

**RESOLUTION NO. 2021-068**

**RESOLUTION OF THE CITY COUNCIL OF THE CITY OF CALISTOGA, COUNTY OF NAPA, STATE OF CALIFORNIA, AFFIRMING SUPPORT FOR THE BLUE ZONES PROJECT AND APPOINTING A COUNCIL REPRESENTATIVE TO SERVE ON THE BLUE ZONES PROJECT UPPER NAPA VALLEY STEERING AND LEADERSHIP COMMITTEE**

**WHEREAS**, improving the overall well-being of the residents of Calistoga will improve productivity, lower healthcare costs, and improve the economy; and

**WHEREAS**, rates of obesity and healthcare costs have increased significantly and employers cite health and well-being as a concern with employees; and

**WHEREAS**, Blue Zones are communities that have been identified as having populations that live measurably longer, happier lives with lower rates of chronic diseases and a higher quality of life than the average; and

**WHEREAS**, the Upper Napa Valley Blue Zones Project is a community-wide, evidence based approach that seeks to improve the well-being of communities by applying best practices to make the healthy choice the easy choice through built environment, food, and tobacco policy change; environmental changes within worksites, schools, restaurants, grocery stores, and faith/civic organizations; and engagement activities that promote social support for healthy behaviors, volunteering, and purpose.

**NOW, THEREFORE, BE IT RESOLVED** that the City of Calistoga recognizes and supports the Blue Zones Project and urges staff to recognize and lend appropriate support to the Blue Zones Project so that the entirety of the City of Calistoga and the Upper Napa Valley may become a Blue Zone where residents live measurably longer and happier lives.

**BE IT FURTHER RESOLVED** that the City Council appoints Mayor Chris Canning to represent the City Council and serve on the Upper Napa Valley Blue Zones Project Steering and Leadership Committee.

**PASSED, APPROVED AND ADOPTED** this 17<sup>th</sup> day of August 2021. I, **MARNI RITTBURG, CITY CLERK OF THE CITY OF CALISTOGA, HEREBY CERTIFY** the foregoing resolution was introduced and passed at a regular meeting of the Calistoga City Council by the following roll call vote:

- AYES:** Councilmembers Gift, Kraus, and Williams, Vice Mayor Lopez-Ortega, and Mayor Canning  
**NOES:** None  
**ABSENT:** None  
**ABSTAIN:** None

**ATTEST:**

  
Marni Rittburg, CMC, City Clerk

**APPROVED:**

  
Chris Canning, Mayor