

calistoga RECREATION GUIDE

2024



POOL PROGRAMS | FREE YOUTH & ADULTS PROGRAMS | EVENTS



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REGISTRATION INFORMATION

Registration Information

Pre-registration is required for all programs unless otherwise listed. Drop in classes require payment to the instructor before the start of class. Calistoga Parks & Recreation cannot hold space in any class or activity unless you have registered and paid. PLEASE REGISTER EARLY- All programs have a minimum registration number and if we don't reach that pre-registration number we have to cancel the class. All programs also have a maximum registration number and if we reach that pre-registration number the program will be full. Please check our website or call our office for program availability.

Online Registration

PEFECTMIND

Calistoga Parks & Recreation is excited to offer an online registration system, PerfectMind. Participants can complete their own personal enrollment from home.

STEP 1: Visit our website cityofcalistoga.perfectmind.com

STEP 2: Click "Create An Account"

STEP 3: After creating an account, click "Online Booking" at the top of the page

STEP 4: Click "Program Registration"

STEP 5: Search for the program you wish to register for

How to Register

ONLINE at cityofcalistoga.perfectmind.com

IN PERSON at Calistoga Parks & Recreation Department located at 1745 Washington St. Calistoga, CA 94515. Office hours are from 8:30 AM-4:30 PM Monday through Friday.

PHONE 707.942.2838

MAIL to 1232 Washington Street, Calistoga, CA 94515

Qualifying Free Program Requirements

1. Failure to attend the first two scheduled activity dates without notice will result in removal from the program, and a 50% of the non-resident participation fee to be charged to your account.
2. Failure to attend at least 50% of the program will result in a 50% of the non-resident participation fee to be charged to your account. For swim lessons, missing more than two classes will result in a \$25 participation fee to be charged to your account.
3. To be removed from the program without charge, participants must contact Calistoga Parks & Recreation 72 hours before the start of the program. To be removed from swim lessons without any charge, participants must contact Calistoga Parks & Recreation 48 hours before the start of the program. Any cancellation after this time frame will result in a 50% of the non-resident participation fee to be charged to your account.
4. To make any registration changes, participants must contact Calistoga Parks & Recreation by calling 707.942.2838 and speaking with an employee, leaving a voicemail, or emailing recreation@ci.calistoga.ca.us

Americans with Disabilities Act

Calistoga Parks & Recreation welcomes all individuals and families from our community to participate and enjoy our programs and facilities. If you or your child require special assistance call 707.942.2838.

Program Cancellations/ Modifications

Calistoga Parks & Recreation reserves the right to cancel or modify a program due to low enrollment or other unforeseen circumstances. Registrants will be notified by email or phone if changes occur to their registered programs.

Refunds

A request for a refund due to withdrawal from a program must be made to the recreation office 48 hours prior to the start of the first class. If a program is canceled by Calistoga Parks & Recreation, a full refund will be issued. Any cancellations after 48 hours will result in a \$20 participation fee to be charged to my account for Calistoga Residents. Non-Residents who cancel after this time frame will receive a 50% refund. To make any registration changes, participants must contact Calistoga Parks & Recreation by calling 707.942.2838 and speaking with an employee, leaving a voicemail, or emailing us at (recreation@ci.calistoga.ca.us).

INFORMACIÓN DE REGISTRO

Información de Registro

Se requiere pre-inscribirse para todos los programas a menos que se anuncie de otra forma. Para participar en una clase de una sola vez, tiene que pagarle al instructor antes de que comience la clase. El departamento de Calistoga Parks & Recreation no puede apartar espacio en ninguna clase o actividad a menos que se haya registrado y pagado. POR FAVOR REGÍSTRESE TEMPRANO – Todos los programas tienen un número mínimo de registración y si no llegamos a ese número tenemos que cancelar la clase. Algunos programas pueden estar ya llenos. Por favor averigüe en el sitio web o llame a nuestra oficina para saber si aún hay disponibilidad.

Inscripción en línea PerfectMind

PEFECTMIND

Calistoga Parks & Recreation se complace en anunciar nuestro nuevo sistema de registro PerfectMind que le permite registrarse en línea. Los participantes pueden completar su propia inscripción personal desde su hogar.

PASO 1: Visite nuestro sitio web cityofcalistoga.perfectmind.com

PASO 2: Una vez allí, presiona "Create an account"

Tenga en cuenta que si ya existe una cuenta en su correo electrónico, deberá ponerse en contacto con Calistoga Parks & Recreation para recibir su contraseña temporal

PASO 3: Seleccione "Online Booking" en la parte superior

PASO 4: Presione "Program Registration"

PASO 4: Busque el programa que desea registrarse

Cómo Inscribirse

EN LÍNEA en cityofcalistoga.perfectmind.com.

EN PERSONA en Calistoga Parks & Recreation localizado en 1745 Washington St. Calistoga, CA 94515. Horas de oficina 8:30AM-4:30PM Lunes a Viernes.

TELÉFONO 707.942.2838. Por favor tenga con usted el código o nombre y su tarjeta de crédito a la mano antes de llamar.

CORREO POSTAL ENVÍELO a 1232 Washington Street, Calistoga, CA 94515

Requisitos para programas gratuitos calificados

1. La falta de asistencia a las primeras dos fechas de actividad programadas sin aviso dará como resultado la eliminación del programa, y una tarifa de participación de \$20 que se cargará a su cuenta.
2. Si no asiste al menos el 50% del programa, se eliminará del programa y se le cobrará una tarifa de participación de \$20 a su cuenta. Para las clases de natación, perder más de dos clases resultará en un cargo de participación de \$20 que se cargará a su cuenta
3. Para ser retirado del programa sin cargo, los participantes deben comunicarse con Calistoga Parks & Recreation 48 horas antes del inicio del programa. Cualquier cancelación después de este período de tiempo resultará en una tarifa de participación de \$20 que se cargará a mi cuenta
4. Para hacer cualquier cambio en la inscripción, los participantes deben comunicarse con Calistoga Parks & Recreation llamando al 707.942.2838 y hablando con un empleado, dejando un correo de voz o enviando un correo electrónico (recreation@ci.calistoga.ca.us).

Americans with Disabilities Act

Calistoga Parks & Recreation da la bienvenida a todas las personas y familias de nuestra comunidad para participar y disfrutar de nuestros programas e instalaciones. Si usted o su hija/o requiere asistencia especial, llame al 707.942.2838.

Cancelaciones de Programas / Modificaciones

Calistoga Parks & Recreation se reserva el derecho a cancelar o modificar un programa a causa de bajo número de participantes o por otras circunstancias no previstas. Quienes se hayan registrado deberán ser notificados por teléfono o correo electrónico si existe algún cambio a sus programas registrados.

Reembolso

Una solicitud de reembolso debido al retiro de un programa debe hacerse a la oficina de recreación 48 horas antes del comienzo de la primera clase. Si Calistoga Parks & Recreation cancela un programa, se emitirá un reembolso completo. Cualquier cancelación después de 48 horas dará como resultado un cargo de participación de \$20 que se cargará a mi cuenta para los residentes de Calistoga. Los no residentes que cancelen después de este plazo recibirán un reembolso del 50%. Para realizar cualquier cambio de registro, los participantes deben comunicarse con Calistoga Parks & Recreation llamando al 707.942.2838 y hablando con un empleado, dejando un correo de voz o enviando un correo electrónico a (recreation@ci.calistoga.ca.us).



EMPLOYMENT OPPORTUNITIES

We're Hiring!

All available positions are part-time, seasonal positions.

Work schedules are flexible, and hours are based on staff availability.

Lifeguards - Pay \$16.56 per hour starting pay (Must be at least 15 years old)

The City of Calistoga is looking for highly motivated, enthusiastic, and customer service oriented individuals to perform lifeguard duties and enforce pool rules and regulations pertaining to the safety and well-being of the patrons and visitors at the facility. FREE TRAINING PROVIDED.

Admin Aide - Pay \$16.00 per hour starting pay (Must be at least 14 years old)

The City of Calistoga is looking for enthusiastic, friendly, and customer service oriented individuals to provide assistance to aquatic facility visitors, and enforce pool regulations pertaining to the safety and well-being of visitors at the facility. FREE TRAINING PROVIDED.

Swim Instructors - Pay \$16.00 per hour starting pay (Must be at least 14 years old)

The City of Calistoga is looking for energetic, organized, and customer service oriented individuals to provide swim lesson instruction to all levels of students enrolled in the City's swim lesson programs. FREE TRAINING PROVIDED

Recreation Leaders - Pay \$16.56 per hour starting pay (Must be at least 14 years old)

The City of Calistoga is looking for energetic, friendly, and customer service oriented individuals to provide assistance in administration of recreation programs and activities. Recreation Leaders work directly with other recreation staff members to develop, organize, and coordinate youth, adult, aquatic, or special events.

Coaches/Referees - Pay \$16.00 per hour starting pay (Must be at least 14 years old)

The City of Calistoga is looking for energetic, highly motivated, and enthusiastic individuals to provide an enjoyable and safe sporting experience for children learning individual and team skills, sportsmanship, and fair play. Coaches and referees will assist in developing youth sport skills in basketball, volleyball, or soccer.

How to Apply

ONLINE: ci.calistoga.ca.us/city-hall/departments-services/human-resources/employment-opportunities.

IN PERSON: Visit our office and pick up an employment application.

Volunteers Needed

Swim Instructors

The City of Calistoga is looking for energetic, friendly, and highly motivated volunteers to teach swim lessons to Calistoga Elementary School students, as part of their physical education program.

Schedule: Mid-April to mid-May, 12-3PM with flexible scheduling

Youth Sports Volunteer Coaches

The City of Calistoga is looking for volunteer coaches to teach fundamental skills to children while emphasizing skill development, fair play, teamwork, sportsmanship, and fun. Sports programs include youth basketball, volleyball, and soccer leagues. Training is provided, and practice schedules will be determined based on the coach's availability.

For more information regarding employment and volunteer opportunities, please call 707.942.2838 or email recreation@ci.calistoga.ca.us

STAFF DIRECTORY

Rachel Stepp

Parks & Recreation Director

707.942.2844 | rstepp@ci.calistoga.ca.us

Danny Brink

Recreation Coordinator – Youth and Adult Sports, Fitness Programs, Camps

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Recreation Coordinator – Aquatics, Facility Rentals, and Seniors

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CITY OF CALISTOGA PARKS & RECREATION DEPARTMENT

1745 Washington Street
Calistoga, CA 94515
(707) 942-2838
recreation@ci.calistoga.ca.us

cityofcalistoga.perfectmind.com
www.ci.calistoga.ca.us

Design: Pembroke Studios | Photography: Clark James Mishler





CALISTOGA EVENTS

Recreation Events

Safety Day

March 30, 2024

12PM-2PM, Logvy Park

FREE

All community members are invited to come learn about fire, bike, and water safety. Bring your bikes and test out the obstacle course! Bike raffle, prizes, food, and more!

City Wide Yard Sale

Saturday, April 20, 2024

9AM-1PM

FREE Within Calistoga City Limits

Celebrate Earth Day with Calistoga Parks & Recreation's Citywide Yard Sale! Register by April 8 to have your house placed on the Citywide Yard Sale map. Yard sales will be held at various locations throughout Calistoga.

Calistoga Community Trip to Funny Girl @ Orpheum Theatre

Wednesday, May 15, 2024

10AM-6PM

Fee: \$50 Residents / \$60 Non-Residents

(Includes show ticket and a bus ride to and from the Orpheum Theatre.)

Meet at Calistoga Community Pool parking lot at 10AM. Join us on an excursion to watch a classic musical "Funny Girl" that tells the story of Fanny Brice, a talented and witty performer navigating the challenges of love and fame in the early 20th century. The play is known for its humor, heartwarming moments, and iconic musical numbers. Whether

you're a seasoned theatergoer or a first-time attendee, the play's charm and energy are sure to leave a lasting impression.

Calistoga Community Trip to USS Potomac – 2 hour Sightseeing and History Cruise

Thursday, May 30, 2024

8AM-3:30PM

Fee: \$50 Residents/\$60 Non-Residents

(Includes cruise ticket and a bus ride to and from the boat dock in Oakland.)

Meet at Calistoga Community Pool parking lot at 8AM. Whether you're a history buff, a nature enthusiast, or simply seeking a relaxing day on the water, this excursion is an enriching and enjoyable experience for all. Don't miss your chance to be a part of this unforgettable journey aboard the USS Potomac. Adult and Senior participation is encouraged for this excursion. Must be over 18 to register. Participants also must bring a lunch from home.

Calistoga Teen Trip to the Giants Game (14-18 YRS)

Friday, May 10, 2024

2PM- returning around 12AM

We are taking a TEEN trip to watch the San Francisco Giants play at Oracle Park on a Friday Night! Travel to the game on a coach bus from Calistoga to Oracle Park. The bus will depart from Calistoga at 3PM. The bus will depart from the stadium 30 minutes after the last out. We will have five adult chaperones to accompany 20 high school aged kids.

Calistoga Community Trip to the Giants Game

Thursday, July 11, 2024

9AM-7PM

Lower Box Section 129 (17 available): \$50

Bleachers Rows 1-4 (19 available): \$40

(Includes game ticket and a luxurious bus ride to and from the stadium.)

All community members are invited to watch the San Francisco Giants take on the Toronto Blue Jays. Travel to the game on a coach bus from Calistoga to Oracle Park, the bus will depart from Logvy Park in Calistoga at 9AM. The game starts at 12:30PM. The bus will depart 30 minutes after the last out. All ages, families, friends, and community members are welcome to join.

Stay tuned for announcements on Fall 2024 excursions!

Wellness Week

April 22-27, 2024

Activity times vary

This week in Calistoga is focused on wellness, healthy living and eating and extra time to reconnect with Mother Earth. It's sure to be your best week yet of 2024! A series of activities to enjoy with a special nod to nature on Earth Day, April 22. If you want to live a little and love your body more, this is the week for you! This very special week is sponsored by the Calistoga Chamber of Commerce and partners. Last year included special yoga and fitness classes, aquatic programs, and activities to connect with the outdoor world. This year is sure to include similar wellness centered activities.

The Parks and Recreation department will be hosting exercise classes, designed to rejuvenate your mind, body, and spirit! Join us for invigorating workouts and mindful movement practices tailored to enhance your overall well-being. Whether you're a fitness enthusiast or just starting your wellness journey, there's something for everyone in our diverse lineup of classes. Class schedule will be available on

perfectmind in late March.

We will be hosting a pickleball tournament on the final day of Wellness Week (Saturday, April 27). This will be a round-robin style tournament, and participants will sign up individually. Sign ups will open at the beginning of April.

Concerts in the Park

Thursdays, June 13-August 15

6:30PM-8:30PM

Pioneer Park

Along with your best group of friends or extended family, bring your blankets, chairs and picnic dinner to enjoy this Calistoga favorite summer celebration. Just when you thought the deal couldn't get any better, adult beverages are allowed (for those 21 and over) and select local wines available for purchase, highlighting a different winery each week. Restaurants offering boxed dinners are to be announced.

National Night Out

Tuesday, August 6, 2024

4PM-7PM, Logvy Park

FREE

National Night Out is an annual event that promotes a positive relationship between your local police department and community members. This free family friendly event includes food, an inflatable jumpy, and other exciting activities provided by local community businesses and non-profit groups. Please join us for a great evening out with your Calistoga Police Department!

Harvest Table

Sunday, September 8, 2024

Calistoga Harvest Table® - a celebration of a plentiful harvest season. Local restaurants and dozens of wineries will once again welcome visitors and locals to 1,000 feet of tables in the center of the city's picturesque downtown. For more information contact Visit Calistoga at 707.942.6333.

ADULT PROGRAMS

Keeping Minds Young & Bodies Strong

The City of Calistoga Parks & Recreation is proud to collaborate with different organizations throughout Napa Valley to provide adult programs. One of our major collaborators for adult programs is with Rianda House in St. Helena. Rianda House activities inspire individuals to live life to its fullest by learning, sharing and exploring new possibilities together. All UpValley adults are invited to enjoy these enriching activities offered, at no-cost at the Calistoga Community Center. Rianda House, a 501c3 non-profit organization is funded solely by our generous community and supportive grants.

Calistoga Parks & Recreation also partners with Calistoga Fit to offer Calistoga Residents free fitness classes. Classes are suitable for all levels. Not a Calistoga local? Drop-ins available for a fee.

Calistoga Parks & Recreation is committed to providing UpValley adults with programs, support services and experiences that stimulate minds, strengthen bodies, and promote independent living through education, recreation and social involvement.

Adult Sports Leagues

Co-Ed Softball League (18+ YRS)

Calistoga Parks and Recreation is proud to announce our eighth season of co-ed adult softball! Get some friends together for fun evenings on the diamond. All pitching is underhand, and batters will alternate male-female. Signups start Monday, April 1, and the final day to register is Friday, May 12. A mandatory team manager's meeting Monday, June 3.

Tuesday & Thursday 6/4-8/13 5-8PM

Location: Logvy Park

FEE: \$550 (per team)



Adult Fitness Program

Pickleball Lessons

Beginner and Intermediate Pickleball Lessons

Learn how to play: the rules, hitting techniques, serving and keeping score

Thursdays beginning March 21st 5-6PM

Location: Calistoga Junior Senior High

Tennis Courts

Fee: FREE for Calistoga residents/

\$20 for non-residents

Yoga at Night

Whether you are new to yoga or have a strong practice, this class is for you! Move through traditional yoga poses with fun and motivating music. One hour of FUN-suitable for all levels. Co-sponsored by Calistoga Parks & Recreation and Calistoga Fit.

Mondays 6-7PM

Location: Calistoga Fit Studio

Fee: FREE for Calistoga residents/

\$10 for non-residents

Zumba

Zumba takes the “work” out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party! A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Classes take a break June-August.

Tuesdays 6:30-7:30PM

Location: Calistoga Fit Studio

Fee: FREE for Calistoga residents/

\$15 for non-residents

Fitness in the Park

Enjoy a scenic exercise class in Calistoga's own Pioneer Park. Co-sponsored by Calistoga Parks & Recreation and Calistoga Fit, this fitness series will feature a different fitness activity every Tuesday throughout the summer.

Tuesdays June 11-August 13 6-7PM

Location: Pioneer Park

Fee: FREE for Calistoga residents/

\$15 for non-residents

Yoga Flow

Tuesdays 10:30-12PM

Location: Calistoga Community Center

Fee: FREE for residents/\$10 non-residents



YOUTH & TEEN PROGRAMS

Sports & Activities

Youth Basketball (U6: 4-5 YRS) & U12: (10-11 YRS)

Partnered with Upper Valley Sports League, this youth basketball program is filled with fundamental skill progression drills, team building, as well as games and competition. Practice will be during the week, starting in January. Practice times are set according to coaches schedules. Most games are Saturday mornings, in Calistoga and St. Helena. **Registration opens October 1.**

Fee: FREE to Calistoga residents/
\$100 for non-residents

Youth Volleyball (8-14 YRS)

Participants will be coached by players on the PUC volleyball team. Coaches will teach basic skills: serving, passing, setting and attacking, and use them in game like situations. Practices will be Tuesdays and games will be Thursdays. Dates are subject to change. **Registration opens March 1.**

4/9-5/23 5-7PM

Fee: Free to Calistoga residents/
\$70 for non-residents

Summer Youth Art Camps (7-12 YRS)

Join us for a fun-filled week of artistic exploration, where budding Picassos can unleash their imagination through painting, drawing, sculpting, and more. Led by experienced instructors, children will learn new techniques, experiment with different mediums, and express themselves in a supportive and inspiring environment. From colorful masterpieces to whimsical creations, our camp encourages young artists to discover the joy of self-expression and celebrate their unique talents. Get ready to dive into a world of creativity, laughter, and endless possibilities at Kids Art Camp. Sign up for one or both weeks.

6/24-6/28 9AM-12PM

Fee: Calistoga Residents FREE/
\$144 for non-residents

7/22-7/26 9AM-12PM

Fee: FREE to Calistoga residents/
\$144 for non-residents

All Sorts of Sports Camp (7-13 YRS)

The All Sorts of Sports coed camp by National Academy of Athletics is packed with fun. Whether your child is a beginner or more advanced player, this multi-sport camp is a perfect place for kids to be introduced to the world of sports, teamwork, and athletics. Games we play include baseball, basketball, dodgeball, soccer, flag football, capture the flag, ultimate frisbee, relay and obstacle races and a whole lot more. Your children will learn new skills while having a blast and making new friends.

7/15-7/19 9AM-12PM

Fee: FREE to Calistoga residents/
\$150 for non-residents

All Sorts of Sports Junior Academy (4-6 YRS)

Jr. Academy gives children a fun, active and educational experience tailored to the abilities of their age group. Our program uses FUN to teach problem solving skills and the beginning fundamentals for sports including: throwing, catching, kicking, running, and teamwork. Jr. Sports Academy provides structured simple activities, individual and team building challenges along with simple, small-sided competitions to develop and engage young athletes.

7/8-7/12 9AM-12PM

Fee: FREE to Calistoga residents/
\$150 for non-residents

Adult Education Programs

Lunch and Learn

Join in a lively educational activity, have a healthy lunch and learn about resources available in Napa County. **Reservations are required.** To reserve your spot call: 707.963.8555. Co-sponsored by Calistoga Parks & Recreation, The Rianda House, Up Valley Family Center and St. Helena Hospital.

Third Wednesday of the month 11AM-1PM

Location: Calistoga Community Center

Fee: FREE

Craft Lab 55+ with Calistoga Art Center

Come and join in to explore your creativity through art marking. No previous experience necessary. Each 2 hour session will introduce a different technique and process, hand building with clay, printmaking with DIY stamps, some ways of Repousse/embossing, and the Art of Collage. All materials will be provided. All you need to do is register and show up.

May 2, 9, 16, 23, 30 10AM-12PM

September 5, 12, 19, 26 10AM-12PM

Location: Calistoga Art Center

Fee: FREE to Calistoga residents/\$20 per class for non-residents



Youth Soccer

Designed for both the beginner and the intermediate players, participants will learn basic soccer skills like kicking, passing, and ball control, and use these skills in game-like situations. Games will be mostly Saturday mornings in Calistoga, St. Helena, and Napa. Practice will be during the week, starting the week of August 19th. Practice times will vary based on teams. This league is partnered with St. Helena Recreation and Napa United for an exciting 2024 soccer season. **Registration opens April 1 and ends June 30.**

Fee: FREE to Calistoga residents / \$70-\$100 for non-residents

Team	Time Period	Fee	Ages
Under 6: Co-ed	8/17-10/17	\$70	4-5
Under 8: Boys	8/17-11/7	\$70	6-7
Under 8: Girls	8/17-11/7	\$70	6-7
Under 10: Boys	8/17-11/30	\$100	8-9
Under 10: Girls	8/17-11/30	\$100	8-9
Under 12: Boys	8/17-11/30	\$100	10-11
Under 12: Girls	8/17-11/30	\$100	10-11

Youth Tennis Clinics (7-13 YRS)

Players will learn tennis basics including forehands, backhands, serves, volleys, singles, and doubles strategies along with scoring and rules of the game. This program teaches the skills necessary to play tennis matches for the first time emphasizing serving and peer-to-peer hitting. Each session is a mix of instruction and match play. When registering for tennis all ages/levels will register for the same group but will be placed in either the beginner or advanced group based on a skills evaluation at the first meeting.

Spring Clinic

Wednesdays, beginning April 17.

Junior Tennis (4-7 YRS)

4:30-5:30PM

Fee: FREE to Calistoga residents/\$175 for non-residents

Youth Tennis (8-12 YRS)

5:30-6:30PM

Fee: FREE to Calistoga residents/\$175 for non-residents



POOL ADMISSION FEES

1745 Washington Street, Calistoga | 707.942.2838

Daily Fees

Youth (under 18 YRS) \$6

Seniors (55+ YRS) \$6

Adults (18+ YRS) \$8

10 Visit Pass Lap & Rec Swim

Seniors (55+ YRS) \$60

Adults (18+ YRS) \$80

Daily Fees Water Aerobics

Seniors (55+ YRS) \$8

Adults (18+ YRS) \$10

10 Visit Pass Water Aerobics

Seniors (55+ YRS) \$80

Adults (18+ YRS) \$100

2024 Non-Resident Season Pass

April-September

(Includes water aerobics, lap swim, and rec swim)

Seniors (55+ YRS) \$400

Adults (18+ YRS) \$550

Family (Two adults) \$750

2024 Calistoga Resident Season Pass

April-September

(Includes water aerobics, lap swim and rec swim)

Adults and youth 11-17 years old planning to come to the pool without an adult, must register and provide proof of residency.

Fee: FREE for Calistoga Residents

Pool Schedule

A summer pool schedule will be available in mid-May 2024.



LIFEGUARDING

Camp & Training

Junior Lifeguard Camp (9-14 YRS)

The Calistoga Junior Lifeguard Camp is designed to introduce water and pool safety, emergency response, and basic first aid skills for kids who are comfortable swimmers. Participants will learn different rescue skills and techniques used by lifeguards including basic first aid, pool safety and rules, weather safety, survival skills and emergency response. Come see how fun it can be to be a lifeguard. **Children must be able to swim two lengths of the pool to participate.**

6/24-6/28 9AM-1PM

Fee: FREE to Calistoga residents/\$140 for non-residents

Lifeguard Training (15+ YRS)

The City of Calistoga is hiring lifeguards for the 2024 pool season. Spend a week learning safety skills and water rescues with your friends! No experience necessary, flexible work schedules, and training provided! Must be at least 15 years of age and have some swimming abilities. To pass tryouts for the lifeguard training course, participants must be able to swim 12 lengths of the pool (300 yards), retrieve a 10lb brick off the bottom of the pool (at 9ft), and tread for 2 minutes without hands. **Pre-registration is required.**

Spring Break Training 4/1-4/5 8:30AM-4PM

Spring season tryout Friday 3/29 3:30-5PM

Summer Break Training 6/17-6/21 8:30AM-4PM

Fee: FREE to Calistoga Community Pool prospective employees / \$250 for non-employees



AQUATICS

Swim Lessons

Learn how to swim in a fun, engaging and supportive environment. The Calistoga Community Pool offers options for all ages and abilities in both of our pools. Classes are listed in order of progression levels, with dates and times listed below in the swim lesson schedule. Please see class skill level breakdown for beginning, intermediate or advanced placement or our swim lesson class descriptions and requirements to find out what class will best suit your needs.

Fee: FREE to Calistoga residents / \$50-\$60 for non-residents

Swim Lesson Level

Choosing A Swimming Class That's Right For You

Calistoga Community Pool has a variety of swimming classes to choose from. Our hope is you will be able to find the program that fits you or your child's ability and age.



Category 1

Parent/ Infant Swimming (6 MOS-2YRS)

Shrimp and Lobster

Parents and children together will work on water adjustment and beginning swimming skills, including floating, kicking bubble blowing, and water play. Parents and children will sing songs and explore the pool together. Parent Participation is required. *Please bring regular clothes on the last day of class, children will learn a safety skill that can be used if they accidentally fall into water.*

PARENT/ADULT MUST BE IN THE WATER WITH CHILD.

Location: Little Pool

Category 2

Toddler/Preschool Swimming (3-5 YRS)

Starfish Mini

This class is only for beginning young swimmers who are unsure of the water, and this class moves at a slower pace than Starfish. Introductory skills are taught using water play to get beginning swimmers comfortable in and around the water. Participants will learn many skills, including bubble blowing, putting their face in the water, and how to return to the wall. *Prerequisite: Timid/ fearful of water*

Location: Little Pool

Starfish

This class is designed for beginning young swimmers who are comfortable in the water. Introductory skills are taught using water play. Participants will learn many skills, including bubble blowing, putting their face in the water, and how to return to the wall. *Prerequisite: Completion of Starfish Mini or comfortable in the water.*

Location: Little Pool

Guppy

For swimmers who have been introduced to the water, and are still learning about water. This class focuses on pool safety, play, and transitions into independent skills. Participants will work on floating on both their front and back, as well as introductory kicking. *Prerequisite: Completion of Starfish or participant must be able to put his/ her face under water and do three consecutive bobs.*

Location: Little Pool

Otter

Instruction builds on previously learned skills for swimmers who are comfortable in the water but lack the knowledge of formal swim strokes. Students will learn arms strokes and combine previously learned skills. *Prerequisite: Completion of Guppy or comfortable in the water and able to back float with assistance.*

Location: Little Pool

Category 3

Progressive Swimming (4-6 YRS)

Turtle

Swimmers will expand their swimming skills through floating, and beginning arm strokes, as well as breath control and water safety. This class introduces swimmers to breaststroke, and combines backstroke arms and legs.

Prerequisite: Completion of Otter or able to comfortably float on front and back.

Location: Little Pool

Penguin

For more intermediate swimmers ready to begin swimming in deeper water. This class will expand on swimming freestyle without support, diving, and combining backstroke arms and legs. **Swimmers must be 4'6", and able to stand in the big pool.** *Prerequisite: Completion of Turtle or able to combine backstroke arms and legs. Must be comfortable in the big pool.*

Location: Big Pool

Category 4

Beginning Swimming (6-13 YRS)

Seahorse

For beginners ages 6-13 years who have not taken swim lessons before and are uncomfortable in the water. Basic skills such as blowing bubbles, bobs, and floating will be emphasized and comfort in the water will be the primary focus.

Location: Little or Big Pool depending on class size and ages of participants

Category 5

Advanced Swimming (6-13 YRS)

Seal

This class is designed for swimmers who are comfortable in the water and know basic strokes and pool safety. Instruction will focus on front and back crawl mechanics as well as diving. *Prerequisite: Completion of Turtle, or basic front and back crawl arm stroke knowledge.*

Location: Big Pool

Ray

Swimmers will work on endurance during front and back crawl and an introduction to side breathing and breast stroke. *Prerequisite: Completion of Seal or front and back crawl 5 stroke lengths.*

Location: Big Pool

Swordfish

Swimmers will work on stroke refinement and power, and emphasis will be placed on learning breaststroke and swimming 25 yards with rotary breathing. *Prerequisite: Completion of Ray or front crawl and back crawl 10 stroke lengths with rotary breathing.*

Location: Big Pool

Porpoise

Swimmers will work on advanced techniques for front crawl, backstroke, and breaststroke. There will be emphasis placed on introducing butterfly stroke, detailed stroke refinement and efficiency, and swimming full lengths of the pool. *Prerequisite: Completion of Swordfish or ability to swim 25 yards of front crawl with rotary breathing and knowledge of backstroke.*

Location: Big Pool

Category 6

Adult Lessons (ANY PARTICIPANT 14+ YRS AND OLDER)

Adult

Swimmers will work on water adjustment, and beginning swimming skills, including floating and kicking. More comfortable swimmers will learn basic stroke fundamentals including arm strokes and breathing.

Location: Big Pool

CALISTOGA COMMUNITY POOL

Swim Lesson Schedule

Morning lessons and afternoon lessons are offered Monday-Thursday for 2 weeks. To register please find your class level, and pick a time, then let us know how we can help you enroll.

Child swim lessons are FREE for Calistoga residents / \$50 for non-residents

Adult swim lessons are FREE for Calistoga residents / \$60 for non-residents.

All classes are 25 minutes long, with a 5 minute transition interval for instructors.

Registration Dates

Session Dates (6/17-6/27): Registration opens 5/17

Session Dates (7/1-7/11): Registration opens 6/24

Session Dates (7/15-7/25): Registration opens 7/8

Session Dates (7/29-8/8): Registration opens 7/22

Please visit cityofcalistoga.perfectmind.com for more registration information.



Level	Age	Dates	Days	Time
Shrimp & Lobster	6 MOS-2 YRS	6/17-6/27	M-TH	10:30-10:55AM
		7/1-7/11	M-TH	10:30-10:55AM
		7/15-7/25	M-TH	10:30-10:55AM
		7/29-8/8	M-TH	10:30-10:55AM
		6/17-6/27	M-TH	4:45-5:10PM
		7/1-7/11	M-TH	4:45-5:10PM
		7/15-7/25	M-TH	4:45-5:10PM
		7/29-8/8	M-TH	4:45-5:10PM
Mini Starfish	3 YRS-5 YRS	6/17-6/27	M-TH	4:15-4:40PM
		6/17-6/27	M-TH	5:15-5:40PM
		7/1-7/11	M-TH	4:15-4:40PM
		7/1-7/11	M-TH	5:15-5:40PM
		7/15-7/25	M-TH	4:15-4:40PM
		7/15-7/25	M-TH	5:15-5:40PM
		7/29-8/8	M-TH	4:15-4:40PM
		7/29-8/8	M-TH	5:15-5:40PM
Starfish	3 YRS-5 YRS	6/17-6/27	M-TH	11-11:25AM
		7/1-7/11	M-TH	11-11:25AM
		7/15-7/25	M-TH	11-11:25AM
		7/29-8/8	M-TH	11-11:25AM
		6/17-6/27	M-TH	4:15-4:40PM
		6/17-6/27	M-TH	5:15-5:40PM
		7/1-7/11	M-TH	4:15-4:40PM
		7/1-7/11	M-TH	5:15-5:40PM
		7/15-7/25	M-TH	4:15-4:40PM
		7/15-7/25	M-TH	5:15-5:40PM
		7/29-8/8	M-TH	4:15-4:40PM
		7/29-8/8	M-TH	5:15-5:40PM

Level	Age	Dates	Days	Time
Guppy	3 YRS-5 YRS	6/17-6/27	M-TH	10:30-10:55AM
		7/1-7/11	M-TH	10:30-10:55AM
		7/15-7/25	M-TH	10:30-10:55AM
		7/29-8/8	M-TH	10:30-10:55AM
		6/17-6/27	M-TH	4:15-4:40PM
		6/17-6/27	M-TH	4:45-5:10PM
		7/1-7/11	M-TH	4:15-4:40PM
		7/1-7/11	M-TH	4:45-5:10PM
		7/15-7/25	M-TH	4:45-5:10PM
		7/15-7/25	M-TH	5:15-5:40PM
		7/29-8/8	M-TH	4:45-5:10PM
		7/29-8/8	M-TH	5:15-5:40PM
Otter	3 YRS-5 YRS	6/17-6/27	M-TH	10:30-10:55AM
		7/1-7/11	M-TH	10:30-10:55AM
		7/15-7/25	M-TH	10:30-10:55AM
		7/29-8/8	M-TH	10:30-10:55AM
		6/17-6/27	M-TH	4:45-5:10PM
		6/17-6/27	M-TH	5:15-5:40PM
		7/1-7/11	M-TH	4:45-5:10PM
		7/1-7/11	M-TH	5:15-5:40PM
		7/15-7/25	M-TH	4:15-4:40PM
		7/15-7/25	M-TH	4:45-5:10PM
		7/29-8/8	M-TH	4:15-4:40PM
		7/29-8/8	M-TH	4:45-5:10PM
Turtle	4 YRS- 6 YRS	6/17-6/27	M-TH	11-11:25AM
		7/1-7/11	M-TH	11-11:25AM
		7/15-7/25	M-TH	11-11:25AM
		7/29-8/8	M-TH	11-11:25AM
		6/17-6/27	M-TH	4:15-4:40PM
		6/17-6/27	M-TH	5:45-6:10PM
		7/1-7/11	M-TH	4:15-4:40PM
		7/1-7/11	M-TH	5:45-6:10PM
		7/15-7/25	M-TH	5:15-5:40PM
		7/15-7/25	M-TH	5:45-6:10PM
		7/29-8/8	M-TH	5:15-5:40PM
		7/29-8/8	M-TH	5:45-6:10PM



Level	Age	Dates	Days	Time
Seahorse	6 YRS- 12 YRS	6/17-6/27	M-TH	11-11:25AM
		7/1-7/11	M-TH	11-11:25AM
		7/15-7/25	M-TH	11-11:25AM
		7/29-8/8	M-TH	11-11:25AM
		6/17-6/27	M-TH	4:15-4:40PM
		6/17-6/27	M-TH	5:45-6:10PM
		7/1-7/11	M-TH	4:15-4:40PM
		7/1-7/11	M-TH	5:45-6:10PM
		7/15-7/25	M-TH	4:15-4:40PM
		7/15-7/25	M-TH	5:45-6:10PM
		7/29-8/8	M-TH	4:15-4:40PM
		7/29-8/8	M-TH	5:45-6:10PM
Penguin	6 YRS- 12 YRS	6/17-6/27	M-TH	4:15-4:40PM
		6/17-6/27	M-TH	5:15-5:40PM
		6/17-6/27	M-TH	5:45-6:10PM
		7/1-7/11	M-TH	4:15-4:40PM
		7/1-7/11	M-TH	5:15-5:40PM
		7/1-7/11	M-TH	5:45-6:10PM
		7/15-7/25	M-TH	4:15-4:40PM
		7/15-7/25	M-TH	4:45-5:10PM
		7/29-8/8	M-TH	4:15-4:40PM
7/29-8/8	M-TH	4:45-5:10PM		
Seal	6 YRS- 12 YRS	6/17-6/27	M-TH	4:45-5:10PM
		6/17-6/27	M-TH	5:15-5:40PM
		6/17-6/27	M-TH	5:45-6:10PM
		7/1-7/11	M-TH	4:45-5:10PM
		7/1-7/11	M-TH	5:15-5:40PM
		7/1-7/11	M-TH	5:45-6:10PM
		7/15-7/25	M-TH	4:15-4:40PM
		7/15-7/25	M-TH	4:45-5:10PM
		7/15-7/25	M-TH	5:45-6:10PM
		7/29-8/8	M-TH	4:15-4:40PM
		7/29-8/8	M-TH	4:45-5:10PM
Ray	6 YRS- 12 YRS	6/17-6/27	M-TH	4:45-5:10PM
		6/17-6/27	M-TH	5:45-6:10PM
		7/1-7/11	M-TH	4:45-5:10PM
		7/1-7/11	M-TH	5:45-6:10PM
		7/15-7/25	M-TH	4:45-5:10PM
		7/15-7/25	M-TH	5:15-5:40PM
		7/15-7/25	M-TH	5:45-6:10PM
		7/29-8/8	M-TH	4:45-5:10PM
		7/29-8/8	M-TH	5:15-5:40PM
		7/29-8/8	M-TH	5:45-6:10PM

Level	Age	Dates	Days	Time
Swordfish	6 YRS- 12 YRS	6/17-6/27	M-TH	4:45-5:10PM
		6/17-6/27	M-TH	5:15-5:40PM
		7/1-7/11	M-TH	4:45-5:10PM
		7/1-7/11	M-TH	5:15-5:40PM
		7/15-7/25	M-TH	4:15-4:40PM
		7/29-8/8	M-TH	4:15-4:40PM
Porpoise	6 YRS-12 YRS	6/17-6/27	M-TH	4:15-4:40PM
		7/1-7/11	M-TH	4:15-4:40PM
		7/15-7/25	M-TH	4:45-5:10PM
		7/15-7/25	M-TH	5:45-6:10PM
Adult	18+	7/29-8/8	M-TH	4:45-5:10PM
		7/29-8/8	M-TH	5:45-6:10PM
		7/1-7/11	M-TH	4:45-5:10PM
		7/1-7/11	M-TH	5:45-6:10PM
		7/15-7/25	M-TH	5:15-5:40PM
		7/15-7/25	M-TH	5:45-6:10PM
		7/29-8/8	M-TH	5:15-5:40PM
		7/29-8/8	M-TH	5:15-5:40PM



AQUATICS SPECIAL EVENTS

See You At The Pool!

Teen Night (12-17 YRS)

Come hangout, listen to music and enjoy the pool without parents. Dinner will be provided by the Calistoga Teen Center and Calistoga Community Pool!

Friday 7/19 6-8PM

Friday 8/2 6-8PM

Fee: FREE

Fiesta De Mayo

Opening up for the Spring and Celebrating Cinco de Mayo. Enjoy some fun treats and floaties. Piñata breaking available throughout the day.

Saturday 5/4 12-6PM

Fee: \$5

Float Day

Bring your favorite floaties and enjoy a splash with a root beer float! Bring your own floaties or use ours, but be ready to float.

Saturday 6/29 12-6PM

Saturday 8/10 12-6PM

Fee: \$10

Sundae Sunday

Enjoy a relaxing Sunday by the pool eating your own delicious ice cream sundae creation. What better way to spend a Sunday than having a Sundae at the pool with your family?

Sunday 7/14 12-6PM

Sunday 8/4 12-6PM

Fee: \$10

AQUATICS

Adult Programs

Adult Swim Lessons (16+ YRS)

Swimmers will work on water adjustment, and beginning swimming skills, including floating and kicking. More comfortable swimmers will learn basic stroke fundamentals including arm strokes and breathing. Lessons are by request.

Location: Big Pool

Aqua Aerobics

Partnered with Calistoga Fit, this shallow water aqua class focuses on using the natural resistance of the water to tone and challenge the muscles in a joint friendly manner. See Pool Schedule for dates and times.

Location: Big Pool



RECREATION FACILITIES

Community Spaces

Calistoga Parks & Recreation provides an array of facilities and parks including ball fields, recreational pool facility and community center event space.

How to Reserve Facilities

1. Go to cityofcalistoga.perfectmind.com
2. Create an account
3. Select “Online Booking”
4. Select “Facility Reservation”
5. Find your desired facility
6. Select “Choose”
7. Select how many hours you’d like to reserve the room for
8. Enter how many people will be attending
9. After reserving, you will be contacted for payment

Important note: If desired rental date is within 30 days, you must contact Calistoga Parks and Rec to reserve.

Calistoga Community Pool

1745 Washington Street

This is a 2 pool aquatics facility which includes a six lane – 25 yard lap pool with a diving board and a smaller recreational pool with water features. The facility also includes a large lawn and picnic area. Alcohol is prohibited inside this facility at all times. Permits are only approved during non-operational times during the open season (approximately April – September).

Picnic Table Rentals

Reserve two tables for birthday parties or celebrations during recreation swim. Table rentals are \$60 for two tables. Tables may be reserved during recreational swim.

Pioneer Park

1308 Cedar Street

Pioneer Park is primarily designed for passive recreational activities. Facilities at the park include a drinking fountain, restrooms, children’s playground, gazebo and a picnic area. There are two small picnic areas with barbeque pits. The gazebo and the picnic areas can be rented for use by private groups.

Monhoff Center

1505 Grant Street

Racquetball Courts (4 people per court)

Two regulation-size fully-enclosed courts suitable for racquetball or handball are open to the public

from 8am-10pm, on a first come first serve basis. Only one court is available during Teen Center hours, 3pm-7pm. If the facility is closed during open hours, during business hours contact Public Works 707.942.2780 and after business hours contact the Police Department 707.942.2810.

Logvy Community Park

1745 Washington Street

This Park is 10.5 acres, located west of the intersection of Washington Street and Oak Street. The Park includes use of the baseball diamond, and soccer field. These fields are primarily rented to organized sports leagues. The fields can also be rented for private use and are for public leisure use when not rented.

Calistoga Community Center

1307 Washington Street

The Community Center is a one-room hall suitable for social gatherings, receptions, meetings, seminars and classes. There is a small kitchen with sink, 4-burner stove/oven unit and a full size refrigerator. Rental of the Community Center includes the use of seven 8-foot tables, sixty folding chairs, and the use of three picnic tables and patio area located outside the Center.



City of Calistoga Parks & Recreation Department
1745 Washington Street
Calistoga, CA 94515

707.942.2838

recreation@ci.calistoga.ca.us

www.ci.calistoga.ca.us

www.cityofcalistoga.perfectmind.com