

CITY OF CALISTOGA**PROCLAMATION PROCLAIMING MAY AS
MENTAL HEALTH AWARENESS MONTH**

Whereas, *one in five individuals will experience mental health issues in their lifetimes, which can affect parents, sisters, brothers, spouses, co-workers and others in our lives; and*

Whereas, *it is essential to eliminate disparities in mental health by promoting well-being for all, regardless of race, ethnicity, sexual orientation, gender identity, language, place of residence or age and ensure equity of access, delivery of services and improvement of outcomes; and*

Whereas, *the Mental Health Division seeks to reduce barriers to access, improve community outreach and engagement that ensures culturally and linguistically competent care to diverse communities through culturally competent services and policies; and*

Whereas, *while there is still much work to be done to eliminate disparities in services and increase education about mental illness, Napa County service providers are to be commended for their community collaborative approach when working with individuals in need; and*

Whereas, *a holistic approach to services which includes prevention and early intervention is an effective way to meet the needs of individuals at risk of developing mental health issues, individuals who are experiencing early onset of the symptoms of mental illness, or individuals with serious mental illness or severe emotional disturbance; and*

Whereas, *there is a strong body of research documenting that with support and treatment, between 70 and 90 percent of individuals with mental illness have a significant reduction in symptoms and improved quality of life; and*

Whereas, *every Napa County resident can be an ally by learning about and dispelling the myths related to mental illness and eliminating stigma by treating individuals with mental illness with respect.*

Now, therefore, be it resolved, *that I, Chris Canning, Mayor of the City of Calistoga, do hereby proclaim the month of May 2019 as Mental Health Awareness Month in the City of Calistoga.*

Signed and sealed, this 7th day of May, Two Thousand Nineteen

CHRIS CANNING, Mayor

