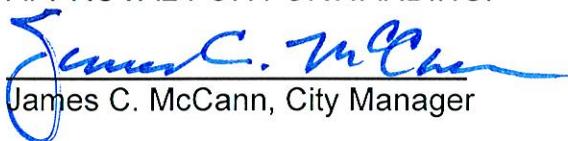


City of Calistoga

Staff Report

TO: Honorable Mayor and City Council
FROM: Mary Cahill, Community Resources Director
DATE: April 1, 2008
SUBJECT: California Children’s Outdoor Bill of Rights

APPROVAL FOR FORWARDING:



James C. McCann, City Manager

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ISSUE: California Children’s Outdoor Bill of Rights

RECOMMENDATION: Consideration of a Resolution in support of the California Children’s Outdoor Bill of Rights.

BACKGROUND/DISCUSSION: The California Children’s Outdoor Bill of Rights, an initiative of the California Roundtable on Recreation, Parks and Tourism is intended for adoption by local California Park and Recreation Agencies, and as a model for national dissemination.

With recent concerns about youth detachment from outdoor activities, lack of physical exercise and increased health risks, the California Roundtable on Recreation, Parks and Tourism adopted the California Children’s Outdoor Bill of Rights for the purpose of recommending a fundamental list of experiences that every child in California would benefit from experiencing before entering high school.

Numerous studies document that children who do things are healthier, do better in school, have better social skills and self-image, and lead more fulfilled lives.

Mission:

To encourage California’s children to participate in outdoor recreational activities and discover their heritage.

Objective:

That every child in California by their 14th year, has the opportunity to experience each of activities listed within the California Children’s Outdoor Bill of Rights.

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Child's Life List

Every child should have the opportunity to:

1. Discover California's past
2. Splash in the water
3. Play in a safe place
4. Camp under the stars
5. Explore Nature
6. Learn to swim
7. Play on a team
8. Follow a trail
9. Catch a fish
10. Celebrate their Heritage

The Community Resources Department will be able to take this model, relate existing and develop new programs that link to children diverse opportunities through this model. Not only is California moving this program forward, but national recognition is growing and requests for ways to adopt this program are garnering national attention. Local, State and National agencies, non-profits and private sector are embracing ways to encourage children to become healthier and to connect to the outdoors. As a result of the City's adoption, the resolution will be posted on the California Roundtable's Website: **Calroundtable.org** which brings a profile to the City of Calistoga as a community engaged in linking children to outdoor experiences.

The Community Resources Commission, at its meeting of March 19, supported moving the Resolution forward for adoption by the City Council.

FISCAL IMPACT: None.

ATTACHMENTS

1. Resolution
2. Every Kid's Life List
3. Proclamation signed by Governor Schwarzenegger

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2 **RESOLUTION 2008- _____**
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5 **RESOLUTION OF THE CITY COUNCIL OF THE CITY OF CALISTOGA, COUNTY OF**
6 **NAPA, STATE OF CALIFORNIA, SUPPORTING THE CALIFORNIA CHILDREN'S**
7 **OUTDOOR BILL OF RIGHTS**

8 **WHEREAS**, positive emotional and physical health and well-being and the full,
9 unbridled experience of the natural world and understanding of our heritage are the
10 indivisible and essential birthright of all children; and

11 **WHEREAS**, studies document that children who are active outdoors do better in
12 school, have better social skills and self-image, lead more fulfilled lives, and experience
13 a marked benefit to health concerns; and

14 **WHEREAS**, California Governor Arnold Schwarzenegger supported the
15 California Children's Outdoor Bill of Rights in his Proclamation of July 6, 2007, stating
16 "Participating in outdoor activities is not only an enjoyable way for kids to get the
17 exercise they need, it also helps them develop a greater appreciation for our magnificent
18 environment;" and

19 **WHEREAS**, The California Children's Outdoor Bill of Rights is an initiative that
20 states that all children between the ages of four and fourteen should have the
21 opportunity to participate in outdoor recreational activities and discover their connection
22 to California's story. These activities include discovering California's past, splashing in
23 the water, playing in a safe place, camping under the stars, exploring nature, learning to
24 swim, playing on a team, following a trail, catching a fish, and celebrating their heritage;
25 and

26 **NOW, THEREFORE BE IT RESOLVED** that the City Council of the City of
27 Calistoga hereby support the "California Children's Bill of Rights" and encourage all
28 children to enjoy and recognize the social, physical, mental, environmental and
29 community benefits derived from our City Parks, and encourage every child to
30 experience each of the activities listed within the California Children's Outdoor Bill of
31 Rights by completion of their fourteenth year.

32 **BE IT FURTHER RESOLVED** that the City Council of the City of Calistoga
33 hereby authorize and direct the City Manager on behalf of the City Council, to execute
34 and deliver such documents and to do so such acts as may be deemed necessary to
35 accomplish the intentions of this resolution.

36 **PASSED, APPROVED, AND ADOPTED** by the City Council of the City of
37 Calistoga at a regular meeting held this **1st day of April, 2008**, by the following vote:

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39 **AYES:**

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41 **NOES:**

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43 **ABSTAIN/ABSENT:**
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46 _____
47 **JACK GINGLES, Mayor**

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49 **ATTEST:**

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51 _____
52 **RAQUEL CANTILLON, Deputy City Clerk**



The **California Roundtable on Recreation, Parks and Tourism** a consortium of State, federal, local, academic institutions, private and non-profit organizations was founded in 1998 to encourage cooperation between public and private entities involved in outdoor recreation, public lands and tourism in California.

With recent concerns about youth detachment from outdoor activities, lack of physical exercise and increased health risks, the California Roundtable on Recreation, Parks and Tourism adopted the California Children's Outdoor Bill of Rights for the purpose of recommending a fundamental list of experiences that every child in California would benefit from experiencing, before entering high school.

Every child should have the opportunity to:

- Discover California's Past**
- Splash in the water**
- Play in a safe place**
- Camp under the stars**
- Explore nature**
- Learn to swim**
- Play on a team**
- Follow a trail**
- Catch a fish**
- Celebrate their heritage**



Every Kid's Life List

MISSION

To encourage California's children to participate in outdoor recreational activities and discover their heritage.

REASON

Numerous studies have shown that children who participate in outdoor recreational activities are healthier, do better in school, have better social skills and self-image, and lead more fulfilled lives.

OBJECTIVE

That every child in California should, by the end of their 14th year, have the opportunity to experience each of the activities listed within the California Children's Outdoor Bill of Rights.

Governor Arnold Schwarzenegger issued a proclamation July 6, 2007 recognizing the Children's Outdoor Bill of Rights.

The California Children's Outdoor Bill of Rights, an initiative of the California Roundtable on Recreation, Parks and Tourism, is intended for adoption by local California Parks and Recreation Agencies, and as a model for national dissemination.

For more information on the California Roundtable on Recreation, Parks and Tourism, and a survey of published research that provides substantiation of the benefits of the above listed activities go to: www.calroundtable.org.

EXECUTIVE DEPARTMENT
STATE OF CALIFORNIA



PROCLAMATION

Spending time in the great outdoors can be a wonderful experience for people of all ages, and this is especially true for our youth. Participating in outdoor activities is not only an enjoyable way for kids to get the exercise they need, it also helps them develop a greater appreciation for our magnificent environment.

To promote increased involvement in outdoor activities, the California Roundtable on Recreation, Parks and Tourism – a volunteer group comprising public and private organizations from the federal, state and local levels – has created the Children’s Outdoor Bill of Rights. This Bill of Rights provides that every child between the ages of four and fourteen should have the opportunity to:

1. Discover California’s past
2. Splash in the water
3. Play in a safe place
4. Camp under the stars
5. Explore nature
6. Learn to swim
7. Play on a team
8. Follow a trail
9. Catch a fish
10. Celebrate their heritage

I encourage parents, educators and other concerned citizens to do all they can to help our state’s children experience and enjoy the wonders of Mother Nature – and there is no better place to experience them than right here in our beautiful Golden State.

NOW, THEREFORE, I, ARNOLD SCHWARZENEGGER, Governor of the State of California, do hereby recognize the “Children’s Outdoor Bill of Rights” and encourage children’s participation in outdoor activities during the summer months.

IN WITNESS WHEREOF I have here unto set my hand and caused the Great Seal of the State of California to be affixed this 6th day of July 2007.



Arnold Schwarzenegger
GOVERNOR OF CALIFORNIA

Attest:

Debra Bowen
SECRETARY OF STATE