachel Stellareese Davies (2015)**

480 Bay Street  
Angwin, CA 94508  
Stellareese Wine  
(h/o) (707) 965-9804  
(c) (707) 254-5290  
[rachel@stellareesewine.com](mailto:rachel@stellareesewine.com)

**Kelly Foster (2013)**

1151 Paulson Court  
St. Helena, CA 94574  
Bald Mountain Development LLC  
(c) (707) 889-8930  
[Kfoster@baldmountainLLC.com](mailto:Kfoster@baldmountainLLC.com)

**Placido Garcia (2015)**

1127 Mitzi Drive  
Calistoga, CA 94515  
Vineyard Foreman, Chateau Montelena Winery  
(c) (707) 975-2597  
[PlacidoGarciaH@hotmail.com](mailto:PlacidoGarciaH@hotmail.com)

**Marianna Hawkins (1989, 2012)**

1234 Hudson Avenue  
St. Helena, CA 94574  
Hawkins Mediation  
(h) (707) 963-6029  
(w) (707) 968-5157  
(c) (707) 260-5678  
(f) (707) 967-0843  
[Mariannadewitt@gmail.com](mailto:Mariannadewitt@gmail.com)



**BOYS & GIRLS CLUBS**  
OF ST. HELENA AND CALISTOGA

**Attachment #4**

**Tawnia Knox (2016)**

756 Zinfandel Lane  
St. Helena, CA 94574  
CEO/Producer 8dio Productions LLC  
(p) 408-455-2030  
[Tawnia@8dio.com](mailto:Tawnia@8dio.com)

**Scott LeStrange (2009)**

1701 Garnett Creek Court  
Calistoga, CA 94515  
Attorney, retired  
(h) (707) 942-1092  
(c) (707) 696-4707  
(f) (707) 942-5984  
[Lestrangle2u@gmail.com](mailto:Lestrangle2u@gmail.com)

**Eric Lilavois (2013)**

1895 Madrona Avenue  
St. Helena, CA. 94574  
Founder, Little Gem  
(c) (917) 295-2364  
[ELilavois@gmail.com](mailto:ELilavois@gmail.com)

**Wendy Lopez (2014)**

PO Box 362  
Calistoga, CA 94515  
PDI Surgery Center- Community Outreach Coordinator  
(w) 707-838-6560 Ext. 111  
(c) 707-291-8541  
[Lopezwendy8@gmail.com](mailto:Lopezwendy8@gmail.com)

**Suzanne Phifer Pavitt (2008)**

4660 Silverado Trail  
Calistoga, CA 94515  
Winery owner  
(h) (707) 942-5412  
(c) (415) 517-7070  
[Suzanne@phiferpavittwine.com](mailto:Suzanne@phiferpavittwine.com)



**BOYS & GIRLS CLUBS**  
OF ST. HELENA AND CALISTOGA

## Attachment #4

### Honorary Board Members:

**Monsignor John Brenkle**

8 Redondo Court  
St. Helena, CA 94574  
Co-founder

**Hon. Mike Thompson**

1040 Main Street #101  
Napa, CA 94559  
United States Congressman  
(w) (707) 226-9898

**Louis "Bob" Trinchero**

PO Box 248  
St. Helena, CA 94574  
Sutter Home Winery  
(w) (707) 963-3104

### Staff:

**LJ "Jay" Templeton, Executive Director**

1123 Broadmoor Drive  
Napa, CA 94558  
(h) (707) 637-4705  
(w) (707) 963-8944  
(c) (707) 339-1359  
[LJT@bgcshc.org](mailto:LJT@bgcshc.org)

**Trent Yaconelli, Associate Executive Director**

3825 Crestview Drive  
Santa Rosa, CA 95403  
(h) (707) 523-4264  
(w) (707) 963-8944  
(c) (707) 484-9668  
[Trent@bgcshc.org](mailto:Trent@bgcshc.org)

**Megan Warde, Development and Marketing Coordinator**

1420 Tainter Street  
St. Helena, CA 94574  
(w) (707) 963-8944  
(c) (707) 303-5768  
[Megan@bgcshc.org](mailto:Megan@bgcshc.org)



**BOYS & GIRLS CLUBS**  
OF ST. HELENA AND CALISTOGA

**Attachment #4**

**Stephanie Cruz, Administrative Assistant**  
1420 Tainter Street  
St. Helena, CA 94574  
(w) 707-963-8944  
[Stephanie@bgcshc.org](mailto:Stephanie@bgcshc.org)



**BOYS & GIRLS CLUBS**  
OF ST. HELENA AND CALISTOGA

## **ATTACHMENT #5**

### **Previous Funding**

#### **2012**

Received \$1,500 for Community Enrichment Grant.  
Received, \$30,000 as payment for program services provided at the Teen Center.  
Received \$25,000 as payment for Youth Diversion/Intervention Program

#### **2013**

Received \$1,500 for Community Enrichment Grant.  
Received, \$30,000 as payment for program services provided at the Teen Center.  
Received \$25,000 as payment for Youth Diversion/Intervention Program

#### **2014**

Received \$4,000 for Community Enrichment Grant.  
Received, \$15,000 as payment for program services provided at the Teen Center.

#### **2015**

Received, \$15,000 as payment for program services provided at the Teen Center.

### **Funding Schedule**

Implementation dates for this enrichment activity has not yet been scheduled. It's anticipated that classes relevant to this funding would be scheduled between September 2016 and June 2017.

### **Program Budget**

See Attachment 3

**City of Calistoga**  
**COMMUNITY ENRICHMENT GRANTS**  
**APPLICATION INSTRUCTIONS**

**Applicant Information:**

Please provide the requested information including: name, address, phone, Federal Tax ID or Social Security Number, and two (2) contact names. Two contact names are required for the application to be considered complete.

**Amount of Grant Request:**

Enter the dollar amount of city grant funds you are requesting.

**Eligibility Requirements:**

Both individuals and organizations are eligible to apply for grant funds. The three basic requirements which must be met for an organization or activity to be eligible to apply for Enrichment Grants are:

1. The organization cannot have received money for the same purpose from other City sources for the current fiscal year.
2. The program must demonstrate how it will address a recognized need in the community.
3. The organization must have a non-profit status.

**Program Description/Scope:**

The program description should describe the nature of the program, the benefits to the Calistoga community, and the projected percent of Calistoga residents served by the program, i.e., if the program only serves Calistoga residents, then this would be 100%.

Please provide an implementation schedule for the program showing the timeline and activities required to implement the program. If this is an ongoing program for which you are requesting funds, describe how the program will be funded in the future without the City grant.

**Applicant Background:**

Provide the requested information on your organization. If available, please attach an organization chart.

**Experience in Program Area:**

Provide information relating to the applicant's and other employees' experience in the program for which funds are being requested. Include the number of years providing similar services and the experience level of the individual(s). Provide any other information which would be useful to the reviewers in understanding your capabilities to provide the services for which the funds are requested.

**Financial Capabilities/Budget:**

In addition to providing a detailed budget for the program request, please include:

- 1) A funding schedule (your request for the timing of disbursement of the funds)..
- 2) The applicant information on current funding sources, and previous City funding received or requested within the past three years.
- 3) A detailed financial statement of the organization for the most current year.

**Signatures:**

We require two contact names and their signatures.

**Reporting Requirements:**

A report on how the funds were spent will be required to be filed with the City annually. Proof of program expenses are required to be held for two years during which time the City reserves the right to audit the records.



**CITY OF CALISTOGA**

**COMMUNITY ENRICHMENT GRANTS  
FY 2016-2017 APPLICATION**

**Deadline: Friday, July 15, 2016 at 4:30 P.M.**

**Submit to:**

City Clerk's Office  
1232 Washington St  
Calistoga, CA 94515  
Attn: Kathy Flamson

**CITY OF CALISTOGA  
CITY CLERK**

**JUL 14 2016**

*Please complete the following. You may attach additional pages if necessary.*

**RECEIVED**

Name of the Program: Senior Art Classes, Latino children art classes and art scholarships for children

Name of Applicant/Organization: Calistoga Art Center

Address: p.o. box 197 Calistoga, Ca.94515/1435 North Oak St. Calistoga, Ca.94515

Phone: ( ) 2278 FAX ( ) -

Contact 1) Michael Easterday 510 637-9216  
*name phone*  
mbeasterday@comcast.net  
*e-mail*

Contact 2) Marcy Webb 707 843-0317  
*name phone*  
marcy.webb@att.net  
*e-mail*

Non-Profit Corporation Designation: 501 (c) (3)

Federal Tax ID # or Social Security #: 68-0551603

**Amount of Grant Request\*: \$ 8,820**

(\*This amount should include the value of any requested City fee or permit waivers and/or staff time)

**Eligibility Requirements:**

Please answer the following questions:

- |   | Yes                      | No                                  |
|---|--------------------------|-------------------------------------|
| 1. Have you or will you be receiving funding in Fiscal Year 2015/2016 for this program from other City sources? | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 2. Are you aware of any other City program providing this service? If so, which one? _____                      | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

***If you answered yes to any of these questions, your request may not be eligible for this grant program. Please contact the City Clerk at the City of Calistoga at (707) 942-2807 for further information, if desired.***



**Program Description/Scope** (please use additional pages if necessary):

*Describe your program:*

We are seeking funding to provide art classes to under served populations of Calistoga. The three groups are Seniors, Latino children and parents and economically disadvantaged elementary children. We will be working with the Calistoga Recreation services, Community Action of Napa Valley and the UpValley Family Center. There is an attached copy

A with more information about the programs.

*How will this program benefit the Calistoga Community? How will the program address the following City Council's adopted Enrichment Objectives "Will the activity or program...":*

1. Provide services to the elder community?
2. Provide services to youth in the community?
3. Expand services to members of the Hispanic community?
4. Provide community specific environmental enhancements?
5. Enhance the appearance of the community?

Art Classes for Seniors with a meal at the mobile home communities rooms.

Art classes for children and parents at the Palisades apartments, Washington Family apartments and Hearts and Hands.

Art class scholarships for economically disadvantaged elementary children

**Funding Request**

Identify the funding requested and the proposed use of funds.

- Cash
- In-kind funding (fee waivers, staff time cost waiver, rental fee waivers, etc.)

The request is for \$8,820 in cash. See attached copy B for more information

What will be the estimated percent of Calistoga Residents Served by this program 10%

**Applicant Background:**

This applicant is a (an):

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> Non - Profit | <input type="checkbox"/> Tax Exempt                   |
| <input type="checkbox"/> Local Public Agency     | <input type="checkbox"/> State or other Public Agency |
| <input type="checkbox"/> Other _____             |   |

Years in Business or providing this program: 13

Number of Employees: 1/2 time office

Number of Volunteers: up to 35

(Please attach an organization chart, if available.)

**Names of all Officers and Board of Directors:**

**Name:**

Michael Easterday

Marcy Webb

Eric Bolton

Martha Casselman, Sequoia Buck

**Position in Organization and Contact Number:**

President

Treasurer

Secretary

Board members

**Experience in Program Area:**

The Calistoga Art Center has 13 years of experience in providing Art and related programs to the community.

Our teachers are all qualified, experienced and members of the community.

We provide programs at our facility, CUSD, Palisades apartments, Washington Family apartments and Hearts and Hands preschool.

**Previous City funding received or requested in the past three years:**

2015/2016 \$6000

2013/2014 \$750

2012/2013 \$1500

(Please attach a budget for program request including funding schedule.)

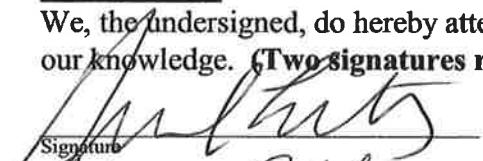
**Reporting Requirements:**


A report on how the funds were spent will be required to be filed with the City annually, or when funds are spent, whichever comes first. Proof of program expenses are required to be held for two years during which time the City reserves the right to audit the records.

We agree to adhere to the reporting requirements described above.  Yes  No

**Certification:**

We, the undersigned, do hereby attest that the above information is true and correct to the best of our knowledge. (Two signatures required)

  
Signature

  
Signature

President  
Title

Treasurer  
Title

7/14/2016  
Date

7-14-16  
Date

## **Attachment A Program Description/Scope**

**We have been providing a senior art class with a meal this past year at the art center. Attendance is not what it should be so we are proposing a change to hold the classes at the community centers at each of the three mobile home parks instead of the art center. The classes would be held the first, second and fourth Wednesdays of the month at a different mobile home park. We would hire a resident at each mobile home park to book the community center and organize the attendees by doing this we should increase the attendance and reach of the classes. We are partnering with the Calistoga Recreation Services for organizational and community outreach help. We are partnering with Community Action of Napa Valley to provide free meals to the seniors during class.**

**We are currently offering once a week art classes for Latino children at the Palisades apartments, Washington Family apartments and Hearts and Hands with the UpValley Family Center. We have also done a class for parents on how to do art with their children at home. We have provided art activities for the Bridge program, a readiness program for preschool children. We would like to continue to provide this support and connection to the Latino community.**

**A new proposal for the coming year is to address the needs of any child from an economically disadvantaged family. There are members of the community who the supposedly extras like children's art classes are out of reach. We propose a scholarship program based on this need and qualifying by inclusion in the free or reduced lunch program at the elementary school.**

## **Operating Budgets Attachment B**

### **Senior Classes**

**We would like to offer three classes a month throughout the year at about 36 classes. The class breakdown is as follows:**

**Teacher wages are \$45 for a 1 ½ hour class at \$30/hr.**

**subtotal \$1620**

**Mobile home coordinators three at \$25 each per month.**

**subtotal \$ 900**

**The total \$2,520**

### **Latino Children Classes**

**We would like to continue offering 3 classes a week throughout the year at about 100 classes. The class breakdown is as follows:**

**Teacher wages are \$45 for a 1 ½ hour at \$30/hr.**

**Total \$4500**

### **Scholarship funds**

**We would like to offer scholarships of \$50/class for 16 children**

**Total \$800**

### **Administrative costs**

**Would be paid at \$25/hr for twenty hours equals.**

**Total \$500**

### **Supplies**

**Supplies for all the programs**

**Total \$500**

**Final Total \$8,820**

**The program will keep attendance logs as to the amount of classes and the number of participants. We will keep a separate budget for the expenses of the programs to facilitate an auditing of the programs. In the separate budget administrative and supply costs will also be recorded.**

Calistoga Art Center  
**Profit & Loss**  
January 1 through July 14, 2015

	<u>Jan 1 - Jul 14, 15</u>
<b>Ordinary Income/Expense</b>	
<b>Income</b>	
<b>Campaign-Operational</b>	
<b>Art Market</b>	
Concessions Income	136.00
Vendor Booth/Entry Fee	419.90
<b>Total Art Market</b>	<u>555.90</u>
<b>Art Miniatures</b>	1,140.93
<b>Class Fees- CHILDREN</b>	
Art Explorers	243.00
Ceramic Kids	30.00
<b>Total Class Fees- CHILDREN</b>	<u>273.00</u>
<b>Class Fees-ADULT</b>	
Acrylic 101 Workshop	697.99
Acrylic Painting	2,462.56
Acting/Theater for Adults	390.00
Ceramics for Adults	3,404.15
Clay purchases	710.00
Craft Lab	313.70
Drawing	100.00
Drop-In Studio	230.00
Kiln Firing	40.00
Landscape Painting	648.27
Painting Workshop with Theo	3,788.19
Private Workshop	100.00
<b>Total Class Fees-ADULT</b>	<u>12,884.86</u>
<b>General Donation</b>	300.00
<b>Membership Dues</b>	
Artist	348.60
Business	300.00
Family	180.00
Friend	550.00
Individual	476.16
Patron	1,000.00
<b>Total Membership Dues</b>	<u>2,854.76</u>
<b>Paint &amp; Sip Party</b>	
Wine purchases	15.00
Paint & Sip Party - Other	839.52
<b>Total Paint &amp; Sip Party</b>	<u>854.52</u>
<b>Theater Productions</b>	
Playbill Ad income	800.00
Raffle Ticket Purchases	1,277.00
Ticket Sales	6,453.80
Wine and Food sales	677.00
<b>Total Theater Productions</b>	<u>9,207.80</u>
<b>Vocal Color</b>	
Concessions	41.00
Vocal Color - Other	470.00

**Calistoga Art Center**  
**Profit & Loss**  
 January 1 through July 14, 2015

	Jan 1 - Jul 14, 15
<b>Total Vocal Color</b>	511.00
<b>Total Campaign-Operational</b>	28,582.77
<b>Contributions Income</b>	150.00
<b>Grants</b>	
Calistoga Community Chest	2,500.00
CJUSD Art in School Program	7,500.00
CJUSD for ELD	2,250.00
<b>Total Grants</b>	12,250.00
<b>Uncategorized Income</b>	
Payroll tax overpayment	168.87
<b>Total Uncategorized Income</b>	168.87
<b>Total Income</b>	41,151.64
<b>Expense</b>	
<b>Campaign Operational</b>	
<b>Adult Programming Expenses</b>	
<b>Classes</b>	
Art Supplies	110.98
Ceramics supplies	403.35
Clay & Glaze	1,920.98
<b>Instructor Fees</b>	
Acrylic Painting	1,954.00
Acrylic Painting 101 Workshop	545.00
Ceramics for Adults	2,808.00
Craft Lab	244.00
Drawing	80.00
Drop-In Studio	720.00
Landscape Painting workshop	498.75
Mixed Medium Painting Works...	3,036.00
<b>Total Instructor Fees</b>	9,885.75
<b>Papermaking Supplies</b>	236.59
<b>Total Classes</b>	12,557.65
<b>Total Adult Programming Expenses</b>	12,557.65
<b>Art Market</b>	
Marketing	49.89
Misc Expenses	476.44
<b>Total Art Market</b>	526.33
<b>Childrens Programming</b>	
Art Supplies	170.85
Reserved Funds A/P	135.00
snacks	123.88
<b>Total Childrens Programming</b>	429.73
<b>Childrens Programming expenses</b>	
<b>After School Program</b>	
<b>Instructor Fees</b>	
Art Explorers	520.00
Cooking class for Children	432.00

**Calistoga Art Center**  
**Profit & Loss**  
 January 1 through July 14, 2015

	Jan 1 - Jul 14, 15
Total Instructor Fees	952.00
Supplies	
Art supplies	237.47
Total Supplies	237.47
Total After School Program	1,189.47
Total Childrens Programming expenses	1,189.47
CJUSD- CES Art Docent Program	
art supplies	527.25
Contracted Coordinator	8,227.80
Total CJUSD- CES Art Docent Program	8,755.05
CJUSD ELD	
Art SHow	56.58
Instructor Fees	3,300.00
Supplies	186.34
Total CJUSD ELD	3,542.92
Events	
Art Miniatures	
Misc Expenses	54.73
Permits	45.00
Total Art Miniatures	99.73
Opem Mic night	45.00
Paint & Sip Party	
ABC permit	135.00
Instructor Fees	330.00
Supplies	700.74
Total Paint & Sip Party	1,165.74
Souper Bowl	
Ceramics Supplies	44.33
Souper Bowl - Other	160.00
Total Souper Bowl	204.33
Theater Productions	
ABC Permit	420.00
Equipment rental	25.00
Instructor fee	4,205.00
Marketing	69.00
Misc production costs	550.00
Misc. Exp. Paid from Ad Reserve	834.36
Paint and materials for set	140.53
Printing expenses	447.71
Royalties	800.00
stage manager	500.00
Total Theater Productions	7,991.60
Vocal Color expenses	11.02
Total Events	9,517.42
Napa County Fair	

**Calistoga Art Center**  
**Profit & Loss**  
 January 1 through July 14, 2015

	Jan 1 - Jul 14, 15
Craft supplies	64.10
Total Napa County Fair	64.10
Total Campaign Operational	36,582.67
Capital Campaign	
PayPal processing fee	0.60
Total Capital Campaign	0.60
Contract Labor	345.00
Credit Card Processing Fee	214.76
Cropp Building	
Cleaning	1,800.00
PGE reimbsmnt to Napa Fair	1,795.12
Rent	7,000.00
Supplies	152.95
Total Cropp Building	10,748.07
Dues and Subscriptions	344.00
Fees	20.30
Insurance	
Directors Liability	1,867.00
Liability Insurance	1,050.00
Workers Compensation	615.28
Total Insurance	3,532.28
Licenses and Permits	214.98
Marketing	
Rack Cards	128.51
sign materials	21.76
Web	215.94
Web Newsletter	240.00
Total Marketing	606.21
Miscellaneous	200.00
Payroll Expenses	
Payroll taxes	1,093.81
Quickbooks Intuit Payroll	376.92
Wages	9,540.00
Payroll Expenses - Other	14.50
Total Payroll Expenses	11,025.23
Postage	
Membership	49.00
Post Office Box Rental	68.00
Stamps	49.00
Total Postage	166.00
Printing and Reproduction	122.00
Reimbursed Expenses	399.31
Repairs	
Building Repairs	39.15
Equipment Repairs	45.31
Total Repairs	84.46



Calistoga Art Center  
**Profit & Loss**  
January 1 through July 14, 2015

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	<u>Jan 1 - Jul 14, 15</u>
Supplies	
Office	1,269.76
<b>Total Supplies</b>	<u>1,269.76</u>
Telephone	740.19
<b>Total Expense</b>	<u>66,615.82</u>
<b>Net Ordinary Income</b>	<u>-25,464.18</u>
<b>Net Income</b>	<u><u>-25,464.18</u></u>



COMMUNITY ENRICHMENT GRANTS  
FY 2016-2017 APPLICATION

**Deadline: Friday, July 15, 2016 at 4:30 P.M.**

**Submit to:**

City Clerk's Office  
1232 Washington St  
Calistoga, CA 94515  
Attn: Kathy Flamson

CITY OF CALISTOGA  
CITY CLERK

JUL 15 2016

CITY OF CALISTOGA

Please complete the following. You may attach additional pages if necessary.

RECEIVED

Name of the Program: CalistogaCares

Name of Applicant/Organization: Community Action of Napa Valley

Address: 2310 Laurel St. Suite 1 Napa, CA 94559

Phone: ( 707 ) 253-6190 FAX ( 707 ) 253-5156

Contact 1) Helen Archerd 707-942-6042  
*name phone*  
harcherd@sonic.net  
*e-mail*

Contact 2) Drene Johnson 707253-6100  
*name phone*  
djohnson@can-v.org  
*e-mail*

Non-Profit Corporation Designation: 501 3 (3)

Federal Tax ID # or Social Security #: 94-1610851

**Amount of Grant Request\*: \$ 1000 (\$1000)**

(\*This amount should include the value of any requested City fee or permit waivers and/or staff time)

**Eligibility Requirements:**

Please answer the following questions:

- |   | Yes                      | No                                  |
|---|--------------------------|-------------------------------------|
| 1. Have you or will you be receiving funding in Fiscal Year 2015/2016 for this program from other City sources? | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 2. Are you aware of any other City program providing this service? If so, which one? _____                      | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

***If you answered yes to any of these questions, your request may not be eligible for this grant program. Please contact the City Clerk at the City of Calistoga at (707) 942-2807 for further information, if desired.***

**Program Description/Scope** (please use additional pages if necessary):

*Describe your program:*

CalistogaCares is an all-volunteer program that provides supplemental food to low-income families and seniors. We are the recipient of food collected in the Mail Carriers Drive. Food is also obtained from individual donations and outdated products from CalMart and San Marcos. We receive much free food from the Napa Food Bank as well as purchase food from them. Those meeting the income requirements receive a bag or two (depending on family size) monthly including meat, fresh milk, eggs, butter and produce.

*How will this program benefit the Calistoga Community? How will the program address the following City Council's adopted Enrichment Objectives*

*"Will the activity or program...":*

1. Provide services to the elder community?
2. Provide services to youth in the community?
3. Expand services to members of the Hispanic community?
4. Provide community specific environmental enhancements?
5. Enhance the appearance of the community?

This program meets objectives 1,2 & 3. The supplemental food is a great help to seniors living on just Social Security as it helps them stay in their own home. The food given to families enables the children to eat better and so do better in school. While the recipients continue to be mostly Hispanic, new people are mostly newly elderly non-Hispanic too young to get Social Security, but unable to replace a lost job. Hispanic families come for food when work is slow

**Funding Request**

Identify the funding requested and the proposed use of funds.

- Cash
- In-kind funding (fee waivers, staff time cost waiver, rental fee waivers, etc.)

We are requesting cash which will be used to purchase food. So far in 2016 we have received \$2100 from the Community Chest and \$606 from individuals. We get produce from local gardens in the summer and fall. Staples such as peanut butter, rice, beans and some canned goods are purchased from the Napa Food Bank. Food left over from the monthly USDA distribution is given out through CalistogaCares.

**What will be the estimated percent of Calistoga Residents Served by this program \_\_\_\_\_**

**Applicant Background:**

This applicant is a (an):

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> Non - Profit | <input type="checkbox"/> Tax Exempt                   |
| <input type="checkbox"/> Local Public Agency     | <input type="checkbox"/> State or other Public Agency |
| <input type="checkbox"/> Other _____             |   |

Years in Business or providing this program: 21

Number of Employees: 0

Number of Volunteers: 24 Plus another 6 who help with the USDA program  
(Please attach an organization chart, if available.)

**Names of all Officers and Board of Directors:**

Name:

Position in Organization and Contact Number:

CalistogaCares does not have a Board of Directors. The attached sheet is for Community Action of Napa Valley. We serve under their Board and all finances are handled through that organization. Locally, Helen Archerd is Site Manager.

**Experience in Program Area:**

Helen Archerd has directed the program for 19 years. Many other volunteers have served well over 10 years.

**Previous City funding received or requested in the past three years:**

2012: \$750    2013: 1250    2014: \$750    2015: \$750

*(Please attach a budget for program request including funding schedule.)*

**Reporting Requirements:**

A report on how the funds were spent will be required to be filed with the City annually, or when funds are spent, whichever comes first. Proof of program expenses are required to be held for two years during which time the City reserves the right to audit the records.

We agree to adhere to the reporting requirements described above.     Yes     No

**Certification:**

We, the undersigned, do hereby attest that the above information is true and correct to the best of our knowledge. (Two signatures required)

  
Signature

Director/CANU Food Bank  
Title

7/7/16  
Date

  
Signature

Site Manager  
Title

7/5/16  
Date

# FOOD BANK – CALISTOGA CARES BUDGET 7/1/2016 -6/30/17

## Operating Costs:

Supplies	60	
Food – Non USDA	2400	
Pantry Space	<del>1200</del> 600 (h.a.)	
Admin Cost (13%)	476	
Total Operating Costs	<u>\$4,136</u>	3536 (f.a.)



COMMUNITY ACTION OF NAPA VALLEY

## BOARD OF DIRECTORS

### LOW INCOME REPS

**Jill E. Barwick (1/16)**

3656 Harkness Street  
Napa, CA 94558  
707.257.8781 (h)  
707.258.1799 (wk)  
[napagirl2010@live.com](mailto:napagirl2010@live.com)  
[attygirl@aol.com](mailto:attygirl@aol.com)

**Timothy Bledsoe (1/17)**

New Life Tabernacle  
2625 First Street  
Napa, CA 94558  
530.370.2134 (cell)  
[timothybledsoe@gmail.com](mailto:timothybledsoe@gmail.com)  
**Board Vice Chair**

**Marty Devitt (1/16)**

2601 Redwood Road  
Napa, CA 94558  
707.227.5045 (cell)  
[napamarty@hotmail.com](mailto:napamarty@hotmail.com)  
**Board Secretary**

**Rev. Lee S. Neish (1/16)**

Napa First United Methodist Church  
625 Randolph Street  
Napa, CA 94559  
408.655.2872 (h)  
707.253.1411 (wk)  
[lee.neish@napaumc.org](mailto:lee.neish@napaumc.org)

**Jenna Bolyarde (1/17)**

221 Reed Circle  
Napa, CA 94558  
707.252.2339 (wk)  
707.337.8535 (cell)  
[jennabeebee1@gmail.com](mailto:jennabeebee1@gmail.com)

### PUBLIC SECTOR REPS

**Leon Garcia (1/17)**

Mayor, City of American Canyon  
245 Bentley Court  
American Canyon, CA 94503  
707.557.4986 (h)  
707.738.3150 (cell)  
[leongarcia.ac@gmail.com](mailto:leongarcia.ac@gmail.com)

**Doug Hawker (1/16)**

County of Napa, HHS  
23 Summerbrooke Circle  
Napa, CA 94558  
707.254.8305 (h)  
707.259.8662 (wk)  
[Doug.Hawker@countyofnapa.org](mailto:Doug.Hawker@countyofnapa.org)

**Jose Hurtado (1/17)**

NVUSD Board of Education  
1036 Bella Drive  
Napa CA 94558  
707.252.8979 (h)  
707.328.0700 (cell)  
[jahurtado100@gmail.com](mailto:jahurtado100@gmail.com)  
**Board Chair**

**Dorothy Roberts (1/17)**

City Clerk - City of Napa  
955 School Street  
Napa, CA 94559  
707.294.8403 (h)  
707.258.7870 (wk)  
[droberts@cityofnapa.org](mailto:droberts@cityofnapa.org)

### PRIVATE REPS

**Ruth Edwards (1/16)**

Bank of Marin  
600 Trancas Street  
Napa, CA 94558  
707.217.3894 (h)  
707.265.2002 (wk)  
[RuthEdwards@bankofmarin.com](mailto:RuthEdwards@bankofmarin.com)

**Jim Jones (1/17)**

James V. Jones Law Office  
1564 First St.  
Napa, CA 94559  
707.252.8644 (wk)  
707.252.8645 (backroom)  
[Onecal2@saber.net](mailto:Onecal2@saber.net)

**Lindsay Jones (1/17)**

Redwood Credit Union  
89 Mission Drive  
Petaluma, CA 94952  
707.338.5098 (h)  
707.545.4000 x81501 (wk)  
[ljones@redwoodcu.org](mailto:ljones@redwoodcu.org)

**Phil Rapp (1/16)**

Bank of Stockton  
1505 Second Street  
Napa, CA 94558  
415.235.0409 (cell)  
707.492.3751 (wk)  
[phil.rapp@bankofstockton.com](mailto:phil.rapp@bankofstockton.com)  
**Board Treasurer**

JUL 15 2016

RECEIVED

**COMMUNITY ENRICHMENT GRANTS  
FY 2016-2017 APPLICATION**

**Deadline: Friday, July 15, 2016 at 4:30 P.M.**

**Submit to: City Clerk's Office**

**1232 Washington St**

**Calistoga, CA 94515**

**Attn: Kathy Flamson**

*Please complete the following. You may attach additional pages if necessary.*

Name of the Program: **Pre School**

Name of Applicant/Organization: **Hearts and Hands PreSchool, Inc**

Address: **1308 Cedar St**

Phone: **(707) 942 -1224** FAX None

Contact 1) **Carrie Domogalla** 707 942 5329

*carrie@domogallaconsulting.com*

Contact 2) **Denise Benner** 707 942 1224

*info@HeartsandHandsKids.com*

Non-Profit Corporation Designation: **501 c (3)**

Federal Tax ID # or Social Security #: 45-242 4700

**Amount of Grant Request\*: \$ \$329 to \$10,000**

(\*This amount should include the value of any requested City fee or permit waivers and/or staff time)

**Eligibility Requirements:**

Please answer the following questions:

- |   | Yes                      | No                                  |
|---|--------------------------|-------------------------------------|
| 1. Have you or will you be receiving funding in Fiscal Year 2015/2016 for this program from other City sources? | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 2. Are you aware of any other City program providing this service? If so, which one? _____                      | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

***If you answered yes to any of these questions, your request may not be eligible for this grant program. Please contact the City Clerk at the City of Calistoga at (707) 942-2807 for further information, if desired.***

**Program Description/Scope** *(please use additional pages if necessary):*

*Describe your program:*

Hearts & Hands Preschool is Calistoga's the only year-round full day preschool, opening at 7:30AM and closing at 5:30PM. This program allows parents, some of whom who work multiple jobs, to have a safe learning environment for their children during their working hours. We serve children from two and a half years to five years. In addition to the full day program, we offer a half day program from 8:30AM to 12:30. Those who stay in the afternoon receive additional learning, movement activities and for English language learners, it is an opportunity to be immersed in English for a longer period.

While our extended hours serve the working parents needs, our primary purpose is to provide a meaningful educational and socialization experience preparing the children for successful future in school and in life. We network closely with Up Valley Family Centers, Calistoga Elementary School and the Calistoga State Preschool, providing assistance for families through communication and resource referral.

In the morning children are greeted at the secured door immediately by one of our highly qualified staff (all of our staff have a certificate or degree in education). Children are offered breakfast, lunch and two nutritious snacks during the day. As they go through the day, they proceed through a range of activities including art, body movement, music and singing, small and large motor skill development and dramatic play. We use the WINGS curriculum which is a combination of emergent and culturally appropriate teaching techniques. This means the focus is not only on the individual child's needs and goals but on the individual child's interests and natural abilities. Our teachers closely observe and intentionally adapt the topics and activities presented day to day based on what the children are interested in and are wondering about. Our children are also introduced to the computer and keyboarding and are encouraged and supported in social growth by practicing words as they problem solve in their pre-school relationships.

Language development is a cornerstone of the Hearts & Hands Preschool experience. A very important program is Raising-A-Reader which incorporates the parents/family/home in reading with one-on-one attention. This program also serves to educate parents in the importance of conversation with their child every day. Teachers give parents a fall



conference and a spring assessment/conference using the Calistoga Elementary Evaluation rubric. We are staffed at all times by Bi-Lingual (Spanish speaking) teachers, meeting the needs of dual-language learners and are able to communicate and translate oral and written material with students and their families.

Calistoga has a large population of low income workers serving the local tourist and agricultural industries. Elementary school statistics reflect the low socio-economic conditions in which many families in Calistoga live. One of the best indicators of poverty is that in our Elementary School, 59.7% of the students qualify for the free or reduced-fee meals. These people are the majority of our clientele. Multiple studies show that children who attend preschool are already ahead in early reading and math skills. Economic analyses show high-quality preschool saves our schools and our state money, and provides long-term benefits to our children and communities.

**How will this program benefit the Calistoga Community? How will the program address the following City Council’s adopted Enrichment Objectives**

We “Provide services to youth in the community”; “Expand services to members of the Hispanic community” and “Enhance the appearance of the community “if you consider a group of small very beautiful children using Calistoga streets and walking to Pioneer Park or the pond at the Russian Monastery.

**Funding Request**

We understand that there are many worthwhile programs that need you assistance. Here are several options for you:

1. \$10,000 would provide a full year’s assistance for three children who need 35% scholarship. I say 35% because that is what most of our children need who are not covered by a Vintners Grant through First Five. That grant covers particular children that meet their guidelines. It still leaves other children with no tuition help.

2. 12 Sleeping cots	\$517.88	<i>AUD/OL</i>	# 517.88
3. Playground equipment	See attached	<i>AUD/OL</i>	
Grow-to-pro Basketball Hoop by Fisher Price			\$62.90
Teeter totter			\$329.98
		total	\$391.88

Or all of the above. Select whatever is fair.

What will be the estimated percent of Calistoga Residents Served by this program 3%

**Applicant Background:**

**This applicant is a (an):**

Non - Profit     Tax Exempt

Local Public Agency     State or other Public Agency

Other \_\_\_\_\_

**Years in Business or providing this program:**

This year marks our 15<sup>h</sup> anniversary. Hearts and Hands is the only area preschool offering substantial scholarships, with nearly **86%** of our students receiving some level of financial support.

**Number of Employees:** 8

**Number of Volunteers:** 12

*(Please attach an organization chart, if available)*

**Names of all officers and Board of Directors**

Carrie Domogalla, President 707-942-5329 [Carrie@Domogallaconsulting.com](mailto:Carrie@Domogallaconsulting.com)

Carol Bush, Vice President, [Northstarnapa@aol.com](mailto:Northstarnapa@aol.com)

Jeanne McCann-Baswell, Secretary, [jeannebaswell@yahoo.com](mailto:jeannebaswell@yahoo.com)

Stephanie Duff Ericksen, Director [sdericksen@gmail.com](mailto:sdericksen@gmail.com)

Millie Pease, [mjypease@aol.com](mailto:mjypease@aol.com)

Dale Duerod , Director [dduerod3@gmail.com](mailto:dduerod3@gmail.com)

Helena Yost, Director, [pananroc14@gmail.com](mailto:pananroc14@gmail.com)

Phyllis Dearing ,Director

**See attached Resume of the Board**

**Experience in Program Area:**

In this decade, over **400** children have benefited by the Hearts and Hands program. Public school teachers compliment Hearts and Hands, saying that our children are very well prepared for the challenges of kindergarten! We were recognized by the Calistoga Chamber of Commerce as an outstanding nonprofit. The support we have gotten from the Napa Vintners Association and the Napa Community Foundation reflects on our quality. However, the funding from these two organizations cover only selected children who fall under their areas of interest **-it still leaves the other children of our community.**

**Previous City funding received or requested in the past three years:**

NONE

*(Please attach a budget for program request including funding schedule.)*

**Reporting Requirements:**

A report on how the funds were spent will be required to be filed with the City annually, or when funds are spent, whichever comes first. Proof of program expenses are required to be held for two years during which time the City reserves the right to audit the records.

We agree to adhere to the reporting requirements described above.  Yes

**Certification:**

We, the undersigned, do hereby attest that the above information is true and correct to the best of our knowledge. **(Two signatures required)**

Signature Title Date Carrie E. Songullo

Signature Title Date Denise Beman - Director 7-16-2016

FB5735A

[Angeles® SpaceLine® Standard Cot - Set of 4](#)

Ships in 3 Days

- [Add to Shopping](#)
- [List](#)
- [Remove](#)

\$138.99

**\$416.97**

**Color: Wedgewood Blue**

3

UPDATE

SUBTOTAL FOR ALL ITEMS: \$416.97

ESTIMATED SHIPPING: \$62.55

[Tax Exempt?](#) TAX: \$38.36

12 COTS 3 Set of 4

**YOUR DISCOUNT SCHOOL SUPPLY® TOTAL: \$517.88**





Price:  
US \$329.98



**Grow-to-Pro Basketball Hoop by [Fisher-Price](#)**

Business Member Price:  
\$62.90

## **Hearts & Hands Preschool Board Resume**

### **Carol Bush, Vice President - Owner North Star**

Graduate UC Berkeley  
Boys and Girls Club Advisor  
Past City Planning Commissioner  
Past Director Chamber of Commerce  
Past Treasurer Tucker Farm Center

### **Carrie Domogalla, President -Co-owner Domogalla Consulting**

BS and MS, HROD, University of San Francisco  
Retired management AT&T & retired assistant editor, Illuminations Press  
Past President Calistoga Chamber of Commerce  
Founder, and past Treasurer, Secretary & Artistic Director Tuckers Farm Center  
Past President Soroptimist International of Calistoga & Regional Director III

### **Dale Duerod- retired**

BS in Education  
40 years teaching experience in Pre K to adults with most experience in primary grades in the Peace Corps, Chicago, and the Bay area.

### **Stephanie Duff Ericksen – Realtor, Beck & Taylor**

Oregon State University and Reed College, majoring in English Literature & Journalism.  
Served several years on the Board of Directors of Soroptimist International Calistoga.  
Tutor at Calistoga Elementary School.  
Calistoga civic committee addressing human rights issues.  
Housing Element Advisory Committee

### **Jeanne McCann- Baswell, Secretary -substitute teacher Napa County School District**

California lifetime teacher's credential for K-12 with emphasis on Geography & PE  
1968-1970 Honolulu, Hawaii School District/Fort Shafter Elementary  
1970-1979: Union School District, San Jose/Guadalupe Elementary  
1979-1980: Union School District, San Jose/Alta Vista Elementary  
1980-1981: American School, Saltillo, Mexico  
1998-2000: St. John's Catholic School, Napa, Ca.  
2000-2012: Howell Mountain Elementary School District

### **Millie Pease**

Bachelor of Arts in History .Stanford University 1970  
Master of Arts in Teaching English Berkeley 1991  
Early Childhood Education 18 units from Santa Rosa JC completed by 2012

### **Helen Yost - retired**

### **Denise Brenner, Director Hearts & Hands Preschool**

B.S Elementary Education, B.S in Early Childhood Education  
Lead Teacher at Foothills Christian Preschool 2008  
Child Development Assistant Teacher at Discovery land Preschool 2005-2008

Herb Salinger, Advisory -Retired Educator



**CITY OF CALISTOGA**

**COMMUNITY ENRICHMENT GRANTS  
FY 2016-2017 APPLICATION**

**Deadline: Friday, July 15, 2016 at 4:30 P.M.**

**Submit to:**

City Clerk's Office  
1232 Washington St  
Calistoga, CA 94515  
Attn: Kathy Flamson

**CITY OF CALISTOGA  
CITY CLERK**

**JUL 15 2016**

*Please complete the following. You may attach additional pages if necessary.*

**RECEIVED**

Name of the Program: Calistoga Christmas Faire

Name of Applicant/Organization: Napa County Fair Association

Address: 1435 N Oak Street, Calistoga, CA 94515

Phone: ( 707 ) 942 - 5111 FAX ( 707 ) 942 - 5125

Contact 1) Kelly Barrett Coudert 707-696-9289  
*name phone*  
vendors@napacountyfair.org  
*e-mail*

Contact 2) Carlene Moore 707-942-5111  
*name phone*  
carlene@napacountyfair.org  
*e-mail*

Non-Profit Corporation Designation: 501(c)(3)

Federal Tax ID # or Social Security #: 94-6000185

**Amount of Grant Request\*: \$ 1,500.00**

(\*This amount should include the value of any requested City fee or permit waivers and/or staff time)

**Eligibility Requirements:**

Please answer the following questions:

- |   | Yes                      | No                                  |
|---|--------------------------|-------------------------------------|
| 1. Have you or will you be receiving funding in Fiscal Year 2015/2016 for this program from other City sources? | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 2. Are you aware of any other City program providing this service?<br>If so, which one? _____                   | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

***If you answered yes to any of these questions, your request may not be eligible for this grant program. Please contact the City Clerk at the City of Calistoga at (707) 942-2807 for further information, if desired.***

**Program Description/Scope** (please use additional pages if necessary):

*Describe your program:*

Calistoga Christmas Faire (CCF) went to new heights in 2015 as a result of the partnership created between the Calistoga Community Christmas Bazaar and the Napa County Fair Association which went on to forge a mutually beneficial relationship with the Calistoga Art Center, and teamed up its marketing efforts with the Calistoga Chamber of Commerce and the Holiday Village promotions to make Calistoga a place to be during the holidays.

continued...

*How will this program benefit the Calistoga Community? How will the program address the following City Council's adopted Enrichment Objectives*

*"Will the activity or program...":*

1. Provide services to the elder community?
2. Provide services to youth in the community?
3. Expand services to members of the Hispanic community?
4. Provide community specific environmental enhancements?
5. Enhance the appearance of the community?

Since this event is open to all and free, we feel that it provides a service to the entire community. It enhances the appearance of the community while also offering a wonderful complement to the Chamber's Holiday Village and Lighted Tractor Parade. With new partnerships, we are confident that this event will grow and prosper with continued support from the community. This is an event for everyone and has always been attended by all segments of the community.

**Funding Request**

Identify the funding requested and the proposed use of funds.

- Cash
- In-kind funding (fee waivers, staff time cost waiver, rental fee waivers, etc.)

Cash. \$750 by 10/1/16; \$750 by 12/15/16.

**What will be the estimated percent of Calistoga Residents Served by this program** \_\_\_\_\_

**Applicant Background:**

This applicant is a (an):

- Non - Profit
  Tax Exempt  
 Local Public Agency
  State or other Public Agency  
 Other \_\_\_\_\_



## Program Description/Scope

...continued...

In 2016, the Calistoga Community Christmas Bazaar donated its proceeds to the Napa County Fair Association in order to take Calistoga's Christmas Faire to even greater heights.

CCF is a 47 year old tradition that offers a venue for nonprofits and for-profit vendors to sell their arts, crafts, and gifts to the community. In 2015, CCF was further enhanced with food demonstrations, baking contests, games, prizes, live music, and visits from Santa for both people and pets, surrounded in an ambience of holiday cheer.

For 2016, plans are underway to enhance the free entertainment to include the Breakfast with Santa (previously a pay-to-participate component), greater outreach to community members to participate in the variety of baking, canning, and sewing competitions offered, development of a webpage specific to Calistoga's Christmas Faire, and investment into the infrastructure to support this annual community event in the form of pipe and drape purchases (rather than annual rental) and quality decorations.

### Timeline

Save the date postcards sent to vendors	8/1/2016
Invitations mailed to past vendors	9/1/2016
Contract professional and entertainment services	9/1/2016
<i>Breakfast with Santa</i>	
<i>Santa for Pets</i>	
<i>Carolers</i>	
<i>Pianist</i>	
<i>Chef</i>	
Purchase pipe & drape	9/15/2016
Schedule marketing	10/1/2016
Print marketing collateral	10/15/2016
Order directional and event signage	11/1/2016
Distribute posters, rack cards, etc.	11/1/2016
Decorate	11/28/2016
Install pipe & drape	12/1/2016
Vendor move-in	12/2/2016
Event	12/3/2016
Vendor move-out and clean up	12/4/2016

Marketing	Start	End
Online presence		
<i>NapaCountyFair.org, .com</i>	8/1/2016	
<i>Highway Digital Billboard</i>	11/1/2016	12/3/2016
<i>VisitCalistoga.com</i>	8/1/2016	12/3/2016
<i>VisitNapaValley.com</i>	11/1/2016	12/3/2016

<i>Google AdWords</i>	8/1/2016	12/3/2016	
<b>Print Ads</b>			
<i>Mud City Weekender</i>	11/1/2016	11/30/2016	
<i>Calistoga Tribune</i>	11/4/2016	12/2/2016	weekly
<i>Napa Valley Register</i>	11/23/2016	12/2/2016	
<i>The Weekly Calistogan</i>	11/23/2016	12/2/2016	
<i>St. Helena Star</i>	11/23/2016	12/2/2016	
<b>Newspaper Inserts</b>			
<i>Calistoga Tribune</i>	11/23/2016		
<b>Social Media presence</b>			
<i>Facebook</i>	8/1/2016	12/3/2016	weekly
<i>Twitter</i>	8/1/2016	12/3/2016	as appropriate
<i>Pinterest</i>	8/1/2016	12/3/2016	holiday boards
<b>Radio</b>			
<i>KVYN/KVON</i>	11/21/2016	12/3/2016	
<b>Other Promotions</b>			
<i>Rack Cards</i>	10/1/2016	12/3/2016	
<i>Posters</i>	10/1/2016	12/3/2016	
<i>Check Inserts</i>	11/1/2016	12/3/2016	restaurants
<i>School Flyer</i>	11/14/2016		promoting activities

Years in Business or providing this program: 80 / 47

Number of Employees: 12

Number of Volunteers: 100+

(Please attach an organization chart, if available.)

**Names of all Officers and Board of Directors:**

<u>Name:</u>	<u>Position in Organization and Contact Number:</u>
<u>Carlene Moore</u>	<u>CEO, 707-942-5111</u>
<u>Bob Beck</u>	<u>Chairperson</u>
<u>Don Meyer</u>	<u>Vice Chairperson</u>
<u>Woran Deckard</u>	<u>Treasurer</u>

Karan Schlegel, Anne Steinhauer, Dana Cole, Bonnie Chisholm, Bob Fiddaman, Kerri Hammond-Abreu

**Experience in Program Area:**

Kelly Coudert has been attending this event since childhood and as a participant as a vendor, assistant to director, and director for the past two years.

Carlene Moore has over 25 years experience in special events and fairs.

**Previous City funding received or requested in the past three years:**

Community Enrichment Grant - Calistoga Christmas Faire 2015 \$1500

Grant - Fourth of July Parade 2016 \$7500

Grant - Fourth of July Parade 2015 \$7500

(Please attach a budget for program request including funding schedule.)

**Reporting Requirements:**

A report on how the funds were spent will be required to be filed with the City annually, or when funds are spent, whichever comes first. Proof of program expenses are required to be held for two years during which time the City reserves the right to audit the records.

We agree to adhere to the reporting requirements described above.  Yes  No

**Certification:**

We, the undersigned, do hereby attest that the above information is true and correct to the best of our knowledge. (Two signatures required)

<u>Signature</u>	<u>Christmas Faire Director</u>	<u>7/14/16</u>
<u>Title</u>		<u>Date</u>
<u>Signature</u>	<u>Chief Executive Officer</u>	<u>7/14/16</u>
<u>Title</u>		<u>Date</u>

**CELEBRATE! NAPA VALLEY EVENTS**

Calistoga Christmas Faire	Actual	Budget	NOTES
	2015	2016	
<b>REVENUES</b>			
Grants	7,000	7,500	City of Calistoga, Calistoga TID
Donations		5,700	Calistoga Community Christmas Bazaar
Sponsorships		-	
<b>TOTAL CONTRIBUTIONS REVENUE</b>	7,000	13,200	
Arts & Crafts Vendors	2,260	3,000	
Concessions - Food	1,879	3,000	
<b>TOTAL VENDOR REVENUE</b>	4,139	6,000	
<b>TOTAL REVENUE</b>	11,319	19,200	
<b>OPERATING EXPENSES</b>			
Salaries & Wages - Special Event Temp	1,126	1,200	
Payroll Taxes	86	100	
Worker's Compensation Insurance	59	75	
<b>TOTAL LABOR EXPENSE</b>	1,271	1,375	
Advertising			
<i>Radio</i>	500	500	The Vine 1 week
<i>Print</i>		1,500	
<i>Social Media</i>		500	
Promotional Expense		-	
<i>Newspaper Inserts</i>		250	flyers + insert fees
<i>Posters, Post Cards, Rack Cards</i>	434	1,000	
<b>TOTAL MARKETING EXPENSE</b>	934	3,750	
Licenses/Permits	45	137	ABC & health
Professional Services (Contractual)	1,752	1,000	graphics design, chef
Rental Equipment			
<i>Scissor Lift</i>		-	Donated by Central Valley BS
<i>Pipe &amp; Drape</i>	4,000	2,500	to augment purchase
Signs	320	500	directional/event signage
Supplies and Expense	1,259	1,300	
<b>TOTAL ADMINISTRATION EXPENSE</b>	7,377	5,437	
Entertainment	350	200	pianist
<i>Santa</i>	495	550	3 hours
<i>Pet Santa</i>		300	3 hours
<i>Carolers</i>	695	500	
Decorations	544	500	
Pipe & Drape		5,000	purchase
Ribbons & Awards	164	150	
Insurance		330	liquor liability, revenue protection
Projects		450	crafts and some decorations/fabric
<i>Website Development</i>		500	graphics development
<b>TOTAL PROGRAM EXPENSE</b>	2,248	8,480	
<b>TOTAL EXPENSES</b>	11,830	19,042	
<b>NET PROFIT(LOSS)</b>	(511)	158	

Fair Name

Fair Code

Location

STATEMENT OF OPERATIONS - OPERATING FUND			Reference	Account Number(s)	Jan 1 to Dec 31, 2015
<b>TOTAL NET RESOURCES, January 1</b>					
Net Resources-Unrestricted	Prior Year	29100			\$61,893
Net Resources-Temporarily Restricted	Prior Year	29200			\$0
Net Resources-Restricted	Prior Year	29300			0
Net Resources-Capital Assets, Less Related Debt	Prior Year	29000			1,334,048
Prior Year Audit Adjustment(s)	Prior Year	various			(259)
<b>TOTAL NET RESOURCES, JANUARY 1</b>					1,395,682
<b>RESOURCES ACQUIRED:</b>					
Operating Revenues	from page 2	various			1,447,470
State (Local/Base) Allocation(s) (F&E)	to page 2	31200			30,000
Training Allocation & Other Fiscal & Admin Assistance (F&E)	to page 2	31300			0
Capital Project Reimbursement Funds	to page 2	31900			0
One-time Revenue Sources	to page 2	32500			0
(fire camp, sale of property, capital project audit adj)					
Contributions from Other Gov't (non-F&E) Sources	to page 2	33000			0
Other (e.g. Flex Capital)	to page 2	34000			0
<b>TOTAL RESOURCES ACQUIRED</b>					1,477,470
<b>RESOURCES APPLIED:</b>					
Operating Expenditures	from page 2	various			1,444,108
Depreciation Expense	from page 2	90000			111,738
<b>TOTAL RESOURCES APPLIED</b>					1,555,845
<b>INCREASE/(DECREASE) IN NET RESOURCES DURING THE YEAR</b>					(78,376)
<b>TOTAL NET RESOURCES, December 31</b>					
Net Resources-Unrestricted Undesignated	from Sch 1	29100			12,882
Net Resources-Unrestricted Designated	from Sch 1	29200			0
Net Resources-Temporarily Restricted	from Sch 1	29300			9,069
Net Resources-Permanently Restricted	from Sch 1	29400			0
Net Resources-Capital Assets, Less Related Debt	from Sch 1	29000			1,295,356
<b>TOTAL NET RESOURCES, DECEMBER 31</b>					\$1,317,306

Unrestricted Reserve Percentage

0.89%

  
CEO's Signature

3/7/16  
Date

Celebrate! Napa Valley

2015 Fair Theme

<b>SUMMARY OF OPERATIONS</b>	Reference	Account Number	Jan 1 to Dec 31, 2015
<b>OPERATING REVENUES:</b>			
Admissions to Grounds		41000	\$194,390
Industrial and Commercial Space		41500	4,385
Carnivals		42100	525
Concessions		42200	53,425
Exhibits		43000	11,955
Horse Show		44000	0
Horse Racing (Fairtime Pari-Mutuel)		45000	0
Horse Racing (Satellite Wagering)		45005	0
Fair Attractions		46000	0
Motorized Racing		46109	113,732
Valley Fire Shelter Operations		46009	127,260
Miscellaneous Fair		47000	81,932
Golf Course		47005	185,847
RV Park			437,597
Interim Revenue		48000	179,071
Prior Year Revenue Adjustment		49000	-1,692
Other Operating Revenue		49500	59,045
<b>TOTAL OPERATING REVENUES</b>	to page 1		1,447,470
<b>OPERATING EXPENDITURES:</b>			
Administration		50000	205,986
Maintenance & General Operations		52000	124,806
Publicity		54000	43,220
Attendance Operations		56000	6,027
Miscellaneous Fair		57000	217,113
Golf Course		57005	204,385
RV Park			128,250
Premiums (For Exhibit programs only)		58000	5,805
Exhibits		63000	20,664
Horse Show		64000	0
Horse Races (Fairtime Pari-Mutuel)		65000	0
Horse Races (Satellite Wagering)		65005	0
Fair Entertainment Expense		66000	118,295
Motorized Racing		66109	67,966
Valley Fire Shelter Operations		66009	118,191
Interim Expense			161,850
Equipment (Funded by Fair)		87500	9,160
Prior Year Expense Adjustment		85000	682
Cash (over/under)		80000	11,707
Other Operating Expense		94000	0
<b>TOTAL OPERATING EXPENDITURES</b>	to page 1		1,444,108
<b>NET OPERATING PROFIT/(LOSS) BEFORE DEPRECIATION</b>			\$3,362
Depreciation Expense	to page 1 & sch 7	90000	111,738
<b>NET OPERATING PROFIT/(LOSS) AFTER DEPRECIATION</b>			<b>(\$108,376)</b>
State (Local/Base) Allocation	from page 1	31200	30,000
Training Allocation & Other Fiscal & Admin Assistance (F&E)	from page 1	31300	0
Capital Project Reimbursements	from page 1	31900	0
Other Funds (e.g. County, Supplemental, Fiscal Ass't)	from page 1	Various	0
<b>NET PROFIT/(LOSS) BEFORE DEPRECIATION</b>			\$33,362
<b>PROFIT MARGIN RATIO BEFORE DEPRECIATION</b>			2%
<b>NET PROFIT/(LOSS) AFTER DEPRECIATION</b>			<b>(\$78,376)</b>
<b>PROFIT MARGIN RATIO AFTER DEPRECIATION</b>			-5%



**CITY OF CALISTOGA**

**COMMUNITY ENRICHMENT GRANTS  
FY 2016-2017 APPLICATION**

**Deadline: Friday, July 15, 2016 at 4:30 P.M.**

**Submit to:**

City Clerk's Office  
1232 Washington St  
Calistoga, CA 94515  
Attn: Kathy Flamson

CITY OF CALISTOGA

CITY CLERK

**JUL 15 2016**

*Please complete the following. You may attach additional pages if necessary.*

**RECEIVED**

Name of the Program: Rianda House - Calistoga Senior Community Programming

Name of Applicant/Organization: Rianda House Senior Activity Center

Address: See attached for full application submission

Phone: ( ) - - FAX ( ) - -

Contact 1) \_\_\_\_\_  
*name* *phone*

\_\_\_\_\_

*e-mail*

Contact 2) \_\_\_\_\_  
*name* *phone*

\_\_\_\_\_

*e-mail*

Non-Profit Corporation Designation: \_\_\_\_\_

Federal Tax ID # or Social Security #: \_\_\_\_\_

**Amount of Grant Request\*: \$** \_\_\_\_\_

(\*This amount should include the value of any requested City fee or permit waivers and/or staff time)

**Eligibility Requirements:**

Please answer the following questions:

- |   | Yes                      | No                       |
|---|--------------------------|--------------------------|
| 1. Have you or will you be receiving funding in Fiscal Year 2015/2016 for this program from other City sources? | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Are you aware of any other City program providing this service?<br>If so, which one? _____                   | <input type="checkbox"/> | <input type="checkbox"/> |

***If you answered yes to any of these questions, your request may not be eligible for this grant program. Please contact the City Clerk at the City of Calistoga at (707) 942-2807 for further information, if desired.***

**City of Calistoga Community Enrichment Grant Application FY 2016/17**

**Name of the Program:** Rianda House -- Calistoga Senior Community Programming

**Name of Organization:** Rianda House Senior Activity Center

**Address:** 1475 Main Street, St. Helena, CA 94574

**Phone:** 707-963-8555                      **FAX:** n/a

**Contact 1)** Julie Spencer, Executive Director                      707-963-8555  
[Julie@riandahouse.org](mailto:Julie@riandahouse.org)

**Contact 2)** Mary Sherman    707-963-8555  
[mary@riandahouse.org](mailto:mary@riandahouse.org)

**Non-Profit Corporation Designation:** 501 (C) (3)

**Federal Tax ID #:** 20-2411077

**Amount of Grant Request:** \$4,700

**Eligibility Requirements:**

- 1) Have you or you be receiving funding in Fiscal Year 2015/16 for this program from other City sources? No
- 2) Are you aware of any other City program providing this service? No

**Program Description/Scope**

*Describe your program:*

This grant request is intended to our expand Rianda House programming for seniors in Calistoga to include: Tai Chi Exercise Class (weekly); Amistad y Apoyo (Friendship & Support) Group for Latino Seniors (weekly), and a Current Events Senior Discussion Class (2x/month). These new classes and activities join our current robust satellite programming offered in Calistoga: ConverSaytions (topical discussions for older adults to encourage socialization, thereby allaying feelings of isolation and depression so prevalent among seniors), and our monthly Lunch N' Learn Series (offered in partnership with St. Helena Hospital and the UpValley Family Center and funded by proceeds from the Auction Napa Valley.) ***Continued on Attachment A.***

*How will this program benefit the Calistoga community? How will the program address the following City Council's adopted Enrichment Objectives "Will the activity or program..."*

1. Provide services to the elder community? **Yes**
3. Expand services to members of the Hispanic community? **Yes**



All of our proposed classes serve the Calistoga elder community: a weekly Tai Chi Exercise Class for Seniors, a twice-monthly Current Events Senior Discussion Group, and a weekly Amistad y Apoyo Latino Support Group specifically serves older adult members of the Hispanic community.

**Funding Request**

Identify the funding requested and the proposed use of funds.

Cash

In-kind funding (fee waivers, rental fee waivers)

Breakdown: \$2,500 Tai Chi Weekly Class - weekly  
1,500 Amistad y Apoyo Latino Senior Support Group - weekly  
600 Current Events Senior Discussion Group - 2x/month  
100 Administrative/Marketing

The \$4,700 grant request includes a presumption of rental fee waiver for use of the Calistoga Community Center facility for our senior classes.

**What will be the estimated percent of Calistoga Residents Served by this program?**

100%

**Applicant Background:**

This applicant is a:

Non-Profit

Years in Business or providing this program: 8

Number of Employees: 3

Number of Volunteers: 45

**Names of all Officers and Board of Directors:**

Name:

Position in Organization and Contact Number:

Kristine Coryell, Ph.D

Chair - Board of Directors

Priscilla Upton

Vice-Chair – Board of Directors

Al Pepin

Treasurer – Board of Directors

Harry Sparrow

Secretary – Board of Directors

Carol Gruetzner

Board Member

Jim Aldred

Board Member

Irais Lopez

Board Member

Martha May

Board Member

Julie Spencer

Executive Director

**Experience in Program Area:**

Julie Spencer, Executive Director of Rianda House, has held this position since our Center opened its doors in May of 2008. She has seen attendance at Rianda House programs grow or surpass 10% in each of the eight years of operation. Now serving over 976 UpValley seniors annually, this is a testament to the distinct needs of seniors (and their family members and caregivers) seeking senior programming tailored to the distinct needs of the older adult population navigating the challenges and opportunities of aging.

**Previous City funding received or requested in the past three years:**

None



**Reporting Requirements:**

A report on how the funds were spent will be required to be filed with the City annually, or when funds are spent, whichever comes first. Proof of program expenses are required to be held for two years during which time the City reserves the right to audit the records.

We agree to adhere to the reporting requirements described above.  Yes

**Certification:**

We, the undersigned, do hereby attest that the above information is true and correct to the best of our knowledge. **(Two signatures required)**

	Executive Director	7/15/16
	Board Chair	7/15/16

**Attachment A:**

Rianda House Senior Activity Center has established itself as the pre-eminent UpValley center for senior health and wellness resources; educational, recreational and cultural activities; mental health support groups and counseling; legal aid and financial advising; and reference information geared toward helping seniors live safely and independently in our community. We offer programming in our Main Street, St. Helena facility (as well as a few borrowed spaces through the Parks & Rec Dept. and local churches) and at the Calistoga Community Center to expand access to the older adult population living in northern Napa County. Our best practice programming and supportive service resources continue to be in-demand, and we are looking forward to another year of expanded offerings to meet this mandate.

Critical to ensuring the physical health, emotional well-being, mental acuity, and safety of seniors, we offer three "pillars" of programming delivering prevention strategies, offered at no-to-low cost to appeal to seniors (ages 65+) at every socio-economic level:

**HEALTHY MINDS, HEALTHY BODIES** programs offer a full complement of prevention services addressing challenges of aging and keeping older individuals mentally and physically fit, allowing seniors to maintain long-term health and their ability to remain independent. For example, our wellness classes, seminars, and one-on-one counseling, include: brain fitness,

strength training, tai chi, falls prevention, senior nutrition, chronic disease prevention, congregate meals, and health screenings.

**“Amistad y Apoyo”** (Friendship & Support) delivers programs in Spanish on topics of special interest to Latino elders such as: chronic disease management, diabetes prevention, grief support, and nutrition. Included are focused arts and other aspects of Hispanic culture for group participation. We offer a weekly support group for Latino elders at-risk for depression.

**COMMUNITY CONNECTIONS** provides a safety net of comprehensive services for seniors, families, caregivers and concerned individuals. As a gatekeeper for Napa County Adult Protective Services, we identify seniors at-risk for elder abuse, fraud, and self-neglect. On-site counseling by senior-serving agencies such as: Legal Aid, Caregiver Support, Mental Health, and Health Insurance Counseling, provide help in navigating these complex areas.

**FRIENDS FOR LIFE** programs provide socialization opportunities, relieving feelings of isolation and depression widespread among seniors. For people aged 65+, the suicide rate in Napa County is 21.6 per 100,000 (highest rate of any age group) – more than twice that of both the county and national averages.

The new Calistoga classes and activities are components of our **Healthy Minds, Healthy Bodies** and **Friends for Life** programs. The grant support will help to cover marketing outreach for both the new programming, as well as administrative overhead.

**Goals:**

The overarching goal of Rianda House programs is for participants to enhance their ability to remain independent, reducing long-term costs of care for individuals, families and the public health care system.

In addition, Rianda House seeks to:

- **Maintain quality of wellness programming:** The indisputable fact of life for our senior demographic is that they all “matriculate out” of our programs eventually. Hopefully, this natural attrition occurs after our older senior clients have enjoyed an enhanced quality of life due to program participation during their final years. Rianda House best practice programs such as Tai Chi exercise classes encourage physical and mental exercise tailored for older adults as a preventative strategy supporting healthy, independent living for as long as possible.

We have determined that peripheral benefits of social and creative expression activities across senior constituencies (current events, crafts, art, poetry, writing, language groups, etc.) successfully address issues of senior isolation and depression, as well as brain elasticity throughout the older adult years.

- **Ease of access to programming:** Currently, 20% of Rianda House participants hail from Calistoga. We will continue to expand our efforts in two areas: transportation and outreach to outlying areas. We will continue to promote the new St. Helena &

Calistoga Shuttle service within the city limits to attract more participation. We continue to host meetings for those interested in becoming drivers for Molly's Angels; promote the NCTPA Transit Ambassador program and mileage reimbursement program; offer AARP safe driving classes; and encourage more ride sharing within our community. We will increase Calistoga senior participation by strengthening collaborations with the Calistoga Recreation Services and the UpValley Family Resource Center to offer more satellite programs.

The Amistad y Apoyo support group for Latino elders has been particularly successful in St. Helena and a need has been expressed for a similar group in Calistoga. It will meet on a weekly basis to create a bond with the Latino elder participants as swiftly as possible.

Rianda House uses several communication platforms to ensure that the community is aware of the program offerings offered each week. Rianda House has a website featuring our calendar, St. Helena Star, Calistoga Tribune and Weekly Calistogan press releases and calendar postings, Facebook page, email blasts to our email list, and a monthly calendar "snail-mailed" to our postal mailing list.

The majority of our classes and activities are offered no-to-low-cost, and no one is prohibited from attending if he/she cannot afford the nominal fee.

#### **Our Senior Participants:**

In 2016, we expect to serve a total of 976 unduplicated clients in Rianda House (St. Helena and Calistoga) programs, ranging in age from 55 – 100 years old, accounting for 11,561 total visits.

- Female – 77.9%, Male – 22.1%
- 80% Caucasian, 20% Latino
- Primary Language: 80% English, 20% Spanish
- Age: 50 – 64: 10%, 65 and above: 90%
- 20% Calistoga/ 70% St. Helena/ 10% Napa & Other Areas
- 80% Live alone

Of utmost importance, our in-house survey reveals 32% our clients live on the federal poverty guideline, unable to meet basic living expenses. Another 15% fall just above this level.

Approximately 48% of our Latino elders live at or below the traditional poverty guideline.

Rianda House served as the UpValley hub to distribute and collect the 2015 HAPI Senior Surveys, which were subsequently aggregated with the senior surveys collected from southern Napa Valley. Rianda House worked with a Calistoga group to distribute and collect 481 completed surveys, accounting for 46% of the total. Data assessment from this survey was recently presented at the Napa County Senior Symposium, and revealed chronic and emerging senior health, wellness, economic viability, and housing challenges unique to the Napa County senior demographic.

**Importance of Senior Center Programs:**

Like the 11,000 senior centers across the United States, Rianda House functions as a community focal point, providing a locus for community health and wellness best practices programming. Municipalities rank their senior centers, schools, libraries, and teen centers as top funding priorities because the health of the community is measured by how well the senior population is thriving, along with how well the youth is educated and how well families are supported.

At Rianda House, the Executive Director often declares that, “we don’t card at the door” and the environment is purposefully welcoming and supportive. While older adults find resources and programs tailored to their life-stage(s) through Rianda House, family members, caregivers and neighbors of all ages also use Rianda House as a clearing house for information related to the challenges of helping someone coping with chronic disease, or simply for the intellectual stimulation found in lectures and classes.

In 8 short years of existence, Rianda House has become a hub for “all things senior” and as such, offers credibility and authority with state-of-the-art programs tailored to the distinct needs, opportunities and challenges of an aging population.

**Operating Budget Attachment B**

Tai Chi Weekly Exercise Class for Seniors:

Teacher wages are \$50/hour x 50 weeks \$2,500

Amistad y Apoyo Latino Senior Support Group:

Class Materials/Snacks \$30 per class x 50 mtgs \$1,500

Current Events Senior Discussion Group:

Teacher Stipend is \$50 per 2-hour session 2x/month \$ 600



Rianda House Administrative/Marketing Support: \$ 100

Total \$4,700



# RIANDA HOUSE SENIOR ACTIVITY CENTER ~ JULY 2016 CALENDAR

1475 Main Street, St. Helena ~ Monday thru Friday 9:00am - 4:00pm ~ www.riandahouse.org (707) 963-8555

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Rianda House Lunch Bunch</b> Enjoy a nutritious meal with friends Mon., Tues. &amp; Fri. Noon. Call to make reservations the day before your meal: 963-8555 For home delivered meals: Call Meals on Wheels (707) 253-6111</p>	<p><b>SAVE THE DATE!</b> Author's Talk: "Not Quite Kosher" with Robert Winters Wednesday, August 3 at 3:00 pm What is Normal Aging: AAOA Wednesday, August 10 at 3:00 pm Travelogue: Panama Canal Mariam Hanson Wednesday, August 24 at 3:00 pm</p>	<p><b>Rianda House</b> is a non-profit funded by grants and donations. Attendance is free unless otherwise noted. Your generous donation, of any amount, is greatly appreciated! <i>See the monthly Wrinkle: Some classes require pre-registration. Please RSVP when requested.</i></p>	<p><b>The Kut-Ups</b> Thursday, July 14th - \$49 ticket Spreckels Performing Arts Center, Rohnert Park Rianda House Pick-Up: 10:30 am Must register by June 30th: (707) 944-8712</p>	<p>10:00 ConverSAYtions in Calistoga 12:00 Lunch Bunch 1:00 Mah Jongg and Table Games 1:15 Current Events</p> 
<p>4 <b>HAPPY BIRTHDAY</b> <b>RIANDA HOUSE CLOSED</b></p>	<p>5 7:30 Strength Training - Presby Church 10:00 Amistad y Apoyo 10-1 Senior Resource Specialist 12:00 Lunch Bunch</p> 	<p>6 9:30 Brain Fitness Workout 11:30 Caregiver Consultation &amp; Memory Screening 1:15 PRW! Moves for Parkinson's</p>	<p>7 7:30 Gents &amp; "A Cuppa Joe" 7:30 Strength Training - Presby Church 10-12 Bridge Lessons 12:30 Needlers &amp; Fiber Arts Club 3:00 Support Group for Caregivers of folks with Memory Loss</p>	<p>8 12:00 Lunch Bunch 1:00 Mah Jongg and Table Games 1:15 Current Events</p>
<p>11 9:30 French Club 10:40 Tai Chi (new time) 12:00 Lunch Bunch 12:30 Duplicate Bridge 1:30 Aspects of Spirituality #1 of 8 3:45 Write Your Autobiography/ Memoir - Ana Manwaring</p>	<p>12 7:30 Strength Training - Presby Church 10:00 Amistad y Apoyo 10:30 Victim's Services Advocate - with Irma Luna 10-1 Senior Resource Specialist 12:00 Lunch Bunch 3:00 Readers' Theater</p>	<p>13 9:30 Brain Fitness Workout 11:00 Lunch &amp; Learn in Calistoga 1:15 PRW! Moves for Parkinson's 3:00 Let's Talk Dementia with Collaboria Care and Alzheimer's Association</p>	<p>14 7:30 Gents &amp; "A Cuppa Joe" 7:30 Strength Training - Presby Church 10:00 Health Screening 10:30 The Kut-Ups Performance (return 4:30) 12:30 Needlers &amp; Fiber Arts Club 3:30 Parkinson's Support Group</p>	<p>15 10:00 ConverSAYtions in Calistoga 12:00 Lunch Bunch 1:00 Mah Jongg and Table Games 1:15 Current Events</p>
<p>18 9:30 French Club 10:40 Tai Chi (new time) 12:00 Lunch Bunch 12:30 Duplicate Bridge 1:30 Aspects of Spirituality #2 of 8 3:45 Write Your Autobiography/ Memoir - Ana Manwaring</p> 	<p>19 7:30 Strength Training - Presby Church 9-12 Health Insurance Counseling 10:00 Amistad y Apoyo 10-1 Senior Resource Specialist 12:00 Lunch Bunch 3:00 Readers' Theater</p>	<p>20 9:30 Brain Fitness Workout 1:15 PRW! Moves for Parkinson's 3:00 Goddess of Garbage with Carol Tanzi</p> 	<p>21 7:30 Gents &amp; "A Cuppa Joe" 7:30 Strength Training - Presby Church 10:00 Bridge Lessons 12:30 Needlers &amp; Fiber Arts Club</p>	<p>22 12:00 Lunch Bunch 1:00 Mah Jongg and Table Games 1:15 Current Events</p>
<p>25 9:30 French Club 10:40 Tai Chi (new time) 12:00 Lunch Bunch 12:30 Duplicate Bridge 1:30 Aspects of Spirituality #3 of 8 3:45 Write Your Autobiography/ Memoir - Ana Manwaring</p>	<p>26 7:30 Strength Training - Presby Church 10:00 Amistad y Apoyo 10-1 Senior Resource Specialist 12:00 Lunch Bunch 3:00 Readers' Theater</p> 	<p>27 9:30 Brain Fitness Workout 1:15 PRW! Moves for Parkinson's 3:00 Napa Valley Food Evolution with Antonia Allegra</p>	<p>28 7:30 Gents &amp; "A Cuppa Joe" No Strength Training classes til Aug 23 10:00 Bridge Lessons 12:30 Needlers &amp; Fiber Arts Club</p> 	<p>29 12:00 Lunch Bunch July Birthdays Celebration! 1:00 Mah Jongg and Table Games 1:15 Current Events</p> 

# THE MONTHLY WRINKLE

## JULY 2016

### Rianda House Senior Activity Center

1475 Main Street, St. Helena, CA 94574

707-963-8555 [www.riandahouse.org](http://www.riandahouse.org)

Proud sponsor of memorable senior moments!

Rianda House is committed to providing UpValley seniors with programs, support services and experiences that stimulate minds, strengthen bodies and promote independent living through education, recreation and social involvement.

#### *Curious Minds Of All Ages Welcome!*

Rianda House Senior Activity Center is a 501 c3 non-profit organization funded solely by grants, fundraisers, and contributions. Donations of any size are much appreciated and help us to provide these UpValley programs and services at little to no cost. **Thank you!**

**Arts & Events:** Please let us know you're coming! RSVP: 963-8555

**ConverSAYtions in Calistoga: 1st and 3rd Fridays, July 1 & 17, 10:00 - 11:30 am**, with Toni Allegra, professional coach and author and Jim Haslip, Educator. Calistoga Community Center, 1307 Washington St. Explore and share ideas, stories, experiences and perspectives with others about a wide range of intriguing and mind-opening topics. July 1st: Create a photo story. July 15th: Positive news source story. Co-sponsored by Calistoga Rec Services and Rianda House.

**Let's Talk Dementia: Tips for Making Difficult Conversations Easier: Wednesday, July 13, 1:00 - 3:00 pm.** When someone is showing signs of dementia, it is time to talk. The conversations can be challenging. This program will give tips on how to make it go more smoothly. Presented by the Alzheimer's Association & Collabria Care. RSVP: 707-573-1210.

**Goddess of Garbage: Wednesday, July 20, 3:00 - 4:30 pm.** Carol Tanzi, ASID, CID, also known as the Goddess of Garbage, is a high energy, award - winning interior designer whose very life and work epitomizes her mission statement: "To educate, inform, and show the world a new way to approach recycling using upcycling and reuse as a design style for interiors." RSVP: (707) 963-8555.

**Napa Valley Food Evolution!: Wednesday, July 27, 3:00 pm.** Food writer/poet Antonia (Toni) Allegra has lived and created in St. Helena over the last 30 years. Join her to hear her insightful observations about the local food scene from home-based cozy to FABULOUS! She will talk about the "Food Gold Rush of Napa Valley," as well as share her keen and funny observations about food and how it plays a role in everyone's life. Half-hour open presentation, half-hour Q&A. Oh, yes, there will be something special to eat! RSVP: (707) 963-8555.



### Become a Rianda House volunteer!

There are many opportunities, both short term and long term to consider. Call Mary at 963-8555 to discuss the exciting possibilities.



**Short Term Classes and Workshops: Pre-Registration REQUIRED: 963-8555**

**Lunch & Learn in Calistoga: Monthly, 3rd Wed., July 20, 11am - 1:30 pm.** Calistoga Community Center 1307 Washington St. Different topics and activities monthly, bilingual and free attendance! Co-sponsored by Rianda House, UpValley Family Center, St. Helena Hospital & Calistoga Recreation Service. Lunch provided, RSVP required. Call Elena Mendez (UVFC) at 341-3185 to reserved your lunch. July: All About Calistoga & Sharpsteen Museum.

**Write Your Autobiography/Memoir: Mondays, June 6-July 25, 3:45 - 6:15 pm.** Napa Valley College Professor, Ana Manwaring. This course, for beginning or seasoned writers, gives you the tools you need to begin shaping stories from the rich, raw material of your life. Ana Manwaring, is a columnist, novelist and editor. Non-credit class. No fee.

#### Excursions

**KUT-UPS: Thursday, July 14**, Rianda House is working with Yountville Parks & Rec and Calistoga Rec to offer various excursions to UpValley residents. The Kut-Ups is a musical revue at Spreckels Center in Rohnert Park. Leave RH at 10:30 am, return 4:30 pm, \$49. Must call by June 30 to register: 944-8712. Watch the calendar for other upcoming events at [www.townofyountville.com](http://www.townofyountville.com) or call 707-944-8712.

**Ongoing Weekly Activities: Drop in, make some new friends and have a great time!**

**Aspects of Spirituality: Mondays, 1:30 - 3:00 pm.** In this informal seminar, the facilitator and participants gather weekly to discuss a chapter of the book selected for the series. Discussions are lively! Next book (starting July 11): *The Gnostic Gospels* by noted biblical scholar Elaine Pagels. 8 weekly meetings. Summer session: **July 11 - August 29.** Led by Theresa Meyer. \$40 fee.

**Brain Fitness Workout: Wednesdays, 9:30 - 11 am.** Be proactive with your brain health and learn good memory tips that are innovative, fun, and reflect the latest in brain science. Led by Jill Wood, MSW from Collabria Care (formally NV Hospice & Adult Day Services) 707-258-9087 ext. 250. People just love this highly interactive and uplifting class. Join the fun, give your brain a workout and learn new memory tips! Collabria's Fee: \$5 per workout.

**Bridge Lessons: Thursdays, 10 am - noon.** Advanced beginners and intermediate level, with Randi Montin. Pre-registration required. Call Randi 253-2132. \$20 per class. (No class July 14th.)

**Current Events: Fridays, 1:15 - 3:15 pm.** Explore challenging topics and discuss current events. Facilitated in summer by class members. \$5/class drop-ins.

**Duplicate Bridge: Mondays, 12:30 - 4:00 pm.** Call to sign up: Wendy (707) 321-4707. Appropriate for advanced players.

**French Club: Mondays, 9:30 - 11:00 am.** Self-guided discussions in French. All ability levels welcome.

**NEW: Gents & "A Cuppa Joe": Thursdays, 7:30 - 8:30 am.** Calling all gents: Come, share "A Cuppa Joe," swap stories and experiences with friends and neighbors. Call Carroll Cotton for details: (707) 967-9865.

**Mah Jongg and Games: Fridays, 1 - 4 pm.** Mah Jongg - intermediate level. Card and board games. All players welcome! Want a different game? Come in and start one or join one — we've got gobs of games!

**Needlers & Fiber Arts Club: Thursdays 12:30 - 3:00 pm.** A casual, encouraging, fun and helpful handicraft circle. Some materials available. All levels welcome! Anyone with spare yarn is asked to donate it to the Needlers Club.

**"PWR Moves": Wednesdays, 1:15 - 2:15 pm.** Joan Comendant, certified PWR Trainer, leads this movement class for individuals living with Parkinson Disease and Essential Tremors. Designed to increase strength, flexibility, coordination, balance and posture. The goal is to enhance motor, cognitive, emotional well-being and day-to-day quality of life. Limited to 12, Call to RSVP. *Thanks to the National Parkinson's Foundation for funding this program!*

**Readers' Theatre: Tuesdays, 3:00 - 4:30 pm.** This group reads and acts out various entertaining and age appropriate skits from "Senior Theatre Resource Center." The best part is NO memorizing!! Drop in and give it a try ... stay and be part of the troop that performs. Questions? Call leader BJ Hopgood: 707-341-3425. (No class July 5.)

**Strength Training for Seniors: Tuesdays & Thursdays, 7:30 - 8:30 am.** Class at Presbyterian Church - 1428 Spring Street, St. Helena. Enhance muscle strength and tone - all levels welcome. Taught by Kathy Carrick. \$5 per workout. (No class: 7/27 - 8/2).

**TAI CHI with Joan Comendant: Mondays, 10:40 am - 11:30 am (please note new time).** Tai Chi is a combinations of slow meditative movements that promotes better balance, more leg strength, more energy and improved overall well being. \$5 a class.

**En Español: Preguntas? Llamar a Cuca Martin: 963-4208 Bienvenido a todo el mundo**

**Amistad y Apoyo: (Friendship & Support)** Hay un grupo de personas que hablan español que se reúnen para platicar sobre temas acerca de la salud física y emocional. Es una manera para ofrecer apoyo y amistad a cada uno. Cada martes de las 10 hasta las 12. Cada semana mientras nuestro reunión, una especialista bilingüe en recursos viene para ayudarnos.

**Hot Meals from Meals on Wheels**

**Rianda House Lunch Bunch: Mondays, Tuesdays and Fridays: noon - 1 pm.** Join us for great meals and social time. Suggested \$3.00 donation for 60+ and \$6.75 if under 60. RSVP required the day before 963-8555.

Have a birthday this month? Join us on the 4th Friday, to celebrate: **July Birthday Lunch: Friday, July 29, RSVP: 963-8555.**

**Meals On Wheels /Senior Nutrition of Napa Valley** makes deliveries to UpValley homebound individuals of all ages. \$3.00/meal, Monday—Friday. For more information and sign-up, call Meals On Wheels: **707-253-6111**



## Wellness, Counseling and Support Groups: July 2016

**Caregiver Consultations & Memory Screenings with Napa Hospice & Adult Day Services:** 1st Wed each month, July 6, 11:30 am - 1:00 pm. Call Jill Wood at NVHADS 707-258-9087 ext. 250 to pre-schedule your appointment.

**Support Group for Caregivers of Folks with Memory Loss:** 1st Thursday each month. July 7, 3:00 - 4:30 pm.

For persons who care for others with memory loss. Drop-ins welcome. For more details, call either: Alzheimer's Assoc. at 573-1210 or Collabria Care (former NV Hospice & Adult Day Services) 258-9087/ Jill Wood @ ext. 250.

**Senior Resource Specialist:** Tuesdays, 10:00 am - 1:00 pm. Need help finding the right resource? Receive one-on-one bilingual guidance to help you locate and receive supportive senior services that match your individual needs. Call Healthy Minds Healthy Aging 251-2058 to speak with a resource specialist. Home visits are available by appointment. This is a no cost service from the Area Agency on Aging.

**Victim Services Advocate Irma Luna:** 2nd Tuesday each month. July 12, 10:30 am - 12:00 pm. If you or someone you know is a victim of a crime, scam, abuse or eviction, or in a crisis situation, Irma Luna from the Napa County District Attorney's Office can help! She'll listen to you and refer you to the appropriate assistance. Drop-ins welcome. Bilingual support available. You can also call Irma on her direct line for additional assistance: 707-299-1411.

**Free Health Screening by St. Helena Hospital:** Thursday, July 14, 10:00 am - noon. No appointment or fasting necessary. Screenings are for Total Cholesterol, HDL, Blood Pressure, Body Composition, and Blood Sugar.

**Parkinson's Information and Support Group:** 2nd Thursday each month. July 14, 3:30 - 4:30 pm. Appropriate for individuals with any level of Parkinson's disease or for anyone who cares for someone with Parkinson's. Dr. Jacqueline Tran, St. Helena Hospital Neurologist, leads this monthly Parkinson's Information and Support Group.

**HICAP:** (Health Insurance Counselors & Advocacy Program) offers free individual counseling sessions with a Medicare benefits and Insurance specialist. One-hour sessions are offered the 3rd Tuesday, each month, July 19, between 9:00 to noon. Appointments must be pre-scheduled, call HICAP 707-526-4108.

### Dementia Conversations: Tips for Making Difficult Conversations Easier

Wednesday, July 13, 2016

1:00 pm to 3:00 pm

Program is free, reservations are requested.

Please Call: 707.573.1210



When someone is showing signs of dementia, it's time to talk.

Often, conversations with family about dementia and their changing behaviors can be challenging and uncomfortable. Common difficult conversations are about: Going to the doctor, deciding when to stop driving and making legal and financial plans. This program will give tips on how to make those conversations go more smoothly.



Presented by:  
alzheimer's association

## Goddess of Garbage

with Carol Tanzi  
Wednesday, July 20th  
3:00 - 4:30pm

Carol Tanzi, ASID, CID, also known as the Goddess of Garbage, is a high energy, award-winning interior designer whose very life and work epitomizes her mission statement: "To educate, inform, and show the world a new way to approach recycling using upcycling and reuse as a design style for interiors."

Attendance is free, donations appreciated!

RSVP: Rianda House (707) 963-8555



## Napa Valley Food Evolution

a personal view

Wednesday, July 27th at 3:00 pm



Food writer/poet

**Antonia (Toni) Allegra**

will discuss her keen observations about the local food scene from cozy home meals to FABULOUS! She will talk about the "Food Gold Rush of Napa Valley," as well as share her keen and funny observations about food and how it plays a role in everyone's life. Come join Toni who is on fire for food in our wine and food valley.

Attendance is free,  
donations appreciated!



RSVP: Rianda House (707) 963-8555

## Resources, Counselling & Support Groups

**Caregiver Consultations & Memory Screenings with Collabria Care:** 1st Wednesday each month, 11:30 am - 1:00 pm.  
Call Jill Wood at Callabria Care: 707-258-9087 ext. 250 to pre-schedule your appointment. Sorry, no appt. in August.

**Support Group for Caregivers of Folks with Memory Loss:** 1st Thursday each month. August 4, 3:00 - 4:30 pm.  
For persons who care for others with memory loss. Drop-ins welcome. For more details, call either: Alzheimer's Assoc. at 573-1210 or Collabria Care (former NV Hospice & Adult Day Services) 258-9087/ Jill Wood @ ext. 250.

**Senior Resource Specialist:** Tuesdays, 10:00 am - 1:00 pm. Need help finding the right resource? Receive one-on-one bilingual guidance to help you locate and receive supportive senior services that match your individual needs. Home visits are available by appointment. This is a no cost service from the Area Agency on Aging, an AAOA and Mentas program. Call Healthy Minds Healthy Aging 251-2058 to speak with a resource specialist.

**Victim Services Advocate Irma Luna:** 2nd Tuesday each month. August 9, 10:30 am - 12:00 pm. If you or someone you know is a victim of a crime, scam, abuse or eviction, or in a crisis situation, Irma Luna from the Napa County District Attorney's Office can help! She'll listen to you and refer you to the appropriate assistance. Drop-ins welcome. Bilingual support available. You can also call Irma on her direct line for additional assistance: 707-299-1411.

**Parkinson's Support Group & Information:** 2nd Thursday each month. August 11, 3:30 - 4:30 pm. Appropriate for individuals with any level of Parkinson's disease or for anyone who cares for someone with Parkinson's. Dr. Jacqueline Tran, St. Helena Hospital Neurologist, leads this monthly Parkinson's Information and Support Group. Drop-ins welcome!

**Health Insurance Counselors & Advocacy Program—HICAP:** 3rd Tuesday each month, August 16, 9:00 - noon  
Meet with a Medicare benefits and Insurance specialist for an individual counseling sessions. These one-hour sessions are offered free of charge. Appointments must be pre-scheduled, call HICAP 707-526-4108.

## TRAVELOGUE: PANAMA CANAL: YESTERDAY, TODAY & TOMORROW.



**Mariam Hansen  
Wednesday  
August 24, 3:00 pm**

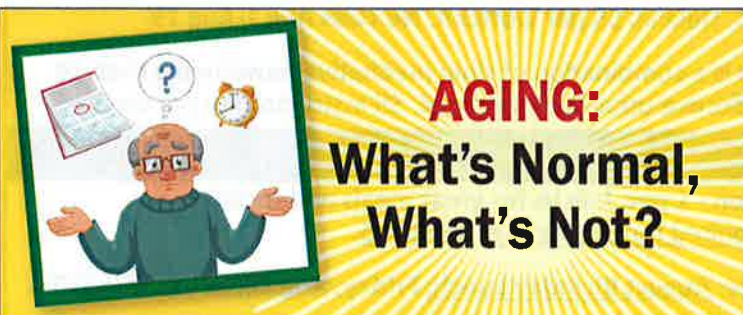
The Hansens crossed from the Atlantic to the Pacific through the Panama Canal in February 2016. Mariam will provide a brief history on the building of this engineering marvel and photos of their transit.

RSVP: (707) 963-8555 ★ ★ ★ ★

Thank you

SOGNI DI  
**DOLCI**  
ESPRESSO GELATO PANINI

for sharing your delicious pastries  
with Rianda House!



## AGING: What's Normal, What's Not?

**WEDNESDAY, AUGUST 10TH AT 3:00 PM**

Do you lose your keys?  
Forget what you came into the room to get?  
Do you wonder if this is normal or not?  
We have answers to these questions and more  
as we explore

**Aging: What's Normal, What's Not?**  
in this interactive, funny and informative workshop.

**Presented by: Terry Ann Steffen, Direct Services Supervisor  
Area Agency on Aging Serving Napa and Solano**

Please RSVP: (707) 963-8555  
Class Free - Donations Appreciated!

Nature's Medicine Cabinet:

## *An Introduction to Essential Oils*

**Wednesday, August 31st  
3:00 pm**

Learn how to use natural wellness options to help support pain relief, sleep, boost your immune system and positively affect other areas of emotional and physical wellness.

In this interactive session, all participants will be given the opportunity to have first-hand experience with essential oils and take home samples.

RSVP: (707) 963-8555  
Attendance is free,  
Donations Appreciated!



**Ongoing Weekly & Monthly Classes:** Drop-ins Welcome - RSVP Appreciated! 707-963-8555 Free unless noted.

**Brain Fitness Workout: Wednesdays, 9:30 - 11 am.** Be proactive with your brain health and learn good memory tips that are innovative, fun, and reflect the latest in brain science. Led by Jill Wood, MSW from Collabria Care (formally NV Hospice & Adult Day Services) 707-258-9087 ext. 250. People just love this highly interactive and uplifting class. Join the fun, give your brain a workout and learn new memory tips! Collabria's Fee: \$5 per workout.

**Bridge Lessons: Thursdays, 10 am - noon.** Advanced beginners and intermediate level, with Randi Montin. Pre-registration required. Call Randi 707-253-2132. \$20 instructor fee per class.

**Current Events: Fridays, 1:15 - 3:15 pm.** Explore challenging topics and discuss current events. Facilitated in summer by class members. Fall session with Professor Henry Michalski is August 19—December 9. \$5 instructor fee per class.

**Duplicate Bridge: Mondays, 12:30 - 4:00 pm.** Call to sign up: Wendy (707) 321-4707. Appropriate for intermediate and advanced players.

**French Club: Mondays, 9:30 - 11:00 am.** Self-guided discussions in French. All ability levels welcome.

**Lunch & Learn in Calistoga: 3rd Wednesdays, August 17, 11am - 1:30 pm.** Calistoga Community Ctr., 1307 Washington Ave. Seniors are invited to participate in a lively educational activity, have a healthy lunch and learn about senior resources in Napa County. Co-sponsored by Rianda House, St Helena Hospital, UpValley Family Center & Calistoga Rec. Call Elaina at 707-341-3185 to reserve your lunch. **Aug 17: "All About Nuts" & Diabetes Education.**

**Gents & A Cuppa Joe: Thursdays, 8:15 - 9:15 am.** Calling all gents: Come, share "A Cuppa Joe," swap stories and experiences with friends and neighbors. Call Carroll Cotten for details: (707) 967-9845.

**Mah Jongg and Games: Fridays, 1 - 3:30 pm.** Mah Jongg - intermediate level. Card and board games. All players welcome! Want a different game? Come in and start one or join one — we've got gobs of games!

**Needlers & Fiber Arts Club: Thursdays, 12:30 - 3:00 pm,** A casual, encouraging, fun and helpful handicraft circle. Some materials available. All levels welcome! Anyone with spare materials is asked to donate it to the Needlers Club.

**PWR!Moves: Wednesdays, 1:15 - 2:15 pm** with Joan Comendant. PWR!Moves is a movement class for those living with Parkinson Disease. It is designed to increase strength, flexibility, coordination, balance and posture. The goal is to enhance motor/cognitive/emotional functions and quality of life. Class size is limited to 12, please call 963-8555 to RSVP.

**Reader's Theatre: Tuesdays, 3:00 - 4:30 pm.** We will be reading and acting out assorted skits published by the "Senior Reader's Theatre." The best part is you don't have to memorize anything!! For more info Call BJ Hopgood @ 849-2753.

**Strength Training: Tuesdays & Thursdays, 7:30 - 8:30 am.** Enhance muscle strength and tone - all levels welcome. Taught by Kathy Carrick. Class at Presbyterian Church - 1428 Spring Street, St. Helena. \$5 per workout. **No class Aug 1-Aug 19.**

**Tai Chi: Mondays, 10:40 - 11:30 am** with Joan Comendant. Tai Chi is a combination of slow meditative movements that aid relaxation, balance, stress reduction and posture, giving you an effective total-body workout. \$5 instructor fee per class.

### Lunch Bunch & Meals on Wheels

**Rianda House Lunch Bunch: Mondays, Tuesdays and Fridays: noon - 1 pm.** Join us for great meals and social time. Suggested \$3.00 donation for 60+ and \$6.75 if under 60. RSVP required the day before 963-8555.

Have a birthday this month? Join us on the 4th Friday, to celebrate: **August Birthday Lunch: Friday, Aug 26, RSVP: 963-8555.**

**Meals On Wheels /Senior Nutrition of Napa Valley** makes weekday deliveries to UpValley homebound individuals of all ages. Suggested donation: \$3.50/meal. For more information and sign-up, call Meals On Wheels: **(707) 253-6111.**

### Save the Date—September Events

**Meditation for Seniors: Friday September 9, 16, 23, 30. 2 sessions: 9:00 - 10:00 am & 10:15 - 11:15 am.** *Pre-registration is mandatory by September 2.* Call (707) 963-8555. \$20 series instructor fee payable in full at the first session.

**In Honor of Grandparent's Day: A Sundae Ice Cream Social PLUS A Musical Treat: Sunday, September 11, 1:00 - 3:00 pm.** Music by: Ester and Ron Brunswick & DeWitt and Shanti Garlock. Root Beer floats or make your own Sundae: \$2.00 RSVP!

**Celebrate Grandparent's Day: Thursday, September 8, 3:00 pm.** Author Kal Edwards will read from his acclaimed book *Grandmother's Wise Recipes for Success* and share some of the timeless life wisdom received from his Grandmother while growing up in the Midwest. Kal will ask attendees to share favorite thoughts and stories about their Grandparents.

# THE MONTHLY WRINKLE

## AUGUST 2016

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707-963-8555 [www.riandahouse.org](http://www.riandahouse.org)

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#### *Curious Minds Of All Ages Welcome!*

Rianda House Senior Activity Center is a 501 c3 non-profit organization funded solely by grants, fundraisers, and contributions. Donations of any size are much appreciated and help us to provide these UpValley programs and services at little to no cost. **Thank you!**

**One-Time Only Events:** RSVP appreciated! (707) 963-8555. Free unless noted instructor/material fees.

**Author's Talk: "Not Quite Kosher": Wednesday, August 3, 3:00 pm.** Author Robert Winters will discuss his newly published book (this makes #14). "Not Quite Kosher" is not quite a memoir but a unique blend of non-fictional prose, poetry and even fiction that parallels reality.

**Aging: What's Normal, What's Not?: Wednesday, August 10, 3:00 pm.** Do you lose your keys? Forget what you came into the room to get? Do you wonder if this is normal or not? We have answers to these questions and more! Join us in this interactive, funny and informative workshop led by Terry Ann Steffen, Director Services Supervisor Area Agency on Aging.

**Tea & Memories: Tuesday, August 23, 3:00 pm.** A collaboration between our Autobiographical Writers and our Readers' Theater group. You're sure to hear stories packed with humor, poignancy, family, surprises, beauty and more. Count on an enjoyable afternoon with tea and refreshments to accompany the pen-and-play action. Bring friends to share these magical stories and to visit with the writers and actors following the program. Join this dynamic combo of talents!

**Travelogue: Panama Canal: Yesterday, Today & Tomorrow: Wednesday, August 24, 3:00 pm.** The Hansen's crossed from the Atlantic to the Pacific through the Panama Canal in February 2016. Mariam will provide a brief history on the building of this engineering marvel and photos of their transit. She will also describe the June 2016 expansion of the canal capacity with the new wider locks.

**Nature's Medicine Cabinet: An Introduction to Essential Oils: Wednesday, August 31, 3:00 pm.** Learn how to use natural options to help support pain relief, sleep, boost your immune system and positively affect other areas of emotional and physical wellness. In this interactive session you will have the opportunity to experience oils and take home samples. Led by Suzanne Nicholas and Lynn Grace, Wellness Advocates and Essential Oil Educators.

**Short Term Classes & Workshops:** Pre-Registration REQUIRED! (707) 963-8555. Free unless noted instructor/material fees.

**Aspects of Spirituality: Mondays, 1:30 - 3:00 pm, August 1, 8, 15, 22, 29.** In this informal seminar, the facilitator and participants gather weekly to discuss a chapter of the book selected for the series. Discussions are lively! Next book: *The Gnostic Gospels* by noted biblical scholar Elaine Pagels. 8 week series July 11 - August 29. Led by Theresa Meyer. \$40 fee.

**Mah Jongg Lessons for Beginners: Thursdays, 1-2:30 pm, August 4, 11, 18, 25.** Mah Jongg is a challenging, interesting & fun tile game that originated in China. This is a series of 4 lessons for beginners to learn the basics of the American version of Mah Jongg. Instructor is Susan De Lucca whose passion for over thirteen years is the game of Mah Jongg. Fee: \$60 for series.

**En Español: Preguntas? Llamar a Cuca Martin: (707) 963-4208. Bienvenido a todo el mundo. Gratis.**

**Amistad y Apoyo: (Friendship & Support) Tuesdays 10:00 - noon.** Hay un grupo de personas que hablan español que se reúnen para platicar sobre temas acerca de la salud física y emocional. Es una manera para ofrecer apoyo y amistad a cada uno. Cada martes de las 10 hasta las 12. Cada semana mientras nuestra reunión, una especialista bilingüe en recursos viene para ayudarnos.

**Excursions:** Programs sponsored by Calistoga Rec, Rianda House, and Yountville Parks & Rec. Reservations Required!










**Sausalito Art Festival: Saturday, September 3, Depart: 9:00 am and Return: 4:30 pm from Yountville Community Center.** Join in this Labor Day bus trip to the Sausalito Art Festival. It will be one of the most memorable and enjoyable events you will ever attend. It has been ranked among the TOP 5 Fine Art events in the country by ArtFairSourceBook.com! Fee: \$55/\$48 (Yountville Resident). For information and to make a reservation starting August 8th call Yountville Parks and Rec at (707) 944-8712. Sign up soon as the bus will fill up quickly!



# RIANDA HOUSE SENIOR ACTIVITY CENTER ~ AUGUST 2016 CALENDAR



1475 MAIN STREET, ST. HELENA ~ MONDAY THRU FRIDAY 9:00AM - 4:00PM ~ www.riandahouse.org (707) 963-8555

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> 9:30 French Club 10:40 Tai Chi 12:00 Lunch Bunch 12:30 Duplicate Bridge 1:30 Aspects of Spirituality #4 of 8 	<b>2</b> 7:30 Strength Training - no class 10:00 Amistad y Apoyo 10-1 Senior Resource Specialist 12:00 Lunch Bunch 3:00 Readers' Theater 	<b>3</b> 9:30 Brain Fitness Workout - no class 1:15 PRW! Moves for Parkinson's 3:00 Author's Talk: "Not Quite Kosher" with Robert Winters	<b>4</b> 7:30 Strength Training - no class 8:15 Gents & A Cuppa Joe 10:00 Bridge Lessons 12:30 Needlers & Fiber Arts Club 1:00 Mah Jongg Lessons for Beginners 3:00 Support Group for Caregivers of folks with Memory Loss	<b>5</b> 10:00 ConversAYtions in Calistoga 12:00 Lunch Bunch 1:00 Mah Jongg and Table Games 1:15 Current Events 
<b>8</b> 9:30 French Club 10:40 Tai Chi 12:00 Lunch Bunch 12:30 Duplicate Bridge 1:30 Aspects of Spirituality #5 of 8	<b>9</b> 7:30 Strength Training - no class 10:00 Amistad y Apoyo 10-1 Senior Resource Specialist 10:30 Victim's Services Advocate - with Irma Luna 12:00 Lunch Bunch 3:00 Readers' Theater	<b>10</b> 9:30 Brain Fitness Workout 1:15 PRW! Moves for Parkinson's 3:00 Aging: What's Normal, What's Not? with Terry Ann Steffen	<b>11</b> 7:30 Strength Training - no class 8:15 Gents & A Cuppa Joe 10:00 Bridge Lessons 12:30 Needlers & Fiber Arts Club 1:00 Mah Jongg Lessons for Beginners 3:30 Parkinson's Support Group	<b>12</b> 12:00 Lunch Bunch 1:00 Mah Jongg and Table Games 1:15 Current Events 
<b>15</b> 9:30 French Club 10:40 Tai Chi 12:00 Lunch Bunch 12:30 Duplicate Bridge 1:30 Aspects of Spirituality #6 of 8 	<b>16</b> 7:30 Strength Training - no class 9-12 Health Insurance Counseling 10:00 Amistad y Apoyo 10-1 Senior Resource Specialist 12:00 Lunch Bunch 3:00 Readers' Theater	<b>17</b> 9:30 Brain Fitness Workout 11:00 Lunch & Learn in Calistoga 1:15 PRW! Moves for Parkinson's 	<b>18</b> 7:30 Strength Training - no class 8:15 Gents & A Cuppa Joe 10:00 Bridge Lessons 12:30 Needlers & Fiber Arts Club 1:00 Mah Jongg Lessons for Beginners	<b>19</b> 10:00 ConversAYtions in Calistoga 12:00 Lunch Bunch 1:00 Mah Jongg and Table Games 1:15 Current Events with Prof. Henry Michalski 
<b>22</b> 9:30 French Club 10:40 Tai Chi 12:00 Lunch Bunch 12:30 Duplicate Bridge 1:30 Aspects of Spirituality #7 of 8	<b>23</b> 7:30 Strength Training - Presby Church 10:00 Amistad y Apoyo 10-1 Senior Resource Specialist 12:00 Lunch Bunch 3:00 Tea & Memories 	<b>24</b> 9:30 Brain Fitness Workout 1:15 PRW! Moves for Parkinson's 3:00 Travelogue: Panama Canal - Yesterday, Today & Tomorrow with Mariam Hansen	<b>25</b> 7:30 Strength Training - Presby Church 8:15 Gents & A Cuppa Joe 10:00 Bridge Lessons 12:30 Needlers & Fiber Arts Club 1:00 Mah Jongg Lessons for Beginners	<b>26</b> 12:00 Lunch Bunch August Birthdays Celebration! 1:00 Mah Jongg and Table Games 1:15 Current Events with Prof. Henry Michalski
<b>29</b> 9:30 French Club 10:40 Tai Chi 12:00 Lunch Bunch 12:30 Duplicate Bridge 1:30 Aspects of Spirituality #8 of 8 	<b>30</b> 7:30 Strength Training - Presby Church 10:00 Amistad y Apoyo 10-1 Senior Resource Specialist 12:00 Lunch Bunch 3:00 Readers' Theater	<b>31</b> 9:30 Brain Fitness Workout 1:15 PRW! Moves for Parkinson's 3:00 Nature's Medicine Cabinet: An Intro to Essential Oils—with Lynn Grace & Suzanne Nicholas	<div style="background-color: #e0f0e0; padding: 10px; border: 1px solid black;"> <p style="text-align: center;"><b>SAVE THE DATE ~ SEPTEMBER 2016</b></p> <ul style="list-style-type: none"> <li>◆ Senior Meditation with Dr. James Keolker: Fri 9, 16, 23, 30. 2 sessions: 9 - 10 am &amp; 10:15 - 11:15 am. Pre-registration required by 9/2. \$20/session.</li> <li>◆ "Grandmother's Wise Recipes for Success" by Kai Edwards: Thurs, Sept. 8, 3 pm</li> <li>◆ Ice Cream Social + Musical Treat: Sunday, Sept. 11, 1:00 - 3:00 pm</li> <li>◆ Travelogue: Oaxaca. Wednesday, Sept. 14, 3:00 pm</li> <li>◆ Stop Falls Fair: Sept. 28, 11:00 am - 1:00 pm</li> <li>◆ Sausalito Art Festival: Sat, Sept 3. Yountville Rec. Excursion - Call 944-8712</li> </ul> </div>	

*Rianda House* is a non-profit funded by grants & donations. Donations of any amount are greatly appreciated! Attendance is FREE unless otherwise noted. See *The Monthly Wrinkle* for class details.



**COMMUNITY ENRICHMENT GRANTS  
FY 2016-2017 APPLICATION**

**Deadline: Friday, July 15, 2016 at 4:30 P.M.**

**Submit to:** City Clerk's Office  
1232 Washington St  
Calistoga, CA 94515  
Attn: Kathy Flamson

**CITY CLERK**

**JUL 15 2016**

**CITY OF CALISTOGA**

*Please complete the following. You may attach additional pages if necessary.*

**RECEIVED**

Name of the Program: Soroptimist International Read Aloud Partners Program

Name of Applicant/Organization: Soroptimist International of Calistoga

Address: PO Box 473 Calistoga CA 94515

Phone: ( ) - - FAX ( ) - -

Contact 1) Trudy Bouligny 707-738-1230

*name*  
tbouligny@gmail.com *phone*  
*e-mail*

Contact 2) Carrie Domogalla 707-942-5329

*name*  
Carrie@DomogallaConsulting.com *phone*  
*e-mail*

Non-Profit Corporation Designation: 501.c.3

Federal Tax ID # or Social Security #: 94.6090473

**Amount of Grant Request\*: \$** 2,250.00

(\*This amount should include the value of any requested City fee or permit waivers and/or staff time)

**Eligibility Requirements:**

Please answer the following questions:

- |   | Yes                      | No                                  |
|---|--------------------------|-------------------------------------|
| 1. Have you or will you be receiving funding in Fiscal Year 2015/2016 for this program from other City sources? | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 2. Are you aware of any other City program providing this service?<br>If so, which one? _____                   | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

***If you answered yes to any of these questions, your request may not be eligible for this grant program. Please contact the City Clerk at the City of Calistoga at (707) 942-2807 for further information, if desired.***

**Program Description/Scope** (please use additional pages if necessary):

Describe your program:

Please see attached

How will this program benefit the Calistoga Community? How will the program address the following City Council's adopted Enrichment Objectives "Will the activity or program":

1. Provide services to the elder community?
2. Provide services to youth in the community?
3. Expand services to members of the Hispanic community?
4. Provide community specific environmental enhancements?
5. Enhance the appearance of the community?

Please see attached

**Funding Request**

Identify the funding requested and the proposed use of funds.

- Cash
- In-kind funding (fee waivers, staff time cost waiver, rental fee waivers, etc.)

Soroptimist International suggests that a subsidy of \$1.50 per book for 3 books per student for 2016-17 would be a huge help to build the home libraries proven to be a determiner in the future academic success of children.

Requested funds:  $\$1.50 \times 3 \text{ books} \times 500 \text{ students} = \$2,250.00$ . (no admin costs)

What will be the estimated percent of Calistoga Residents Served by this program 15%

**Applicant Background:**

This applicant is a (an):

- Non - Profit  
 Local Public Agency

- Tax Exempt  
 State or other Public Agency  
 Other \_\_\_\_\_

Years in Business or providing this program: 60yrs/RAP 6 yrs

Number of Employees: 0

Number of Volunteers: 22 - RAP

*(Please attach an organization chart, if available.)*

**Names of all Officers and Board of Directors:**

Name: \_\_\_\_\_ Position in Organization and Contact Number: \_\_\_\_\_

Please see attached \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Experience in Program Area:**

Please see attached \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Previous City funding received or requested in the past three years:**

None \_\_\_\_\_  
Budget outline on Addendum \_\_\_\_\_  
\_\_\_\_\_

*(Please attach a budget for program request including funding schedule.)*

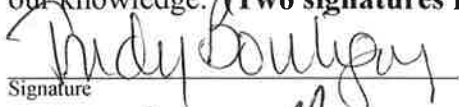

**Reporting Requirements:**

A report on how the funds were spent will be required to be filed with the City annually, or when funds are spent, whichever comes first. Proof of program expenses are required to be held for two years during which time the City reserves the right to audit the records.

We agree to adhere to the reporting requirements described above.  Yes  No

**Certification:**

We, the undersigned, do hereby attest that the above information is true and correct to the best of our knowledge. **(Two signatures required)**

 _____ Signature	Volunteer Coordinator RAPP/SIC _____ Title	July 13 2016 _____ Date
 _____ Signature	PR Coordinator Soroptimist Intl _____ Title	July 13 2016 _____ Date



## Addendum - Calistoga City Enrichment Grant Application 2016

### ***PROGRAM DESCRIPTION/SCOPE:***

Soroptimist International of Calistoga's **Read Aloud Partners Program** (RAPP) involves 498 Calistoga children and 22 community volunteer readers – RAPPERS who want to share their love of reading and books with the children at Calistoga Elementary School. RAPPERS come to all 23 classrooms once a week and build a warm relationship with the students. Readers select what they choose to read with teacher approval and usually it has nothing to do with the curriculum – just for pleasure reading! Three times a year Readers give all the children a book to take home to keep – 1,500 books are purchased during the school year for nearly 500 K-6<sup>th</sup> graders . The program started in 1994 at CES but impacted just a few classes for many years. In 2010 through Soroptimist leadership the program grew to cover all the classes and by 2011 the book giveaways increased from one book at year to three books a year for every student.

### ***Why read aloud especially to students capable of reading to themselves?***

“When you read aloud, you are whetting a child’s appetite for reading. The truth is, what isn’t advertised in our culture gets no attention. And an awareness has to come before desire....if a child never sees anyone pick up a book, she isn’t going to have that desire..”

Jim Trelease *The Read Aloud Handbook*

“Scholarly culture, and the taste for books that it brings, persists from generation to generation within families largely of its own accord, independent of education and class....”

***HOW WILL THIS PROGRAM BENEFIT THE CALISTOGA COMMUNITY?*** *How will the program address the following City Council’s adopted Enrichment Objectives*

*“Will the activity or program...*

1. Provide services to the elder community?
  2. Provide services to youth in the community?
  3. Expand services to members of the Hispanic community?
  4. Provide community specific environmental enhancements?
  5. Enhance the appearance of the community?
1. The RAP Program benefits elders in the community as 12 of the 22 RAPPERS are retirees who live in Calistoga and volunteer to read. At least 5 of these have been reading aloud at CES between 5-10 years. They give regular feedback that is it a highlight of their week to go in, they get greeted warmly by their students and see excitement in the faces when it is time to distribute books. It gives the elders a sense of purpose AND most importantly there is an intergenerational aspect to the program – young and old in the community getting to know and appreciate each other.
  2. The RAP Program benefits the nearly 500 students by promoting a love of books and reading, improving academic success in school and in life, introducing them to a variety of community members. Research shows “*that children of lesser educated parents gained the most from having books in the home. Researchers in this study found that the education and income levels of the parents were less important in determining the future success than the number of books in that home.*” (“*Books in Home as Important as Parents’ Education Level in Determining Children’s Education Level, Science Daily, May 20, 2010*).
  3. Student enrollment at CES is 78% Hispanic/Mexican and many of these families are Spanish speaking at home. Parents often have basic education themselves so the opportunity to bring

native English speakers into the classrooms to expand English vocabulary and open minds to the world outside Calistoga through hearing stories being read for pleasure is a winner. Also as the three books a year go home, it may be that parents or other family members then pick up the books and enjoy them. If there are siblings at the school, they may take home 9-12 books each year for the family "Home Library."

***What will be the estimated percent of Calistoga residents served by this program?:***

Estimated population 2015 - 5,261

RAP serves: 498 students, 22 RAPPERS, 23 teachers + students' parents and other family members.

Percent a challenge to estimate: 15%=-

***NAMES OF ALL OFFICERS AND BOARD:***

SIC Board of Directors 2016-17

President:	Nushi Safinya	nushafarin@hotmail.com
President Elect:	Maria Barolome	maria@rutherfordhill.com
Vice President:	Susan Leick	mccraryleick@sbcglobal.net
Recording Secretary:	Mary Ellen Hester	MEJHESTER@comcast.net
Corresponding Secretary:	Carol Ashford	carolash@aol.com
Treasurer:	Jennifer Tisa	frau_tisa@hotmail.com
Director: Joan Heller / Human Rights & Status of Women		heller.joan@gmail.com
Director: Teresa Jacobson / Education		Jacobsen410@gmail.com
Director: Joan Dambrose / Health & Environment		joandambros@earthlink.net
Director: Shawn Paris / Economic & Social Dev.		shawnparis@gmail.com

***EXPERIENCE IN PROGRAM AREA:***

The program is coordinated by Soroptimist member and volunteer, Trudy Boulogny. Although the Read Aloud Partners started at CES in 1994 as Rolling Readers, the past 6 years under Soroptimist leadership, it has grown to cover all the classrooms and now distributes books three times a year to all students K-6 grade. Some of the RAPPERS have been Read Aloud Partners for up to 14 years. There is a wait list for community volunteers who would like to join as Readers – but many RAPPERS stay with their teacher year after year so openings are rare. Teachers and school administrators write glowing survey responses at the end of every year. RAPPERS love to tell about their experiences with the children. The Soroptimist International members through the Education Committee are very supportive of the program and 7 members are RAPPERS.

***Books are purchased from several sources:***

1. Scholastic Books Inc gives low income schools providing books to go home special pricing though its FACE (Family and Community Education) program. Books \$1-\$5 each.
2. firstbook.org donates books to low income programs for \$0 .45-.75 shipping costs. These come in boxes of 12 – 24copies of each book and it is random if we get what we ask for)
3. FirstBook Marketplace – discounted trade books selection. Books \$3-\$6 each
4. Copperfield's Bookstore . Special offers or books needed to make up a class set when short from firstbook.org

***BUDGET:***

Book costs average \$4 per book x 500 books = \$2,000 for each book giveaway.

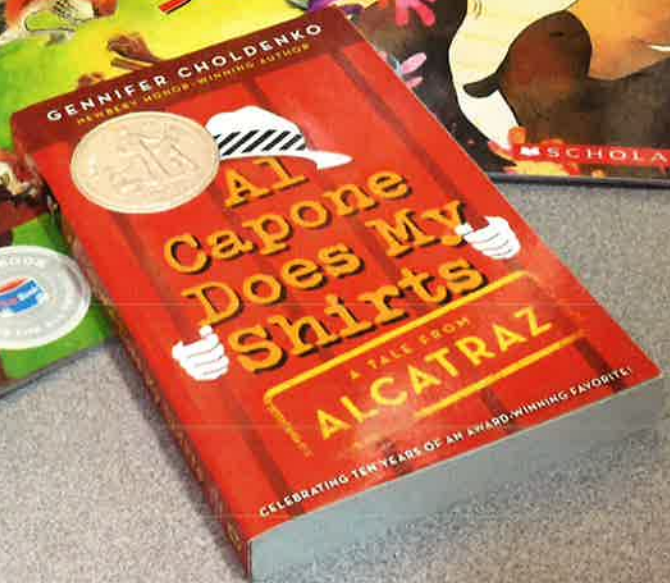
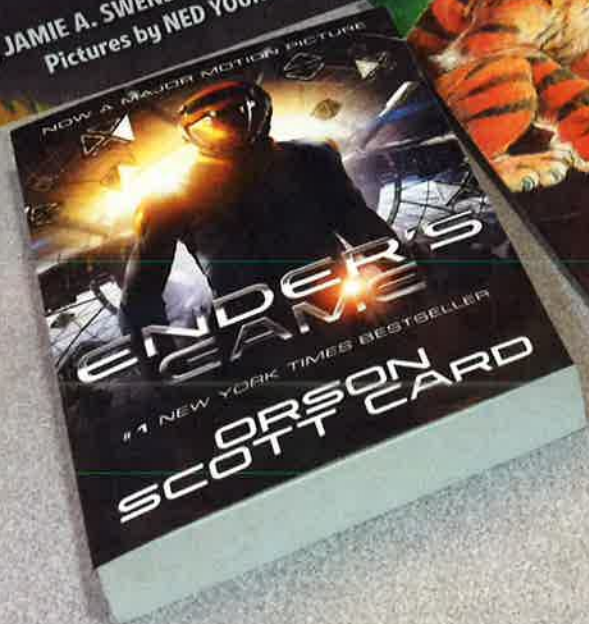
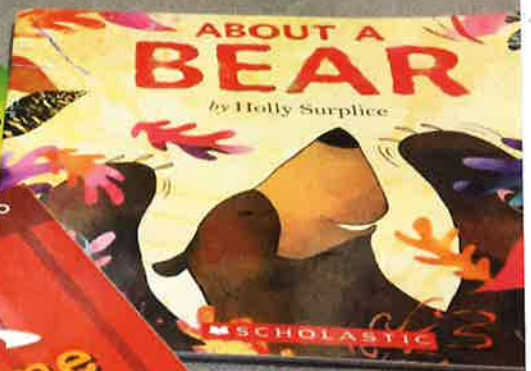
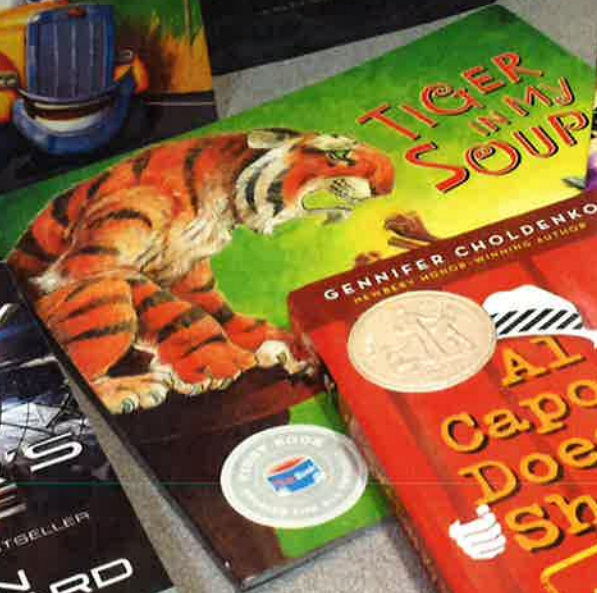
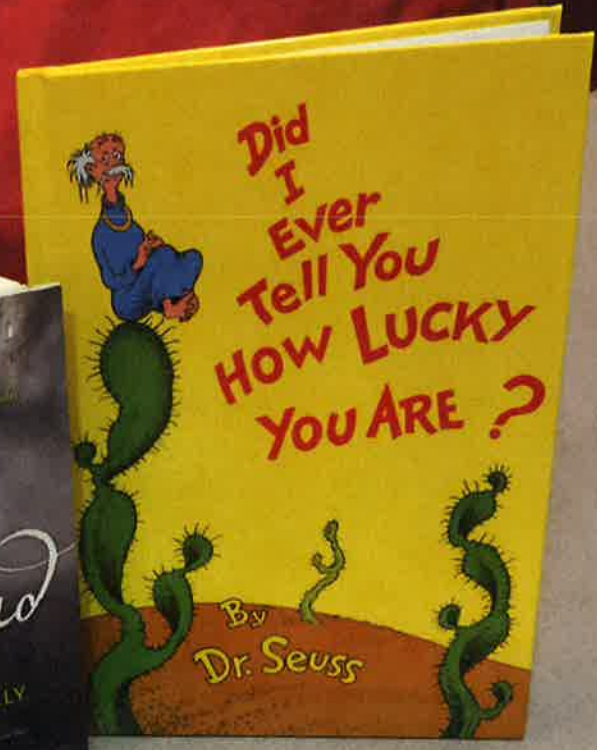
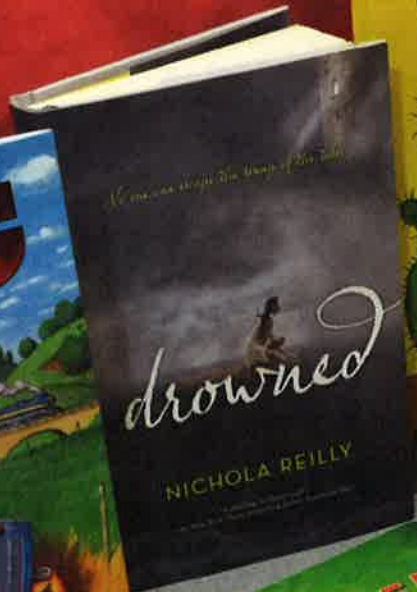
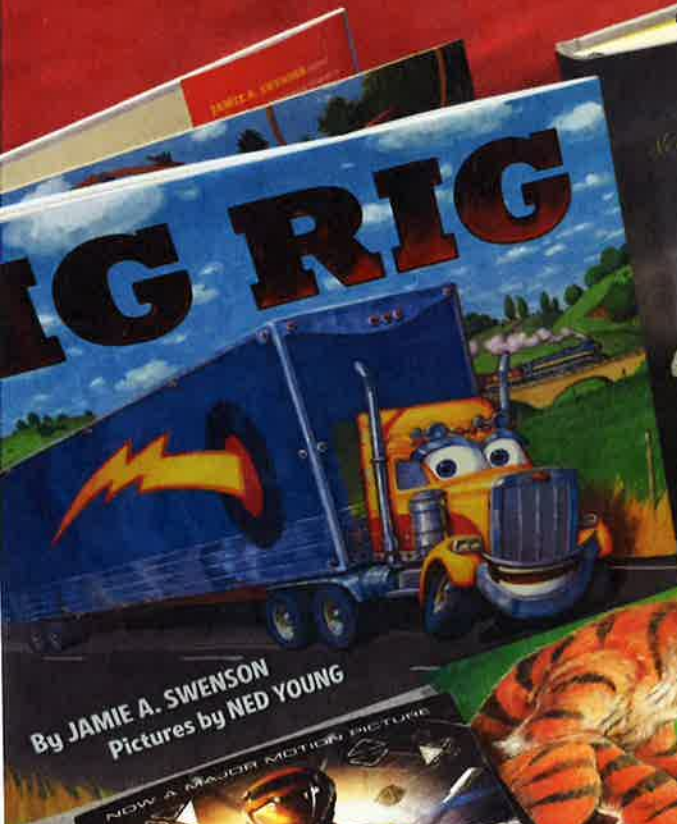
Fall 2016 \$2,000                      Winter 2016 \$2,000                      Summer 2017 \$2,000

**Total per year \$6,000**

Grant Request: \$1.50 per book x 1,500 books = \$2,250.00

(A subsidy of \$1.50 per book for 500 students. *All funds are for book purchases. No administration costs involved.*)

***ENCLOSURE: Read Aloud Partners BROCHURE***





PLEASE  
ENTER  
QUIETLY

Kind  
Words

Be SAFE  
Don't drink and drive  
Alcohol can be safe

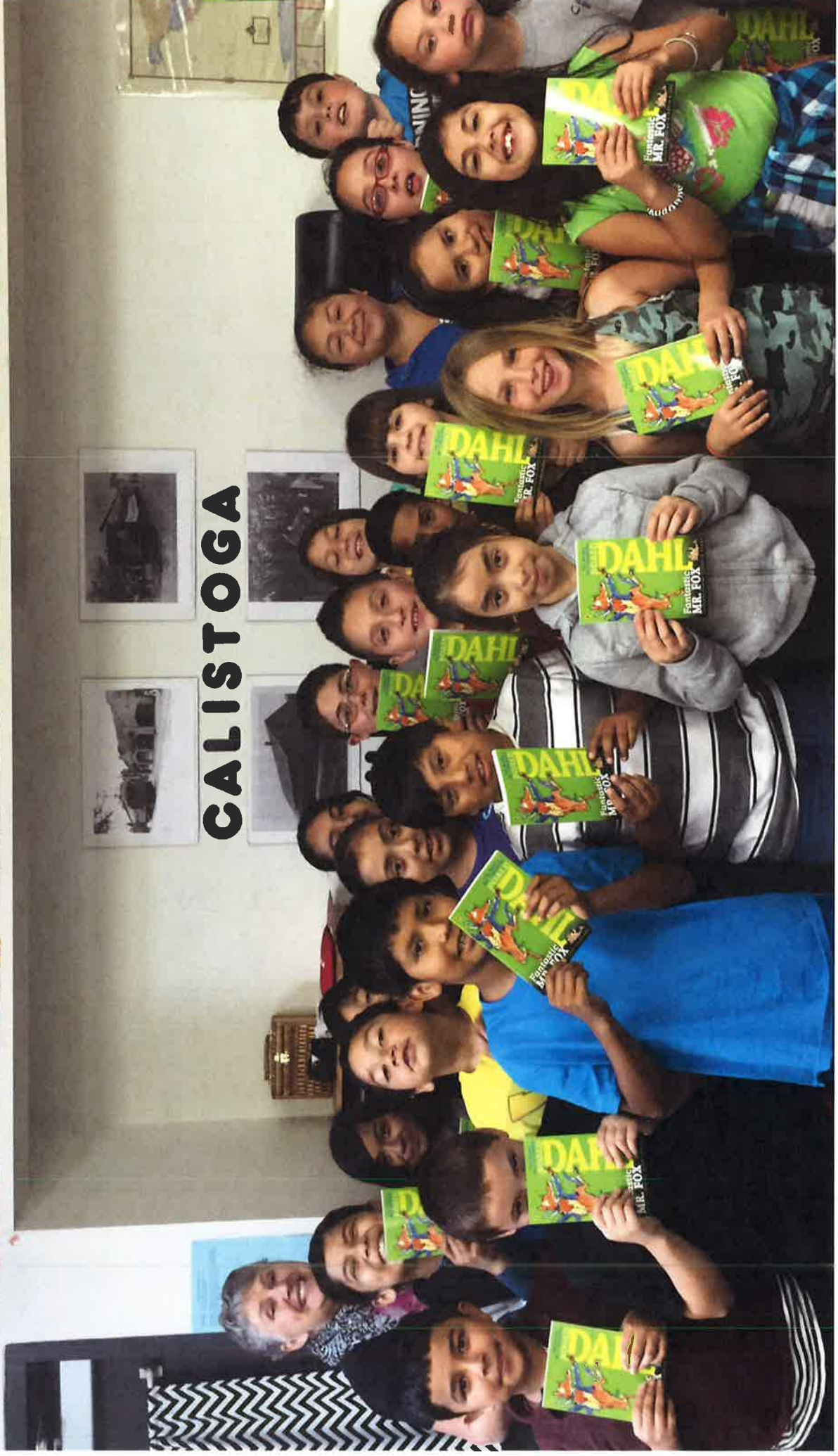
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Responsibly

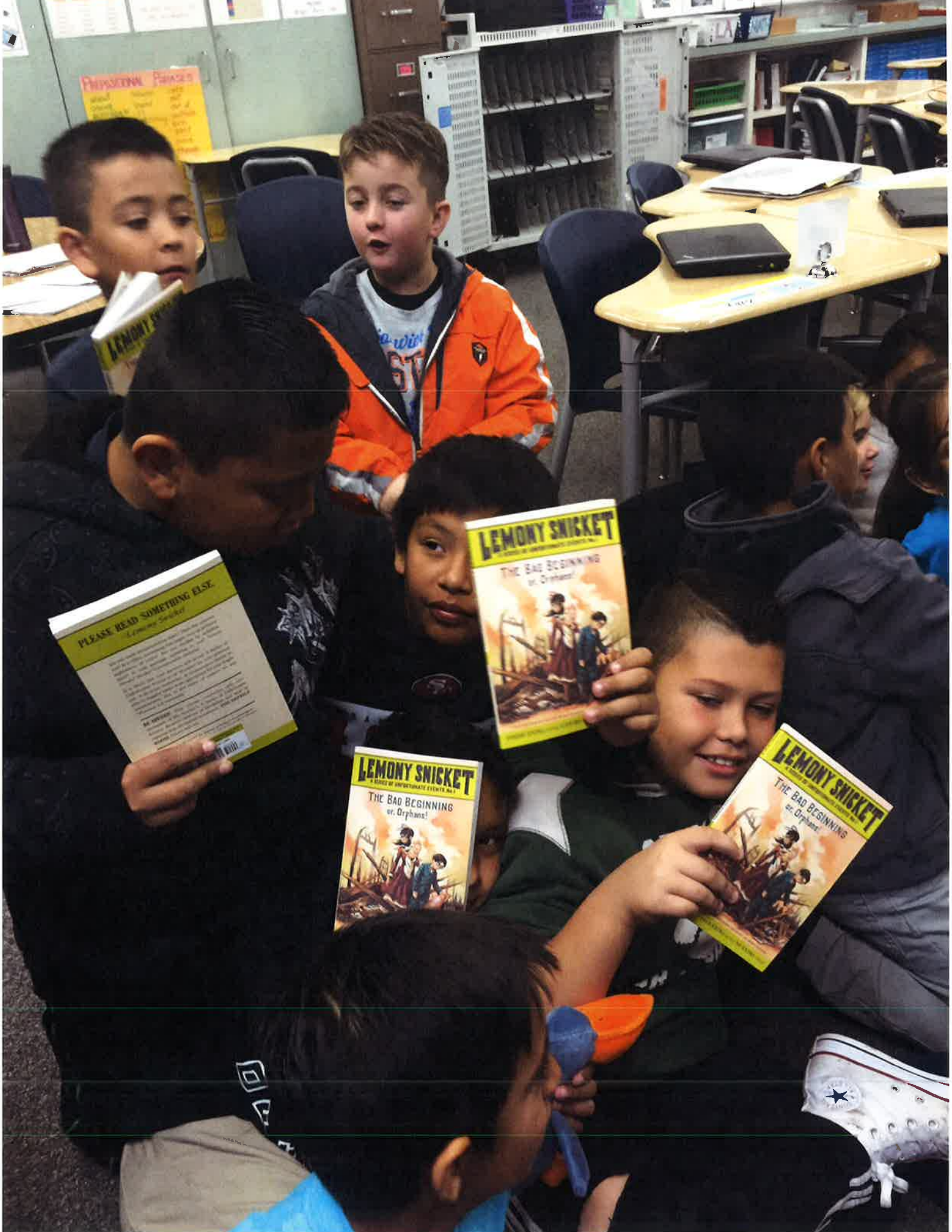
Do You  
Fit?

BE RESPONSIBLE



# CALISTOGA





PHONIC PHRASES

PLEASE READ SOMETHING ELSE  
by Lemony Snicket

LEMONY SNICKET  
A SERIES OF UNFORTUNATE EVENTS NO. 1  
THE BAD BEGINNING  
or, Orphans!

LEMONY SNICKET  
A SERIES OF UNFORTUNATE EVENTS NO. 1  
THE BAD BEGINNING  
or, Orphans!

LEMONY SNICKET  
A SERIES OF UNFORTUNATE EVENTS NO. 1  
THE BAD BEGINNING  
or, Orphans!



I am interested in:

- Becoming a class RAPPER
- Donating to the Book Fund (Tax deductible)
- Receiving more information

**CONTACT:**

Trudy Bouligny  
 Volunteer Coordinator  
 Soroptimist Intn'l of Calistoga  
 Email: [tbouligny@gmail.com](mailto:tbouligny@gmail.com)  
 Ph: 707-738-1230  
 Mail: PO Box 473  
 Calistoga CA 94515  
<http://sicalistoga.org/>

A 501.3c Non profit  
 TAX ID 94-6090473



**SOROPTIMIST**



**READ ALOUD  
 PARTNERS  
 PROGRAM**  
 @  
 Calistoga  
 Elementary School

Sponsored by  
 Soroptimist International  
 of Calistoga  
 "Best for women and girls"

"Scholarly culture, and the taste for books that it brings, persists from generation to generation within families largely of its own accord, independent of education and class....."







## BRIEF HISTORY

The Read Aloud Partners Program started at CES in 1996 under the Rolling Readers umbrella. It ebbed and flowed for years eventually becoming sponsored by Soroptimist International of Calistoga – many RAPPERS were members. Currently 22 community members read in 23 classrooms and over 490 books are distributed 3 times a year to students to take home.



*“Kids absolutely LOVE her. They basically do not get read to at home. This is a great opportunity Keep it up!”*  
5<sup>th</sup> grade teacher at CES

### RAPP in ALL 23 CES Classrooms:

- We read to a class 30 mins weekly.
- We select books with teacher approval
- We donate books 3 times year for “home libraries”
- We bring the pleasure of books and reading into the Kindergarten – 6<sup>th</sup> grade Classrooms.

### ... And research says:

- Providing books to children is a simple, effective, and inexpensive way to promote language and literacy growth.
- Owning books is a critical feature of every child's intellectual development.
- Reading aloud to children is the single most effective parent practice for enhancing language and literacy development.

Children with books at home are eight times more likely to list reading as one of their favorite activities.

### So why read aloud?

“When you read aloud, you're whetting a child's appetite for reading. The truth is, what isn't advertised in our culture gets no attention. And awareness has to come before desire. . . But if a child never sees anyone pick up a book, she isn't going to have that desire.”  
*Jim Trelease author The Read Aloud Handbook*

*“ME is WONDERFUL! The kids look forward to her coming every week. She asks the students great questions that connect with each book we are reading. We love her!”*

3<sup>rd</sup> grade teacher CES

*“The books given to the students were wonderful. The students felt very special and handled the books as a prized possession. Thanks for all.”*

Kindergarten teacher CES

**BOOK SOURCES**  
Scholastic FACE - Family  
Community Education

Scholastic Literacy Partners  
**FIRSTBOOK.org**

