


# City of Calistoga

## Staff Report

**TO:** Honorable Mayor and City Council  
**FROM:** Olivia Lemen, Aquatic and Recreation Manager  
**DATE:** May 19, 2009  
**SUBJECT:** Pool Fee Adoption

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APPROVAL FOR FORWARDING:

  
James C. McCann, City Manager

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**ISSUE:** To adopt a resolution authorizing the collection of aquatic fees at the community pool.

**RECOMMENDATION:** Adopt resolution.

**BACKGROUND/DISCUSSION:** The City pool is nearing completion and will be open to the public in early June. On May 5 Council reviewed a list of pool programs and the associated fees

The following is a list of programs and their offered time (for a comprehensive view, please see the attached document):

**Recreational Swim** – Recreational swim offers a fun time in the water for all ages. Both pools will be open for use during these swim times and lifeguards will be on duty at both pools. This is open to all ages. Please note that there will be limited or NO lap swimming available during this time.

**Swim Lessons** – Lessons will be offered in 2 week sessions all summer long. Classes will be 25 minutes in length and will meet on Monday- Thursdays. Classes are divided by age and skill level to ensure a safe and successful learning environment.

**Adult Fitness and Lap Swimming** – This is a time designated for adults to utilize Exercise Pool for lap swimming and individual water exercise. Lane lines will be in place and lanes designated according to swimming speeds. Kickboards and pull buoys will be available for use. One lane will be designed for those exercisers who would prefer to water walk and exercise as opposed to swimming laps.

31 **Water Exercise Classes** – We have two great instructor led class options:  
32 **Arthritis Foundation Aquatic Program** – Class designed to improve and  
33 sustain participants' joint mobility, muscle tone, functional endurance and  
34 independence. Gentle movements increase joint flexibility and range of motion,  
35 while restoring or maintaining muscle strength.

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37 **Water Aerobics** – A fun water fitness class using water resistance to provide  
38 strength training and aerobic conditioning for people of all levels. Class will  
39 include some deep water work as well as stretching and flexibility to enhance  
40 cardio vascular health.

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42 The recommended fees associated with the above mentioned programs are as  
43 follows:

| 44 <b><u>General Admission</u></b>    | <b><u>Res (94515)</u></b> | <b><u>Non-Res</u></b> |
|---------------------------------------|---------------------------|-----------------------|
| 45 Youth (1-17)                       | \$2                       | \$3                   |
| 46 Adult (18-54)                      | \$4                       | \$6                   |
| 47 Senior (55+)                       | \$3                       | \$5                   |
| 48 Water Exercise Adult               | \$5                       | \$8                   |
| 49 Water Exercise Senior              | \$4                       | \$6                   |
| 50 <b><u>10 Visit Pass</u></b>        |                           |                       |
| 51 Youth (1-17)                       | \$18                      | \$27                  |
| 52 Adult (18-54)                      | \$36                      | \$54                  |
| 53 Senior (55+)                       | \$3                       | \$40                  |
| 54 <b><u>Season Pass</u></b>          |                           |                       |
| 55 Youth (1-17)                       | \$94                      | N/A                   |
| 56 Adult (18-54)                      | \$190                     | N/A                   |
| 57 Senior (55+)                       | \$144                     | N/A                   |
| 58 <b><u>Swim Lessons</u></b>         |                           |                       |
| 59 Group Lessons (per session)        | \$40                      | \$50                  |
| 60 Private Lessons (per 30 min class) | \$35                      | \$45                  |

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62 **Grand Opening events are as follows:**  
63 June 4<sup>th</sup> – Pool dedication and ribbon cutting  
64 June 4<sup>th</sup> – Opening day  
65 June 13/14 – Grand opening city wide celebration

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67 **ATTACHMENTS:**

- 68 1. Summer Schedule
- 69 2. Draft Resolution

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# Calistoga Community Pool

1745 Washington Street, Calistoga

707.942.2846

www.ci.calistoga.ca.us



*Opening June 4th!*

*Grand Opening Celebration*

*June 13th & 14th*

## Summer Schedule 6/4 - 8/14

| Mon                                       | Tue                                       | Wed                                       | Thu                                       | Fri                                  | Sat   | Sun                                       |
|---|---|---|---|--------------------------------------|---|---|
| Adult Fitness & Lap Swim<br>7-9 am        | Adult Fitness & Lap Swim<br>7-9 am        | Adult Fitness & Lap Swim<br>7-9 am        | Adult Fitness & Lap Swim<br>7-9 am        | Adult Fitness & Lap Swim<br>7-9 am   |  |   |
| Swim Lessons<br>9-12 pm                   | Swim Lessons<br>9-12 pm                   | Swim Lessons<br>9-12 pm                   | Swim Lessons<br>9-12 pm                   |                                      |   |   |
| Water Exercise<br>9:30-10:25 am           |   | Water Exercise<br>9:30-10:25 am           |   | Water Exercise<br>9:30-10:25 am      | Adult Fitness & Lap Swim<br>9:30-11:15 am   | Adult Fitness & Lap Swim<br>9:30-11:15 am |
| Arthritis Exercise<br>10:30-11:25 am      |   | Arthritis Exercise<br>10:30-11:25 am      |   | Arthritis Exercise<br>10:30-11:25 am |   |   |
| Adult Fitness & Lap Swim<br>11:30-1:00 pm | Adult Fitness & Lap Swim<br>11:30-1:00 pm | Adult Fitness & Lap Swim<br>11:30-1:00 pm | Adult Fitness & Lap Swim<br>11:30-1:00 pm | Recreation Swim<br>11:30-5:45 pm     |   |   |
| Recreation Swim<br>1:15-4:45 pm           | Recreation Swim<br>1:15-4:45 pm           | Recreation Swim<br>1:15-4:45 pm           | Recreation Swim<br>1:15-4:45 pm           |                                      |   |   |
| Adult Fitness & Lap Swim<br>5-7 pm        | Adult Fitness & Lap Swim<br>5-7 pm        | Adult Fitness & Lap Swim<br>5-7 pm        | Adult Fitness & Lap Swim<br>5-7 pm        |                                      | ◆ ◆ ◆ ◆ ◆<br>Check back with us about our Fall Schedule<br>◆ ◆ ◆ ◆ ◆                  |   |
| Swim Lessons<br>5-7 pm                    | Swim Lessons<br>5-7 pm                    | Swim Lessons<br>5-7 pm                    | Swim Lessons<br>5-7 pm                    |                                      |   |   |
|   | Water Exercise<br>5:30-6:25 pm            |   | Water Exercise<br>5:30-6:25 pm            |                                      |   |   |



## Facility Guidelines

Please take a moment to review these facility guidelines prior to your visit so you can be prepared to enjoy the facility.

- Children 5 and under must have an adult in the water with them at all times.
- Children under the age of 10 must be accompanied and supervised by a responsible person age 16 or older at all times. Teens 16-18 years of age may be limited to accompanying 2 children at one time.
- Swimsuits and swim appropriate attire only. No *jean cut-offs, loose fitting T-shirts or street shorts* allowed in the water.
- Thong/G-string suits are not permitted in pool area.
- Children over the age of 6 are not allowed in opposite-sex locker rooms.
- Children may not use lap swimming and exercise equipment except for lifeguard approved pool toys and balls.
- No floatation devices allowed, including lifejackets, float suits and water wings.
- Children who are not 100% potty trained, must wear a swim diaper. Remind ALL children to use the bathroom before and during use of the pool.
- Absolutely NO alcohol, smoking or glass containers are allowed within the facility.

## Program Descriptions & Times

**Recreational Swim** - Recreational swim offers a fun time in the water for all ages. Both pools will be open for use during these swim times and lifeguards will be on duty at both pools for your protection. This is open to all ages. Please note that there will be limited or NO lap swimming available during this time.

**Adult Fitness and Lap Swimming** - This is a time designated for adults to utilize Exercise Pool for lap swimming and individual water exercise. Lane lines will be in place and lanes designated according to swimming speeds. Kickboards and pull buoys will be available for use. One lane will be designed for those exercisers who would prefer to water walk and exercise as opposed to swimming laps.

**Water Exercise Classes** - We have two great class options to meet your needs:

**Arthritis Foundation Aquatic Program** - Class designed to improve and sustain participants' joint mobility, muscle tone, functional endurance and independence. Gentle movements increase joint flexibility and range of motion, while restoring or maintaining muscle strength.

**Water Aerobics** is a fun water fitness class using water resistance to provide strength training and aerobic conditioning for people of all levels. Class will include some deep water work as well as stretching and flexibility to enhance cardio vascular health.

Pool schedule is subject to change. Below are based on the regular summer schedule.

### Adult Lap Swimming (18 +)

M-F 7 am - 9 am  
Sat/Sun 9:30-11:15 am  
M-Th 11:30 am - 1 pm  
M-Th 5 pm - 7 pm

Swim Lessons - See schedule for actual class times

M-Th. 9 am - 12 pm  
M-Th. 5 pm - 7 pm

### Arthritis Foundation Aquatic Program (ages 18+)

M/W/F 10:30-11:25 am

### Recreation Swimming

(all ages - limited or NO access to lap swimming)

M-Th 1:15-4:45  
Fri-Sun 11:30-5:45

### Water Aerobics Classes (ages 18 +)

M/W/F 9:30-10:25 am  
Tu/Th 5:30-6:25 pm



## Fees

### Daily Fees for Calistoga Residents (94515):

|                                 |        |
|---------------------------------|--------|
| General Admission Youth (2-17)  | \$2.00 |
| General Admission Seniors (55+) | \$3.00 |
| General Admission Adults (18+)  | \$4.00 |
| Water Aerobics/Arthritis Adult  | \$5.00 |
| Water Aerobics/Arthritis Senior | \$4.00 |

### Resident Multi-Use Passes:

|                      |      |
|----------------------|------|
| Youth 10 Visit Pass  | \$18 |
| Senior 10 Visit Pass | \$27 |
| Adult 10 Visit Pass  | \$36 |

### Resident 2009 Season Passes:

|        |       |
|--------|-------|
| Youth  | \$94  |
| Senior | \$144 |
| Adult  | \$190 |

2009 Season Passes available for Calistoga Residents only.



### Daily Fees for Non-Residents:

|                                 |        |
|---------------------------------|--------|
| General Admission Youth (2-17)  | \$3.00 |
| General Admission Seniors (55+) | \$5.00 |
| General Admission Adults (18+)  | \$6.00 |
| Water Aerobics/Arthritis Adult  | \$8.00 |
| Water Aerobics/Arthritis Senior | \$6.00 |

### Non-Resident Multi-Use Passes:

|                      |      |
|----------------------|------|
| Youth 10 Visit Pass  | \$27 |
| Senior 10 Visit Pass | \$40 |
| Adult 10 Visit Pass  | \$54 |

## Swim Lessons—Session I 6/8 - 6/18 - Registration 5/18 - 6/7

### Morning Lessons (M-Th):

- 9:00am Tadpole, Waterfrog, Seahorse, Seal
- 9:30am Polliwog, Seahorse, Swordfish, Tadpole
- 10:00am Shrimp and Lobster, Tadpole, Polliwog, Ray
- 10:30am Waterfrog, Seal, Porpoise, Orca
- 11:00am Tadpole, Seahorse, Ray, Swordfish
- 11:30am Polliwog, Waterfrog, Seahorse, Seal



### Afternoon Lessons (M-Th):

- 5:00pm Polliwog, Waterfrog, Ray
- 5:30pm Tadpole, Seahorse, Seal
- 6:00pm Tadpole, Polliwog, Seahorse
- 6:30pm Swordfish, Porpoise, Orca



### Class Prices:

**\$40 for Calistoga Residents**

**\$50 for Non-Residents**

### Session Dates:

Session II: June 22-July 2

Session III: July 6-July 16

Session IV: July 20-July 30

Session V: August 3-August 13

### Registration Dates:

June 19-21

July 3-5

July 17-19

July 31-August 2

**\*Please see back page for class descriptions\***

## Swim Lesson Parent Reminders...

- To provide a safe and positive learning environment, we have strict instructor to child ratios. To ensure you are able to get into the class of your choice, please register early.
- Please be cognizant of the age requirements and pre-requisites for each swim class. The classes are designed for optimal learning among students close to the same skill level.
- Children that are not *completely* potty trained will be required to wear swim diapers when they are in the pool. Please plan ahead and have your child in his/her swim diapers before their lesson begins.
- Make-up swim lessons will only be given if the Calistoga Community Pool has to cancel a swim class due to weather or other pool shut-down circumstances.
- In an effort to provide the best learning environment for your child, we ask that parents do not gather by the edge of the pool during lessons. Often this becomes a distraction for both the swim teacher and students. Please wait to ask the swim teachers questions until after the conclusion of the lesson.



# CHOOSING THE PROPER SWIM LEVEL



## Parent/Child Program

### SHRIMP and LOBSTER (Parents and children 6 to 35 months)

This class is designed for parental participation in the water and emphasizes water adjustment, water safety, and beginning swimming skills. Through the use of songs, games, and activities, parents will learn to use commands, holding positions, and instruction techniques to assist in their child's swimming success!

### Ages 3 to 5 years

**TADPOLE (New Beginner):** There is no pre-requisite for this class. It focuses on the beginner swimmer who is still unsure in the water. Exercises like blowing bubbles improve water adjustment while water safety and basic beginner skills are introduced in an enjoyable way for the children.

**POLLIWOG (Beginner):** To join this class, the swimmer must be able to put his/her face under water and do three consecutive bobs. This class is designed for a child that is comfortable in the water. It focuses on pool safety and independent skills such as kicking techniques, glides, and an introduction to front crawl.

**WATERFROG (Intermediate Beginner):** The pre-requisite for this class is independent front and back float as well as beginner front crawl (front arm action). The class is designed for children of pre-school age who are comfortable in the water but lack the knowledge of formal swim strokes. It emphasizes skills such as front and back crawl, safety skills and an introduction to rotary breathing.

### Ages 6 to 12 years

**SEAHORSE:** There is no pre-requisite for this class. It is designed for older swimmers that are beginners in the pool and need help with basic swimming skills. There is an emphasis on water adjustment, beginner front and back crawl, breath control and water safety.

**SEAL:** The pre-requisite for this class is basic front and back crawl. It is intended for a swimmer that is comfortable in the water and knows the basic pool safety and swim strokes. There is an emphasis on front and back crawl as well as swimming endurance. Rotary breathing and treading water will also be introduced.

**RAY:** The pre-requisite for this class is swimming at least 15 yards front and back crawl. This class will introduce a wider range of swim strokes as well as rotary breathing for front crawl. Students will begin to learn stroke technique and will increase their swimming endurance.

**SWORDFISH:** The pre-requisite for this class is knowledge of all the swim strokes and the ability to swim 15 yards of the pool using front crawl with rotary breathing. There is a focus on swim strokes such as elementary backstroke, sidestroke, breaststroke, and butterfly. Students will learn stroke refinement and will increase their swimming and treading water endurance.

**PORPOISE:** The pre-requisite for this class is the ability to swim 25 yards of the pool using front crawl with rotary breathing. This level is designed for intermediate swimmers that can already swim all of the strokes successfully but need help with their technique and endurance. There is an emphasis on butterfly, breaststroke, endurance, detailed stroke refinement, and safety skills.

**ORCA:** The pre-requisite for this class is the ability to swim multiple lengths of the pool using front crawl and 25 yards of the pool using the other swim strokes. Students will learn lap swimming endurance, detailed stroke refinement and will have the ability to swim consecutive lengths of the pool using alternate strokes upon completion of this level.

### Teens ages 13-17 years

**DOLPHIN:** There is no pre-requisite for the class. It is designed specially for teens that are beginners in the pool and need help with basic swimming skills. There is an emphasis on water adjustment, front and back crawl, breath control and water safety.



## Preschool



## Youth Program



# USER FEES

## COMMUNITY RESOURCES DIVISION Community Pool Aquatic Fees (Adopted by Resolution 2009-\_\_\_\_\_)

| <u>General Admission</u>           | <u>Residents (94515)</u> | <u>Non-Residents</u> |
|------------------------------------|--------------------------|----------------------|
| Youth (Ages 1-17)                  | \$ 2.00                  | \$ 3.00              |
| Adult (Ages 18-54)                 | \$ 4.00                  | \$ 6.00              |
| Senior (Ages 55+)                  | \$ 3.00                  | \$ 5.00              |
| Water Exercise Adult               | \$ 5.00                  | \$ 8.00              |
| Water Exercise Senior              | \$ 4.00                  | \$ 6.00              |
| <br>                               |                          |                      |
| <u>10 Visit Pass</u>               |                          |                      |
| Youth (Ages 1-17)                  | \$ 18.00                 | \$ 27.00             |
| Adult (Ages 18-54)                 | \$ 36.00                 | \$ 54.00             |
| Senior (Ages 55+)                  | \$ 3.00                  | \$ 40.00             |
| <br>                               |                          |                      |
| <u>Season Pass</u>                 |                          |                      |
| Youth (Ages 1-17)                  | \$ 94.00                 | N/A                  |
| Adult (Ages 18-54)                 | \$190.00                 | N/A                  |
| Senior (Ages 55+)                  | \$144.00                 | N/A                  |
| <br>                               |                          |                      |
| <u>Swim Lessons</u>                |                          |                      |
| Group Lessons (per session)        | \$ 40.00                 | \$ 50.00             |
| Private Lessons (per 30 min class) | \$ 35.00                 | \$ 45.00             |