

Community Action Napa Valley Serving the Community of Calistoga

The Mission of Community Action of Napa Valley since 1968 is to provide services and resources that promote healthy living and encourage self-sufficiency for the most vulnerable members of the community. In 2018 CANV served 6,545 unduplicated individuals and 2,756 families through our programs. These include 138 students enrolled and attending CANV Kids, State of California pre-school program. 97,101 Meals on Wheels were served to Napa County Seniors, Monday - Friday with no charge. Just under two million pounds of food was distributed by the CANV Food Bank. 100 people quit smoking by enrolling in our Quit Smoking Program.

The Napa Food Bank distributes nearly 2 million pounds of food per year. **In Calistoga**, the pantry serves 145 households for a total of 447 individuals; 28 seniors are served through the Senior Brown Bag Program. 1,650 households, for a total of 5,748 individuals access the Free Food Markets. Meals on Wheels provides nutritious meals annually to over 110,000 seniors who are homebound, as well as those at local senior centers. A total of 3,900 meals are served in Calistoga each year. Our Quit Smoking Program provides cost free, accessible quit smoking and tobacco awareness services to low income residents and youth of Napa County.

Considering the challenges we all face, without our programs many individuals and families would find themselves falling into poverty and increased dependency. Our programs allow, encourage and equip those we serve to become self-sufficient. We have the experience, tools, and compassion to lead out most vulnerable people from a place of need to where they join us in becoming fully integrated members of the community.

The Food Bank and Meals on Wheels are financed through fund raising & community support, and do not rely on taxes.